

Suffolk Public Schools
Special Education Parent Resource Center
Resource Listing

Digital Media - Computer Programs/CDs

ADA - Technical Assistance - ADA Regulations, Information, Standards for Accessible Design, Publications

Avoiding Power Struggles with Kids - Science of Control CD

Becoming a Love and Logic Parent CD

Collecting Meaningful Data on Student Progress TTAC CD

Don't Laugh at Me School Program Songs (3) CD

Four Steps to Responsibility - Techniques to Lead Children to Responsible Decision-Making CD

Helicopters, Drill Sergeants, and Consultants - Parenting Styles and the Messages They Send CD

IDEA 2004: Part B Major Changes for Educational Agencies in VA CD

I'm Determined - Getting to know your IEP CD

Love Me Enough to Set Some Limits - Building your child's self-esteem with thoughtful limit setting CD

Positive Discipline - For Parents & Teachers CD

Present Now - Preparing Your Child for Reading CD

School Success Starts at Home CD

Stepping Stones to Success - Teacher to Teacher CD

Take Me Out to the Ball Game A Thematic Unit for Students with Intellectual Disabilities TTAC Activity CD

Treasure Island: A Thematic Unit for Students with Intellectual Disabilities TTAC Activity CD

Digital Media - VHS

Don't Laugh at Me VHS

Digital Media - DVDs

The 10 Commandments of Communicating with People with Disabilities (2) DVD

The ABCs of Emotional Behavioral Disorder DVD

ADHD, ADD & ODD - Symptoms, Diagnosis, Medication, Power Struggles, Keeping Things Positive, &

Becoming Advocates for The Children DVD

ADHD & LD-Powerful Teaching Strategies and Accommodations-Response-To-Intervention (RTI)

In the Classroom DVD

The Alphabet - Speech & Skill Development Video Modeling Program DVD

Asperger Syndrome - Living Outside the Bell Curve DVD

Autism: Diagnoses, Causes, and Treatments DVD

Autism Is A World - A Documentary from Childhood Through College DVD

Autism: The Musical - Families Learn to Communicate Feelings in Song & Performance DVD

Autism Vision: Creating Classroom Connections for Children with Autism DVD

Be Smart Stay Safe Lil' Iguana - Playing it Safe, Who's a Stranger and Out and About DVD

Bipolar Disorder - Proper Diagnosis & Treatment Options DVD

Boundaries: Stop Getting Abused and Learn Healthy Boundaries DVD

Bully No More: Stopping the Abuse (Grades 4 - 6) DVD

Celebrating Diversity - A Universal Message from the Real Rain Man - Increase Acceptance, Foster Respect, Understand Differences, Promote Tolerance, Develop Appreciation, Inspire Caring DVD

Challenging Behaviors in Young Children DVD

Child Abduction DVD

A Child with Special Needs - Practical Advice for Parents DVD

Children and Autism: Time is Brain DVD

The Children are Watching DVD

College Success for Students with Learning Challenges DVD

Common Sense Parenting:

1- Building Relationships - Steps to A Great Family Life DVD

2 - Teaching Children Self-Control- Temper Tantrums, Meltdowns, Stonewalling & Acts of Defiance DVD

3 - Preventing Problem Behavior - Teach Kids How To Avoid Problems DVD

4 - Correcting Misbehavior - Staying Calm and Confident When Kids Misbehave DVD

5 - Teaching Kids to Make Good Decisions - Teaching Decision-Making Skills DVD

6 - Helping Kids Succeed in School- Teaching Children Social and Study Skills DVD

Deep Depression & Suicide - Real Life Teens - Real People ... Real Issues - Covers It All DVD

Don't Laugh at Me Curriculum (5) DVD

Emotional Intelligence - Discoveries About the Emotional Mind DVD

Families Talk About - Grandparents as Parents - Challenges and Insight DVD

Getting it Right - Disability Etiquette Tips DVD

How to Do Homework Without Throwing Up DVD

Including Samuel - Examines the Educational and Social Inclusion of Youth with Disabilities DVD

