LETTER FROM THE SUPERINTENDENT

September 3, 2019

LaToya Harrison, Ed.D.
Interim Superintendent

Dear Parents/Guardians:

Our goal in Suffolk Public Schools is to provide the best education possible for every child. This goal can best be achieved through the joint efforts of the home and the school to provide excellent opportunities for students to achieve. Your children need to feel supported by you and the school staff, in an environment which is safe and orderly. Our teachers and administrators also need your support, encouragement and direction to enable them to provide the best education possible in the most conducive environments.

Students need to know their role in creating safe schools. They must not only know the rules, but understand the consequences that result from breaking the rules. You can support the schools by reviewing the policies and practices outlined in this handbook and by helping your children understand the need to both obey the rules and follow the guidelines.

This handbook is divided into sections which encompass attendance, instructional programs, academics, graduation requirements, extra-curricular activities, student records, health and safety, school safety, and transportation. The handbook includes the school directory, names of School Board members, non-discrimination policy, and information specific to your student’s school.

The Code of Virginia (22.1-279.3) contains provisions addressing parental responsibility and involvement to promote proper student conduct. These provisions are included in this handbook. **There are two forms which must be signed and returned to your child’s school related to these areas. One is “Acknowledgement of Parental Responsibility” and the other is “Student Handbook Acknowledgement.”**

Please take time to carefully review this handbook and develop an understanding of the rights and responsibilities of every student in Suffolk Public Schools. The success of each student can be positively affected by a good working relationship between the school and the home. We appreciate your support as we work together to improve student achievement.

Sincerely,

LaToya Harrison, Ed.D.
Interim Superintendent
Suffolk Public Schools  
NONDISCRIMINATION POLICY

In compliance with the Executive Order 11246; Title II of the Education Amendments of 1976; Title VI of the Civil Rights of 1972; Title IX Regulation Implementing Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973; and all other Federal, State, School rules, laws, regulations and policies, Suffolk Public Schools, shall not discriminate on the basis of race, color, national origin, religion, age, disability or gender in its educational program or activities and provides equal access to the Boy Scouts and other designated youth groups.

It is the intent of Suffolk Public Schools to comply with both the letter and spirit of the law in making certain that discrimination does not exist in its policies, regulations, and operations. Grievance procedure, for Title IX and Section 504, have been established for students, student’s parents, and employees who feel discrimination has been shown by the school division.

All students attending Suffolk Public Schools may participate in education programs and activities, including but not limited to health and physical education, music, career and technical education. Educational programs and services will be designed to meet the varying needs of all students and will not discriminate against any individual for reasons of race, color, national origin, religion, age, disability, or gender.

The following person has been designated to handle inquiries regarding the non-discrimination policies:

Suzanne M. Rice, Ed.D.  
Assistant Superintendent of Student Services  
100 N. Main Street  
P. O. Box 1549  
Suffolk, Va. 23434  
(757) 925-6761  
(757) 925-6751 – Fax  
suzannerice@spsk12.net

For further information on notice of non-discrimination, visit: http://wdcrobcolp01.ed.gov/CFAPPS/OCR/contactus.cfm for the address and phone number of the office that serves your area, or call 1-800-421-3481.
SUFFOLK CITY SCHOOL BOARD
January 1 – December 31, 2019
P. O. Box 1549; Suffolk, Virginia 23439
(757) 925-6752

PHYLLIS C. BYRUM, Chair
1596 Great Fork Road
Suffolk, VA 23438 ** (757) 986-4054
(Whaleyville Borough: January 2017 – December 2020)
PhyllisByrum@spsk12.net

JUDITH BROOKS-BUCK, Ph.D., Vice-Chair
6400 Old Westham Drive North
Suffolk, VA 23435-3002 ** (757) 647-8842
(Nansemond Borough: January 2017 – December 2020)
JudithBrooks-Buck@spsk12.net

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2029 Hickorywood Drive
Suffolk, VA 23434 ** (757) 809-0808
(Cypress Borough: January 2019 – December 2022)
KarenJenkins@spsk12.net

LORITA W. MAYO
9396 New Road
Suffolk, VA 23437 ** (757) 657-9431
(Holy Neck Borough: January 2019 – December 2022)
LoritaMayo@spsk12.net

DAVID P. MITNICK
916 Vineyard Place – Unit C
Suffolk, VA 23435 ** (757) 650-1792
(Sleepy Hole Borough: January 2017 – December 2020)
DavidMitnick@spsk12.net

