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**For Immediate Release**  
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## **Meals at No Charge for Children**

Suffolk City Public Schools will be serving meals at no charge to children 18 and under through the At-Risk Afterschool Meals Program. The same meals will be available at no separate charge to all participants at each site.

For information regarding meal distribution visit our website at [www.spsk12.net](http://www.spsk12.net) or follow us on Facebook at [www.facebook.com/SuffolkVAPublicSchools/](http://www.facebook.com/SuffolkVAPublicSchools/)

Meals will be provided, on a first come, first served basis at the following times and locations:

Delivery information listed on school website at

[www.spsk12.net/news/what\\_s\\_new/sept\\_\\_25\\_update\\_\\_fall\\_meal\\_delivery](http://www.spsk12.net/news/what_s_new/sept__25_update__fall_meal_delivery) .

For further information, please contact Dr. Lawrence Whiting, Director, Food and Nutritional Services Department (757) 925-5789.

### **USDA Non-Discrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant  
Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.