Inside Dyslexia DVD

Internet Safety DVD

Kid Ability - One (Sensitivity Education) & Two (Assistive Technology) (2) DVD

Kids with Differences - The Series: More Alike Than Different. Kids Just Want to Have Fun! What's the Difference? DVD

Labelled Disabled - Addresses curriculum that challenges societal biases DVD

Leap Frog - Talking Words Factory (6) DVD

Making Connections (Match Making in the 90's) & Roots and Wings (Teenage Sexuality Education) DVD

The Money Smart Training Program DVD

The Motivation Breakthrough - Secrets to Turning on the Tuned-Out Child DVD

Mr. Poe & Friends - Discuss Family Reunion after Deployment (5) DVD

Nick, Luke, & Linda - Highlights the Lives of Three Individuals with Developmental Disabilities Who Are

Redefining Success on Their Own Terms DVD

Person to Person - Sexuality Issues Related to Developmental Disabilities DVD

Post-Traumatic Stress Disorder - Living in a Stressful World: Understanding and Overcoming PTSD DVD

The Power of Words - How we talk about people with autism spectrum disorders matters! DVD

Preparing for Parenthood - Forming Healthy Habits, Prenatal Care, Preparation for Baby's Birth, Get Help with Questions DVD

Safe from the Start - Provides Information on Childhood Topics DVD

Safety on The Internet - Teaching Online Safety Designed to Teach Kids and Their Parents How To Stay Safe While Using The Internet DVD

Sensory Issues in Learning and Behavior - Strategies and activities for helping children with sensory differences (2) DVD

Sensory Strategies to Improve Communication, Social Skills, and Behavior (2) DVD

Sesame Street:

Little Children - Big Challenges: Divorce DVD

Talk, Listen, Connect: Deployments, Homecomings, Changes DVD

Talk, Listen, Connect: Helping Families During Military Deployment DVD

Talk, Listen, Connect: Ayuda Para las Familias Durante la Partida Militar -
Helping Families During Military Deployment (Spanish) DVD

Shapes and Colors - Speech and Skill Development DVD

Small Differences - Increases Disability Awareness and Promotes Inclusion DVD

Stop Smoking Now - Reasons Not to Smoke When You're Pregnant DVD

Stranger Safety DVD

Suffolk Kindergarten Kickoff - Preparing for Kindergarten DVD

Teens and Disabilities - Real Life Teens - Discusses real-life issues in adolescent
society DVD

Touched by Genius - A Neurological Look at Creativity - discusses the connection
between some disabilities and creativity DVD

Transforming Homework Hassles - What Parents Can Do to Help Their Children
Succeed at School DVD

Understanding Learning Disabilities: How Difficult Can This Be? The F.A.T.
(Frustration, Anxiety, Tension) City Workshop (3) DVD

Using Visual and Behavioral Cues in the Home - Teaching functional life skills to young
children with Autism and other significant developmental disorders DVD

Virginia School for the Deaf and Blind DVD

We are Family - A Musical Message for All - A multi-species lesson in tolerance and
diversity DVD

We're Not Stupid - Living with a Learning Disability DVD

What Does Normal Mean? - Inclusion in public schools DVD

Without Pity - A film about abilities - celebrating efforts to live full/productive lives
with disabilities DVD

You Are Not Alone - Lessons in courage, humor, and honor DVD

[Printed Media Available - Training Manuals/Curriculums/Programs](#)

Advocating for Your Child with Special Needs

The Appletree Curriculum for Developing Written Language Second Edition - Teachers Manual and Workbooks 1-6

Assistive Technology Consideration Wheel

Building Resilient Children - A Family Education Approach for Healthy Children - Trainer's Manual and Family Education Guide by Southeast Regional Center for Drug-Free Schools and Communities

Care Connection for Children Information

Celebrating Differences - Disability Curriculum

Communicating with Your Child's Schools Through Letter Writing-A Parent's Guide - IEP Help

Community Resource Directory - City of Suffolk (dated 2017/18 - in process of updating)

Conducting Functional Behavior Assessment and Developing Positive Behavioral Intervention Plans and Supports Booklet