SHERRI D. STORY
4429 Cherokee Drive
Suffolk, VA 23434 ** (757) 335-1841
(Chuckatuck Borough: January 2019 – December 2022)
SherriStory@spsk12.net

TYRON D. RIDICK
Public address: c/o Cynthia Chavis, Clerk, P. O. Box 1549
Suffolk, VA 23439 ** (757) 513-6655
(Suffolk Borough: January 2019 – December 2022)
TyronRiddick@spsk12.net
## SCHOOL DIRECTORY

### ELEMENTARY SCHOOLS

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<tr>
<th>School</th>
<th>Phone</th>
<th>Fax</th>
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<tbody>
<tr>
<td>Booker T. Washington Elementary</td>
<td>934-6226</td>
<td></td>
</tr>
<tr>
<td>Chanel Woods, Principal</td>
<td>925-5558</td>
<td>925-5558-Fax</td>
</tr>
<tr>
<td>Creekside Elementary</td>
<td>923-4251</td>
<td></td>
</tr>
<tr>
<td>Tara Outland, Principal</td>
<td>925-2421</td>
<td>925-2421-Fax</td>
</tr>
<tr>
<td>Elephant's Fork Elementary</td>
<td>923-5250</td>
<td></td>
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<tr>
<td>Jessica Avery, Principal</td>
<td>925-5596</td>
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<tr>
<td>Florence Bowser Elementary</td>
<td>923-4106</td>
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<tr>
<td>Melodie Griffin, Principal</td>
<td>538-5407</td>
<td>538-5407-Fax</td>
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<tr>
<td>Hillpoint Elementary</td>
<td>923-5252</td>
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<tr>
<td>Catherine Pichon, Principal</td>
<td>538-5442</td>
<td>538-5442-Fax</td>
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<tr>
<td>Kilby Shores Elementary</td>
<td>934-6214</td>
<td></td>
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<tr>
<td>Lorri Banks, Principal</td>
<td>925-5569</td>
<td>925-5569-Fax</td>
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<tr>
<td>Mack Benn, Jr. Elementary</td>
<td>934-6224</td>
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<tr>
<td>Garrett Rhoads, Principal</td>
<td>925-5644</td>
<td>925-5644-Fax</td>
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<tr>
<td>Nansemond Parkway Elementary</td>
<td>923-4167</td>
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<tr>
<td>Jennifer Connor, Principal</td>
<td>538-5415</td>
<td>538-5415-Fax</td>
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<tr>
<td>Northern Shores Elementary</td>
<td>923-4169</td>
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<tr>
<td>Lori White, Principal</td>
<td>925-5602</td>
<td>925-5602-Fax</td>
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<tr>
<td>Oakland Elementary</td>
<td>923-5248</td>
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<tr>
<td>Temesha Dabney, Principal</td>
<td>925-5622</td>
<td>925-5622-Fax</td>
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<tr>
<td>Pioneer Elementary</td>
<td>925-5782</td>
<td></td>
</tr>
<tr>
<td>Lori Mounie, Principal</td>
<td>942-4281</td>
<td>942-4281-Fax</td>
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### MIDDLE SCHOOLS

<table>
<thead>
<tr>
<th>School</th>
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<tbody>
<tr>
<td>Col. Fred B. Cherry Middle</td>
<td>923-4249</td>
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<tr>
<td>Shawn Green, Principal</td>
<td>942-4329</td>
<td>942-4329-Fax</td>
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<tr>
<td>Forest Glen Middle</td>
<td>925-5780</td>
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<tr>
<td>Melvin Bradshaw, Principal</td>
<td>925-5557</td>
<td>925-5557-Fax</td>
</tr>
<tr>
<td>John F. Kennedy Middle</td>
<td>934-6212</td>
<td></td>
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<tr>
<td>Bryan Thrift, Principal</td>
<td>925-5594</td>
<td>925-5594-Fax</td>
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<tr>
<td>John Yeates Middle</td>
<td>923-4105</td>
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<tr>
<td>Wendy Vanhosen, Principal</td>
<td>538-5416</td>
<td>538-5416-Fax</td>
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<tr>
<td>King’s Fork Middle</td>
<td>923-5246</td>
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<tr>
<td>Jennifer Presson, Principal</td>
<td>925-5754</td>
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### HIGH SCHOOLS