Don't Laugh at Me - Disability Awareness Curriculum

Friends Who Care - Disability Awareness Curriculum

Functional Behavioral Assessment, Behavioral Intervention Plans, and Positive Intervention and Supports (2) by the Virginia Department of Education

Guide for Child's Development Wheel - English and Spanish versions

I Want to Work Workbooks - Job Coach Assistance

Information for Parents of Children with Hearing Loss

Learning Disabilities Directory (dated 2005 - online access will be provided instead)

Modifications and Accommodations Wheel

National Yellow Pages for Students with Disabilities

Partnership for People with Disabilities Information

People Like Us - Disability Awareness Curriculum

Regulations Governing Special Education Programs for Children with Disabilities in Virginia

Sensory Processing Disorder Kit: Simulations and Solutions for Parents, Teachers, and Therapists - Helps develop empathy for individuals with sensory processing disorders by simulating this challenge during given tasks. Includes video, mirrors, magnifiers, reproducible media and directions.

Signs for Me - Basic Sign Vocabulary for Children, Parents, & Teachers

Special Education Acronyms and Abbreviations

Special Education Glossary of Terms

Standards-Based Individualized Education Program (IEP) - A Guide for School Divisions by Virginia Department of Education

Stepping Stones - Inclusion Booklet

Virginia's Foundation Blocks for Early Learning: Comprehensive Standards for Four-Year-Olds (2) by Virginia Department of Education - Basic foundation of early childhood learning.

Virginia's Resource Guide for Families of Children with Hearing Loss

Welcome to the "Special Education Tour" - Explanation of the special education process

Your Guide to Directing Your Own Supports in Virginia

Printed Media Available - Books - Nonfiction

101 Ways to Create Real Family Engagement by Steven Constantino, Ed.D.

176 Ways to Involve Parents - Practical Strategies for Partnering With Families by Betty Boulton

A Mind at a Time by Mel Levine, M.D. (Learning expert)

A Solution to the Riddle of Dyslexia by Harold Levinson, M.D.

ADHD in the Young Child Driven to Redirection - A Guide for Parents and Teachers of Young Children with ADHD by Cathy Reimers, Ph.D. and Bruce Brunger

All About Tests and Assessments - Answers to Frequently Asked Questions by Melissa Lee Farrall, Ph.D., SAIF, Pamela Wright, MA, MSW, and Peter Wright, Esq.

Always Kiss Me Good Night - Instructions on Raising the Perfect Parent by J.S. Salt

Asperger's Syndrome - A Guide for Parents and Professionals by Tony Attwood

Assistance for Special Education, Law Enforcement, and Child Protective Services in Recognizing and Managing Abuse and Neglect of Children with Disabilities by Virginia Department of Social Services - Child Protective Services

Attention Deficit Disorders - Educator's Manual - An In-Depth Look from an Educational Perspective by Mary Fowler

Babies with Down Syndrome - A New Parent's Guide by Karen Stray-Gundersen

Better IEPs - How to Develop Legally Correct and Educationally Useful Programs by Barbara Bateman and Mary Anne Linden

Beyond the Bake Sale - The Essential Guide to Family-School Partnerships by Anne Henderson, Karen Mapp, Vivian Johnson, and Don Davies

Bridging Early Services for Children with Special Needs and Their Families - A Practical Guide for Transition Planning by Sharon Rosenkoetter, Ann Hains, and Susan Fowler

Brothers and Sisters - A Special Part of Exceptional Families by Thomas Powell and Peggy Gallagher (2)

Building a Strong Vocabulary by Carl Smith, Ph.D.

Changed by a Child - Companion Notes for Parents of a Child with a Disability by Barbara Gill

Chicken Soup for the Caregiver's Soul by Jack Canfield, Mark Hansen, and LeAnn Thiemann, L.P.N.

Chicken Soup for the Parent's Soul by Jack Canfield, Mark Hansen, Kimberly Kirberger and Raymond Aaron

Chicken Soup for the Soul - Celebrating People Who Make a Difference by Jack Canfield, Mark Hansen, Peter Vegso, and Theresa Peluso

Chicken Soup for the Soul - Children with Special Needs by Jack Canfield, Mark Hansen, Heather McNamara, and Karen Simmons

Children with Cerebral Palsy - A Parent's Guide by Elaine Geralis

Children with Disabilities - A medical primer by Mark Batshaw, M.D. and Yvonne Perret, M.A., M.S.W., L.C.S.W.