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<tbody>
<tr>
<td>King’s Fork High</td>
<td>923-5240</td>
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<tr>
<td>Ronald Leigh, Principal</td>
<td>923-5241</td>
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<tr>
<td>Lakeland High</td>
<td>925-5790</td>
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<tr>
<td>Douglas Wagoner, Principal</td>
<td>925-5599</td>
<td>925-5599-Fax</td>
</tr>
<tr>
<td>Nansemond River High</td>
<td>923-4101</td>
<td></td>
</tr>
<tr>
<td>Daniel O’Leary, Principal</td>
<td>538-5430</td>
<td>538-5430-Fax</td>
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</table>

### THE COLLEGE AND CAREER ACADEMY AT PRUDEN

<table>
<thead>
<tr>
<th>School</th>
<th>Phone</th>
<th>Fax</th>
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</thead>
<tbody>
<tr>
<td>Connie Burgess, Principal</td>
<td>923-5254</td>
<td></td>
</tr>
<tr>
<td></td>
<td>925-5639</td>
<td>925-5639-Fax</td>
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### SECEP/REGIONAL ALTERNATIVE PROGRAM

<table>
<thead>
<tr>
<th>School</th>
<th>Phone</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maisha Williams, Principal</td>
<td>539-2388</td>
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### DAYTIME ALTERNATIVE PROGRAM

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<tr>
<td>Turlington Woods</td>
<td>934-6215</td>
<td></td>
</tr>
<tr>
<td>Kinsey Bynum, Principal</td>
<td>925-5583</td>
<td>925-5583-Fax</td>
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ATTENDANCE

VIRGINIA COMPULSORY ATTENDANCE ACT

All children who are residents of Suffolk, who have reached their fifth birthday on or before September 30th of any school year, and who have not passed their 18th birthday are required to attend school in accordance with the Virginia Compulsory Attendance Act. Children who have reached their fifth birthday may attend a kindergarten program which meets the requirements of the State Board of Education and the policies of the School Board of the City of Suffolk. Students are required to be regular and punctual in attendance. Unless otherwise provided by the Board, students must attend school until the age of eighteen (18). Students may attend tuition-free until the end of the school year in which they reach the age of twenty (20).

SCHOOL ATTENDANCE ZONES

Students must attend school in the zone where they reside with their parents or legal custodians. The Board has designated attendance areas according to the following criteria:

1. Educational soundness and feasibility
2. Number of children and capacity of facilities
3. Geographic distances and access
4. Natural boundaries and/or hazardous conditions
5. Legal requirements

Effective July 1, 2006, House Bill 12222 was enacted by the General Assembly of Virginia as stated below:

Any person who knowingly makes a false statement concerning the residency of a child, as determined by 22.1-3, in a particular school division or school attendance zone, for the purposes of (i) avoiding the tuition charges authorized by 22.1-5 or (ii) enrollment in a school outside the attendance zone in which the student resides, shall be guilty of a Class 4 misdemeanor and shall be liable to the school division in which the child was enrolled as a result of such false statements for tuition charges pursuant to 22.1-5, for the time the student was enrolled in such school division.

ADMISSION REQUIREMENTS

PHYSICAL EXAMINATIONS

A physical examination is required of all students entering elementary public schools for the first time. The scope of examinations and procedures to be followed is assigned by the State Department of Health.

1. All students entering elementary school for the first time must present evidence of a physical examination conducted no earlier than twelve months prior to the date of entry.
2. Where the medical examination reveals handicaps which may require a modification of the instructional program and/or school environment, this information must be properly translated to the principal, teacher, and the Student Services Office.

BIRTH CERTIFICATES

A student who wishes to enroll in Suffolk Public Schools for the first time, regardless of the grade, is required to present his/her original state birth certificate. However, failure to present a certified copy of a birth certificate does not prevent a student from being enrolled in the public schools. With regards to transfer students, if a certified copy of the birth record is not presented at the time the pupil is enrolled, the principal of the school in which the pupil is being enrolled or his designee, may contact the principal or designee of the school in which the pupil was previously enrolled and request documentation that a certified copy of the pupil’s birth record was presented upon the pupil’s initial enrollment. The student may be enrolled immediately if all other requirements have been met. Documentation from the sending school should be received within fourteen (14) days of enrollment. The parent has thirty (30) days to provide a valid birth certificate.