Children with Epilepsy - A Parent's Guide by Helen Reisner

Children with Special Needs - A Navy Parent Handbook - EFMP

Children with Spina Bifida - A Parent's Guide by Marlene Lutkenhoff, R.N., M.S.N.

Children with Tourette Syndrome - A Parent's Guide by Tracy Haerle

Conducting Functional Behavioral Assessment and Developing Positive Behavior Intervention Plans and Supports by VDOE

Data Without Tears - How to Write Measurable Educational Goals and Collect Meaningful Data by Terri Chiara Johnston

Disability is Natural - Revolutionary Common Sense for Raising Successful Children with Disabilities by Kathie Snow

Driven to Distraction - Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood (2) by Edward Hallowell, M.D. and John Ratey, M.D.

Educating Children with Autism by the Committee on Educational Interventions for Children with Autism

Elementary Grammar - A Child's Resource Book - Using Your Language Series by Carl Smith, Ph.D.

From Emotions to Advocacy - The Special Education Survival Guide by Pam and Pete Wright

From Rage to Hope - Strategies for Reclaiming Black and Hispanic Students by Crystal Kuykendall

From the Heart On Being the Mother of a Child with Special Needs by Jayne Marsh

Health is Academic - A guide to coordinated school health programs by Eva Marx and Susan Wooley

Homework - A Parent's Guide to Helping Out without Freaking Out by Neil Mc Nerney, M.Ed., LPC

House Rules (families with special needs) by Jodi Picoult

How to Get Services by Being Assertive - For parents of children with disabilities and their helpers by Family Resource Center on Disabilities (Chicago)

How to Take the Grrrr Out of Anger by Elizabeth Verdick and Marjorie Lisovskis

How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish

I Wish - Dreams and Realities of Parenting a Child with Special Needs by Kate McAnaney

IEP and Inclusion Tips for Parents and Teachers (1 Master Copy, 4 Handout Copies) by Anne Eason and Kathleen Whitbread, Ph.D.

In Time and With Love - Caring for the Baby with Special Needs by Marilyn Segal, Ph.D.

Including Children with Special Needs in Early Childhood Programs by Mark Wolery and Han Wilbers

Intermediate Grammar - A Student's Resource Book - Using Your Language Series by Carl Smith, Ph.D.

It's So Much Work to be Your Friend - Helping the Child with Learning Disabilities Find Social Success by Richard Lavoie

Keep It Together Man for Dads with a Special Kid by Rick Daynes (2)

Learning to Learn (with learning disorders) by Carolyn Olivier and Rosemary Bowlere

Louder Than Words - A Mother's Journey in Healing Autism by Jenny McCarthy

Negotiating the Special Education Maze - A Guide for Parents and Teachers by Winifred Anderson, Stephen Chitwood, and Deidra Hayden (3)

One Small Starfish - A Mother's Everyday Advice, Survival Tactics and Wisdom for Raising a Child with Special Needs by Anne Addison

Parenting and You - A Guide for Parents with Seizure Disorders by the Epilepsy Foundation of America

Playing the Hand That's Dealt to You - A guide for parents of children with special needs by Janet Morel

Positive Behavior Curriculum for the Inclusive Classroom by IEP Resources

Problem Solver Guide for Students with ADHD - Ready-to-Use Interventions for Elementary and Secondary Schools - A Parent's and Teacher's Guide by Harvey Parker, Ph.D.

Raising a Self-Starter - Over 100 Tips for Parents and Teachers by Elizabeth Hartley-Brewer

Raising Confident Boys - Over 100 Tips for Parents and Teachers by Elizabeth Hartley-Brewer

Raising Confident Girls - 100 Tips for Parents and Teachers by Elizabeth Hartley-Brewer

Raising Happy Kids - Over 100 Tips for Parents and Teachers by Elizabeth Hartley-Brewer

Raising Happy Kids - Over 100 Tips for Parents and Teachers by Elizabeth Hartley-Brewer

Raising Healthy Eaters - 100 Tips for Parents by Henry Legere, M.D.