All records of births and deaths in Virginia are maintained by the Virginia Department of Health's Office of Vital Records in Richmond. Parents may call that office at (804) 662-6200, or download the state form at
www.vdh.virginia.gov/Vital_Records/ and mail it to:

<table>
<thead>
<tr>
<th>Mailing Address:</th>
<th>Street Address:</th>
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<tbody>
<tr>
<td>Virginia Department of Health</td>
<td></td>
</tr>
<tr>
<td>Office of Vital Records &amp; Health Statistics</td>
<td></td>
</tr>
<tr>
<td>P.O. Box 1000</td>
<td>Virginia Department of Health</td>
</tr>
<tr>
<td>Richmond, VA 23218-1000</td>
<td>Office of Vital Records &amp; Health Statistics</td>
</tr>
<tr>
<td>2001 Maywill Street</td>
<td>2001 Maywill Street</td>
</tr>
<tr>
<td>Richmond, VA 23230</td>
<td>Richmond, VA 23230</td>
</tr>
</tbody>
</table>

Each copy of a certificate or search of a vital record will cost $12.00, payable to the "State Health Department".

No pupil shall be admitted for the first time to any public school in any school division in the Commonwealth of Virginia unless the person enrolling the pupil shall present, upon admission, a certified copy of the pupil's birth record. The principal or his designee shall record the official state birth number from the pupil's birth record into the pupil's permanent school record and may retain a copy in the pupil's permanent school record. If a certified copy of a birth record is not available, the Assistant Superintendent should be notified immediately. At that time the person enrolling the student will be given the option of submitting an affidavit setting forth the pupil’s age and explaining the inability to present a certified copy of the birth record. If the school division cannot ascertain a child’s age because of lack of a birth certificate, the child shall nonetheless be admitted into the public schools if the division Superintendent or designee determines that the person submitting the affidavit presents information sufficient to estimate with reasonable certainty the age of such child. However, if the student seeking enrollment is a homeless child or youth as defined in § 22.1-3, the school shall immediately enroll such student, even if such student is unable to produce the records required for enrollment, and shall immediately contact the school last attended by the student to obtain relevant academic and other records, and shall comply with the provisions of the federal McKinney-Vento Homeless Education Assistance Act of 2001, as amended (42 U.S.C. § 11431 et seq.), including immediately referring the parent of the student or the youth to the local school division liaison, as described in the federal Act, who shall assist in obtaining the necessary records for enrollment.

Upon the failure of any person enrolling a pupil to present a certified copy of the pupil's birth record, the Assistant Superintendent will immediately notify the local law enforcement agency. The notice to the local law-enforcement agency will include copies of the submitted proof of the pupil's identity and age and the affidavit explaining the inability to produce a certified copy of the birth record.

**IMMUNIZATIONS**

Every student who enrolls in the Suffolk Public Schools shall furnish an appropriate immunization form from a physician or Health Department certifying that he/she has been successfully immunized against communicable diseases as required under Section 22.1-27.2 of the Code of Virginia. The certificate of immunization must be submitted prior to entering school. The appropriate forms are available in each of our schools. Please see SCHOOL & DAY CARE MINIMUM IMMUNIZATION REQUIREMENTS for further information.

The provisions of this section shall not apply if:

1. The parent/guardian of the child objects thereto on the grounds that the administration of immunizing agents conflicts with their religious tenets or practices. Forms are available at the School Administrative Offices and each school for this exemption. If an emergency or epidemic of disease is declared, these students will be excluded from school.

2. The parent/guardian presents an appropriate form from a physician licensed to practice medicine in Virginia which states that the physical condition of the child is such that administration of one or more of the required immunizing agents would be detrimental to the health of the child.

**STATEMENT OF STUDENT'S SCHOOL STATUS**

Before admission to a public school, a parent or guardian, or other person having control of a child of school age, must provide a sworn statement or affirmation indicating whether the student has been expelled from a public or private school because of an offense involving weapons, alcohol or drugs, or willful injury to another person. The registration document is maintained as part of the student record. The person registering the foster care child should determine the status of the student prior to registration; however, if the status is unknown, the foster care child should be enrolled immediately, and the information provided as soon as the status can be ascertained.
STATE CORRECTIONAL OR DETENTION FACILITY

A student who wishes to enroll in Suffolk Public Schools from a correctional institution or detention facility must first meet with the Coordinator of Student Services and may be required to serve a minimum of nine (9) weeks in one of Suffolk Public Schools’ Alternative Programs. In the event that placement in an Alternative Program becomes necessary and the student successfully completes the requirements of the program, the student will then be allowed to enroll in the school for which he/she is zoned.

TRANSFER OF A STUDENT

WITHIN SUFFOLK

A student may be transferred from one school to another only when his/her parent/guardian establishes a new residence in another attendance zone. When a new residence is established in another attendance zone during the second semester students may be permitted, with the approval of the Superintendent/designee, to stay for the remainder of the school year in the school that they were currently attending providing that transportation be furnished by the parent/guardian. Exceptions may be made for students with disabilities and students attending a Self-Contained Academic Alternative Education Program. All other exceptions must be approved by the School Board.

TO SUFFOLK FROM ANOTHER DIVISION

A student who transfers to this division may be temporarily enrolled until official school records verifying placement and credits are obtained and evaluated. A letter from the principal, headmaster or designated administrator in charge of the school previously attended, stating that the student withdrew from that school in good standing must be on file in the receiving principal’s office before the student may be enrolled permanently. Principals receiving transfer students shall notify the original school that the student has enrolled.

TO ANOTHER DIVISION FROM SUFFOLK

A student withdrawing from the division should obtain a transfer form from the office. The names of such students should be withdrawn from the roll on the day following the last day of attendance.

TO SUFFOLK FROM STATE CORRECTIONAL FACILITY

A student who wishes to enroll in Suffolk Public Schools from a correctional institution or detention facility must first meet with the Coordinator of Student Services. A student may be required to serve a minimum of nine (9) weeks in the Daytime Alternative Program. In the event that placement in the Daytime Alternative Program becomes necessary and the student successfully completes the program, the student will then be allowed to enroll in the school for which he/she is zoned.

Official scholastic records shall not be given to a student. Copies of enrollment, attendance, achievement and necessary personal and academic data should be sent to the school requesting this information within five (5) working days of the request. If at all possible, information may first be faxed to the requesting school with a hard copy mailed within the five (5) day limit.

TUITION CHARGES

Tuition charges shall be made pursuant to Code 22.1-5C. Students who are non-residents or residents of the Commonwealth, but do not reside in Suffolk, will be required to pay tuition based on local operational costs. For 2019-2020, tuition charges are: In-State Resident $7,771.00 (yearly) or $43.18 (daily) and Out-of-State Resident $12,528.00 (yearly) or $69.60 (daily). A request for approval to attend Suffolk Public Schools must be submitted to the Student Services Department. If this request is approved tuition charges will be applied.

Tuition charges shall be payable monthly, in advance, to the principal of the school attended.

Students who move from the city during the school year before the end of the first semester will be allowed to complete the year upon pro-rated payment of appropriate tuition fees. Students who move from Suffolk after the beginning of second semester but who desire to remain in Suffolk Schools will not be required to pay tuition for the remainder of the year provided that their legal and taxable residence was certified to be in Suffolk as of January 1st and the child’s behavior and attendance remain in good standing. Parents will be responsible for transportation.
Upon withdrawal of a tuition-paying student, the parent will be refunded pro-rated tuition for that month.

**SCREENING OF NEW STUDENTS**

Suffolk has established and maintains screening procedures to assure the identification of children with disabilities, residing within its jurisdiction. Within sixty (60) business days of enrollment, kindergarten students and students in grades 3, 7, and 10 will be scheduled for screening in the following areas to determine if formal assessment is indicated:

1. Vision
2. Hearing

Additionally, the following screening will be done:

1. Speech, voice and language
2. Fine and gross motor function (through grade three) Screenings done as a part of a child’s preschool physical examination may be used in lieu of school screenings.

Parents will be notified if the student does not meet the minimum requirements of any portion of the initial screening.
ABSENCES AND TARDINESS

Despite the excellent cooperation most of you have shown and despite the considerable efforts exerted by the division, truancy – that is, the failure to attend school except for a valid reason – remains a serious problem for some of our students. As you know, truancy often leads to academic failure, dropping out of school, crime in the community, and many other problems. For those reasons, Virginia law requires that school-age children attend school and it requires that parents make sure their children attend school. The law also requires that the school file legal proceedings against every parent and child who fails to comply with Virginia’s compulsory attendance laws. In order to assist you in your parental and legal duties, and in order for us to comply with the laws, we are initiating a program and protocol to address truancy.

We will continue to call your home following any absence via the automated calling system. Accordingly, it is important that you keep us advised of your current mailing address and phone number.

Written notes explaining an absence must be received within five (5) days of an absence. Every absence is considered unexcused until a written explanation for the absence is received and approved by the principal or his/her designee. The student suffering an infectious or contagious disease, a serious illness, the severe illness of an immediate family member, the student’s exposure to a contagious disease, a death in the immediate family, fire or other serious damage to the home that requires the family to move and similar circumstances constitute excused absences.