Raising Your Spirited Child - a guide for parents whose child is more intense, sensitive, perceptive, persistent, energetic by Mary Kurcinka

Raising Your Spirited Child Workbook - A companion workbook to help parents create families where spirit thrives by Mary Kurcinka

Rethinking Educational Change with Heart and Mind by Andy Hargreaves

Roadmap to Services - A resource guide for people with disabilities, long term illnesses, and the elderly (2) by Commonwealth of Virginia

Sign, Sing, and Play! - Fun Signing Activities for You and Your Baby by Monta Briant

Smart but Scattered Teens - Helping Teens Reach Their Potential by Richard Guare, Ph.D., Peg Dawson, Ed.D., and Colin Guare

So You're 18 - A Handbook on your Legal Rights and Responsibilities (7) by Virginia State Bar

Stolen Innocence - The Jan Broberg Story by Mary Ann Broberg

The ABC's of Parent Involvement in Education - Preparing your child for a lifetime of success by Parenting Coalition International

The ADD Hyperactivity Handbook for Schools - Effective Strategies for Identifying and Teaching Students with Attention Deficit Disorders in Elementary and Secondary Schools by Harvey Parker, Ph.D.

The ADD/ADHD Checklist - An Easy Reference for Parents & Teachers by Sandra Rief, M.A.

The Complete Guide to Special Education by Linda Wilmshurst, Ph.D. and Alan Brue, Ph.D.

The Confident Learner - Help Your Child Succeed in School by Marjorie Simic, Melinda McClain, and Michael Shermis

The Curious Learner - Help Your Child Develop Academic and Creative Skills by Marjorie Simic, Melinda McClain, and Michael Shermis

The Differentiated School - Making Revolutionary Changes in Teaching and Learning by Carol Ann Tomlinson, Kay Brimijoin, and Lane Narvaez

The Facts of Life and More - Sexuality and Intimacy for People with Intellectual Disabilities by Leslie Walker-Hirsch

The Good Kid Book - How to Solve the 16 Most Common Behavior Problems by Howard Sloane

The Motivation Breakthrough - Six Secrets to Turning On the Tuned-Out Child by Richard Lavoie

The Out-of-Synch Child - Recognizing and Coping with Sensory Integration Dysfunction (2) by Carol Kranowitz, M.A.

The Successful Child - What Parents Can Do to Help Kids Turn Out Well by William Sears, M.D. and Martha Sears, R.N.

The Virginia Travel Guide for Persons with Disabilities by the State of Virginia

Topics in Autism - A Picture's Worth - PECS and Other Visual Communication Strategies in Autism by Andy Bondy, Ph.D., & Lori Frost, M.S., CCC/SLP

Universal Design for Learning - A Guide for Teachers and Education Professionals by Council for Exceptional Children

What's Happening to My Body? Book for Boys (teens) by Lynda Madaras

What's Happening to My Body? Book for Girls (teens) by Lynda Madaras

Wrightslaw: Special Education Law by Peter and Pamela Wright

Writing Measurable IEP Goals and Objectives by Barbara Bateman and Cynthia Herr

Printed Media Available - Books - Fiction

A Ball for Daisy by Chris Raschka (pictorial story of dog losing ball, gaining friend)

A Parent's Guide To Special Education - English and Spanish versions

Aaron and Me - Our Journey on the Spectrum by Keischa Pruden (4)

All Families are Special by Norman Simon

All Kinds of Children (celebrating differences) by Norman Simon

All Kinds of Friends, Even Green! By Ellen Senisi - Children with disabilities

Amazing Me - It's Busy Being 3! By Julia Cook and Laura Jana, M.D. (2)

American Babies by the Global Fund for Children

Arnie and the New Kid by Nancy Carlson - New student utilizes a wheelchair

Ballerina Dreams by Lauren Thompson (story of young girls with cerebral palsy and other physical disabilities)

Brothers and Sisters by Laura Dwight - Siblings with disabilities

Building Friendships - When students have special needs by Judith Voss M.A., Elizabeth Cooley Ph.D., Ann Glang Ph.D., Bonnie Todis Ph.D., and Marilyn Lash M.S.W.