If your child accumulates a fifth (5) unexcused absences, you will be contacted and a parent and the student must attend an “in person” conference to discuss the particular causes or issues surrounding your child’s absences. The conference will ordinarily include a teacher, the administrator, the school’s social worker, and a Western Tidewater representative. At the conference, with your input, we will formulate a truancy plan to enable and facilitate attendance.

When your child acquires their seventh (7) unexcused absence, you will be contacted by the school via mail, email or phone call to advise you of the absences.

Should your child acquire their tenth (10) unexcused days, you will be contacted and a parent and the student must attend another “in person” conference to discuss the particular causes or issues surrounding your child’s absences. The conference will ordinarily include a teacher, the administrator, the school’s social worker, and a Western Tidewater representative. At the conference, with your input, we will formulate or revise the truancy plan to enable and facilitate attendance.

If your child were to acquire an eleventh (11) unexcused absence, more serious steps will be taken: the child and you will meet with our Truancy Review Team which will be held at the Suffolk Court House. At the conference, with your input, we will formulate a truancy plan to enable and facilitate attendance. Students who receive an additional unexcused absence could prompt the school division to file legal proceedings against your child and/or you in the Juvenile and Domestic Relations Court. The legal proceedings may include a criminal warrant against the parent(s) and/or a “child in need of supervision” petition. It will remain our policy that any student who has more than 20 unexcused absences during a school year must repeat the year unless there are extraordinary circumstances.

Should you have any questions or concerns at all about these policies and procedures, please do not hesitate to contact me and I will be pleased to discuss any of this with you. As you know, we all share the same interest in seeing that your children receive a quality education that enables them to compete and succeed in our increasingly competitive and challenging world.
**DAILY ABSENCES**
Calls will be made via the automated calling system to notify the parent/guardian by telephone the day the student is absent from school. Even if the parent/guardian notifies the school that his/her child will be absent, the telephone call from the school will still be made.

**ADDITIONAL ABSENCES**
When a student accumulates 5 unexcused absences, the school will make direct, personal contact with the parent(s) by phone, e-mail, or by registered letter. The parent will be required to attend an in-school meeting with the "Attendance Review Committee".

**EXCESSIVE ABSENCES**
At the seventh (7) absence, the school will contact the parent via email, mail or phone to advise them of the additional absences. On the tenth (10) unexcused absence an additional meeting will be held with the “Attendance Review Team”. On the eleventh (11) unexcused absence, the parents and student must attend a meeting with the Truancy Team located at the courthouse to review and implement a new plan to help promote attendance. Additional absences could result in a request that the Juvenile and Domestic Relations Court be notified. Parents may be served with a warrant for failure to obey the Compulsory School Attendance Law.

**MAKE-UP WORK**
Students are allowed to make-up work regardless of the reason of their absence. Students are required to make-up any missing assignments within five (5) days upon returning to school or within a mutually agreed upon time frame. It is the responsibility of the student to inquire about any missing assignments, to complete them, and to return them to the assigned teacher.

**HOME ACCESS CENTER**
Student attendance and grades may be tracked online through the Home Access Center. Contact the school for more information.

**ATTENDANCE REVIEW COMMITTEE**
An Attendance Review Committee, appointed by the principal, shall be established in each school. This committee will be responsible for reviewing the cases of students who have attendance problems and provide assistance for attendance improvement prior to petitioning the court to intervene.

The Attendance Review Committee may recommend to the Superintendent or his/her designee waiver of this policy if such a waiver is warranted by the circumstances. The Superintendent or his/her designee may accept or reject the recommendation, ask for more information, and make a recommendation to the Board's Student Services Committee or to the Board.

Only by action of the Board can an exception be made. In cases where no waiver of the policy is granted, the student and his/her parents should be notified of the Board's action and of their right to appeal.

**Waiver/Non-Waiver**
If absences are to be considered for waiver, documentation for the absences must be submitted to the principal on the day the student returns to school, or within a period not to exceed five (5) school days immediately thereafter. Any deviation from the criteria guidelines must be documented by a written rationale.

**LEGAL WITHDRAWAL**
The School Board, on the recommendation of the Principal and Superintendent, or the judge of the Juvenile and Domestic Relations Court, may excuse from further attendance any child who, in their judgment, cannot further benefit from education provided by the school. (No child shall be excused without the written consent of his/her parent, or whose parents conscientiously object thereto). No student is excused from Compulsory Attendance until such time as the Superintendent or judge has provided written permission for the student to withdraw.
HOMELESS CHILDREN & YOUTH
(McKinney-Vento Students)

Rights to a Free Appropriate Public Education

Who is homeless? Anyone who, due to a lack of housing, lives:
- In emergency or transitional shelters
- In motels, hotels, trailer parks, campgrounds, abandoned in hospitals or awaiting foster care
- In cars, parks, public places, bus or train stations, or abandoned buildings
- Doubled up with relatives or friends for less than 30 days
- Migratory children living in these conditions

Where can homeless children and youth attend school?
- The school the child attended before becoming homeless or was last enrolled in (school of origin).
- The school in the attendance area where the child or youth is temporarily living.

How can delays be avoided when enrolling a homeless child or youth in school?
- Homeless children must be enrolled immediately.
- If school records are unavailable, ask that the records be sent electronically or shared over the phone.
- Ask that a student’s immunization records be transferred over the phone from the sending school to the receiving school.

Contact your school district, principal counselor or local homeless education liaison with any concerns.

Local Homeless Education Liaison

Suzanne M. Rice
Assistant Superintendent of Student Services

Phone:
(757) 925-6761
E-mail address
suzannerice@spsk12.net

(DO NOT REMOVE: FORM IS AVAILABLE AT YOUR CHILD'S SCHOOL)
STUDENT RESIDENCY AFFIDAVIT

This affidavit is intended to address the McKinney-Vento Homeless Assistance Act (Title IX, Part A of the 2015 reauthorization of the Elementary and Secondary Education Act). The question below is to assist in determining if the student meets the definition of homelessness. In the event the child is not staying with his/her parent(s) or guardian(s), use the caregiver’s authorization affidavit to address guardianship issues.

Where does the student(s) stay at night?

_____ In a Shelter  _____ In a Car  _____ At a Campsite  _____ In a Motel

_____ Temporarily with more than one family in a house, mobile home, or apartment (because the family doesn’t have a place of its own)

_____ Other: Name: _______________________________________________________________

_____ Other location not appropriate for people (e.g., abandoned building)

School: ____________________________________________________________

Name of student: ___________________________ Birth Date: _________________________

1. I am the parent/legal guardian of ____________________________________________, who is of school age and is seeking admission into Suffolk Public Schools.

2. Since ______________________, (date) our family has not had a permanent home; however, we have been residing within the school district boundaries and intend to stay here.

I declare under penalty of perjury under the laws of this state that the information provided here is true and correct and of my own personal knowledge and that, if called upon to testify, I would be competent to testify.

Signature: ___________________________________ Date: __________________________

I regularly contact and receive my mail at: _______________________________________

Name: ___________________________________ Phone Number: ____________________

Address: _________________________________________________________________

I can be reached for emergencies at: __________________________________________

Effective July 1, 2006, House Bill 1222 was enacted by the General Assembly of Virginia as stated below:

Any person who knowingly makes a false statement concerning the residency of a child, as determined by § 22.1-3, in a particular school division or school attendance zone, for the purposes of (i) avoiding the tuition charges authorized by § 22.1-5 or (ii) enrollment in a school outside the attendance zone in which the student resides, shall be guilty of a Class 4 misdemeanor and shall be liable to the school division in which the child was enrolled as a result of such false statements for tuition charges, pursuant to § 22.1-5, for the time the student was enrolled in such school division.

Adapted from materials by the California Department of Education and the San Antonio, Texas, Independent School District. As with any legal document, the local educational agency’s legal counsel should be consulted.
MINUTE OF SILENCE

The Suffolk City School Board recognizes that a minute of silence before each school day prepares students and staff for their respective work or school days. Therefore, each teacher, staff member, and student shall observe a minute of silence at the beginning of the first class of each school day.

The teacher responsible for each class shall make sure that each student remains seated and silent and does not disrupt or distract other students during the minute of silence.

The minute may be used for any lawful silent activity, including personal reflection, prayer and meditation. However, the teacher responsible for each class shall not influence, in any way, students to pray or meditate or not to pray or meditate during the minute of silence. Students and employees are prohibited from praying aloud during the minute of silence.