Bullying is a Pain in the Brain by Trevor Romain (2)

Cliques, Phonies, and Other Baloney by Trevor Romain

Diary of a Worm by Doreen Cronin (feeling small and insignificant)

Dotty the Dalmatian has Epilepsy from the Wellbook Collection

Eagle Eyes by Jeanne Gehret, M.A. (ADD) (2)

Eddie Enough! by Debbie Zimmett - ADHD

Harry and Willy and Carrothead by Judith Caseley (story of boy with no left hand) (2)

Home Again by Dorinda Silver Williams - Returning from Deployment (2)

How Oliver Olson Changed the World by Claudia Mills

How Rude! The Teenager's Guide to Good Manners, Proper Behavior, and Not Grossing People Out by Alex Packer, Ph.D.

How to Do Homework Without Throwing Up by Trevor Romain

I Wish Daddy Didn't Drink So Much by Judith Vigna - Alcoholism

I'm Deaf and It's Okay by Lorraine Aseltine, Evelyn Mueller, Nancy Tait

I'm Like You, You're Like Me - A child's book about understanding and celebrating each other by Cindy Gainer

Into the Great Forest - A Story for Children Away from Parents for the First Time by Irene Wineman Marcus and Paul Marcus, Ph.D.

Journey Through Heartsongs by Mattie J.T. Stepanek - Poetry from a young man who has Muscular Dystrophy

Julia, Mungo, and the Earthquake - A Story for Young People About Epilepsy by Saxby Pridmore, M.D. and Mary McGrath

Just a Mess by Mercer Mayer - Cleaning your room

Learning to Slow Down and Pay Attention - A Book for Kids About ADD by Kathleen Nadeau, Ph.D.

Leo the Late Bloomer by Robert Kraus (Developmental Delays)

Looking After Louis by Lesley Eley and Polly Dunbar (Autism)

Me and My World - All About Epilepsy by the Epilepsy Foundation (15)

My Brother, Mathew by Mary Thompson (sibling speaks on having a brother with disabilities)

My Friend Emily - A Story About Epilepsy and Friendship by Susanne Swanson

My Friend Isabelle by Eliza Woloson - Down Syndrome

No Red Monsters Allowed by Liza Alexander - Accepting differences

Not Quite Black and White by Jonathan Ying

Over There by Dorinda Silver Williams - Families and Deployment (6)

Parents Can Be the Key - A PACER Publication - Rights and Responsibilities in Special Education for Parents (4)

Putting on the Brakes - *Young People's Guide to Understanding Attention Deficit Hyperactivity Disorder (ADHD)* by Patricia Quinn M.D., and Judith Stern M.A.

Rolling Along - The Story of Taylor and His Wheelchair by Jamee Riggio Heelan, OTR/L

Sad Isn't Bad by Michaelene Mundy - Dealing with grief

Shyness isn't a Minus - How to Turn Bashfulness into a Plus! by J.S. Jackson

Slam Dunk by Roberta Parker - ADD

Taking ADD to School by Ellen Weiner (2)

Taking the “Duh” Out of Divorce by Trevor Romain (3)

That’s What Dinosaurs Do by Jory John

The Rabbit with Epilepsy by Deborah Moss (2)

There’s a Blue Square on My Brother’s School Bus by Sally Craymer

These are My Pets by Mercer Mayer

Toby Gets the Brush Off by Denise Bloom - Dental hygiene

Un Recorrido por las Estaciones by Stella Blackstone and Maria Carluccio (Spanish version - a “tour of the months of the year”)

What I Like About Me! by Allia Zobel-Nolan (celebrating differences)

What’s Wrong with Timmy? by Maria Shriver - Talking to kids about special needs

Words are Not for Hurting by Elizabeth Verdick

You Are My Happy by Hoda Kotb