GUIDANCE & COUNSELING

GUIDANCE AND COUNSELING SERVICES

The Suffolk Public School Board affirms that parents are the student's first teachers and that the public school should serve to strengthen family and parental support. No student will be required to participate in any counseling program to which the student's parents object. The following definitions apply to the types of guidance services that will be available:

**Academic Guidance**
Guidance which assists students and their parents to acquire knowledge of the curricular choices available to students, to assist in academic growth and development, to plan a program of studies, to arrange and interpret academic testing and to seek post-secondary academic opportunities;

**Career Guidance**
Guidance that helps students to acquire information and plan action about work, jobs, apprenticeships, and post-secondary educational jobs/career opportunities by providing awareness in elementary school, exploration in middle schools, and preparation in high school;

**Personal/Social Counseling**
Counseling which assists students in developing an understanding of themselves, enhancing their self-image, understanding the rights and needs of others, resolving conflict and defining individual goals, reflecting their interests, abilities, and aptitudes. Such counseling may be provided either in groups in which general issues of social development are addressed or (ii) through structured individual or small group multi-session counseling which focuses on the specific concerns of the participant(s).

At least annually, parents shall be notified about the academic and career guidance programs, and the personal/social counseling programs which are available to students within the school division.

It is the policy of the Suffolk Public School Board with respect to personal/social counseling that the parents will notify the school division in writing if the student is not to participate in the personal/social counseling program. Counseling techniques which are beyond the scope of the professional certification or training of counselors including hypnosis or other psychotherapeutic techniques that are normally employed in medication or clinical settings and focus on mental illness or psychopathology are prohibited.

Accurate and complete individual, scholastic student records will be maintained in each school. If you do not wish to have your child participate in the social/personal counseling program, you should complete the Personal/Social Counseling Opt-Out form that is available at each school.
**Personal/Social Counseling "Opt Out" Form**

Child's Name _____________________________ Grade ________________  
Last First Middle

School ___________________________ Counselor ___________________________ School Year ________________

Following a careful review of Suffolk's Guidance and Counseling Program, I want my child to be "opted out" of the Personal/Social Counseling for this school year.

Directions: Identify the "opted out" area of concern by checking the appropriate space with an X:

1. Individual Counseling ________________
2. Group Counseling ________________
3. Both ________________

I understand that all students will receive Academic and Career Guidance Counseling during this school year in grades K-12.

Parent’s or Guardian's Name __________________________________________

Signature __________________________________________________________

Date _______________________________________________________________

(DO NOT REMOVE: FORM IS AVAILABLE AT YOUR CHILD'S SCHOOL)

*NOTE: ONLY SUBMIT THIS FORM IF YOU DO NOT WANT YOUR CHILD TO RECEIVE GUIDANCE SERVICES.*
INSTRUCTIONAL PROGRAM OVERVIEW

ELEMENTARY INSTRUCTIONAL SERVICES

The mission of the elementary instructional services is to provide educational experiences that prepare students to find success in our complex society. The programs included on the elementary level are: Early Start, Grades Kindergarten through fifth in the content area of Reading, Writing, Mathematics, Science, History/Social Science, Art, Music, Physical Education, Title I (designated schools), English as a Second Language (ESL), Gifted and Talented Programs, and Special Education.

The staff included is: Superintendent, Assistant Superintendent of Curriculum and Instruction, Director of Elementary Leadership, Director of Secondary Leadership, Content Supervisors, Content Specialists, Coordinator of Compensatory Programs, Parent Relations Facilitator, Family Service Worker, Supervisor of Research and Testing, and Data Analyst.

The elementary program offered in Suffolk’s eleven (11) elementary schools enable students to acquire the skills and knowledge necessary for academic achievement. At the start of each year, parents are given the grade level objectives and expectations for their children.

Early Start

The Early Start Preschool Program is made possible through the Virginia Preschool Initiative (VPI). The Virginia Preschool Initiative Grant was developed to offer opportunities for four-years olds considered at risk of educational failure. The goal of Suffolk’s Early Start Program is to reduce disparities among young children upon formal school entry and to reduce or eliminate those risk factors that lead to early academic failure. The components of the Early Start Program include quality preschool education, comprehensive child health services, parental involvement, comprehensive social services and transportation.

The screening process for Early Start includes a speech evaluation, parent interview, and parent application along with other developmental assessments which measure fine and gross motor skills. The curriculum used is locally developed supplemented by the High/Scope Preschool Educational Approach and is aligned with *The Virginia Foundation Blocks for Early Learning: Comprehensive Standards for Four-Year Olds*. Teachers focus on teaching literacy through play. There are twenty-four Early Start classes: two at Booker T. Washington Elementary, three at Creekside Elementary, three at Elephant’s Fork Elementary, two at Florence Bowser Elementary, two at Hillpoint Elementary, two at Kilby Shores Elementary, two at Mack Benn, Jr. Elementary, three at Nansemond Parkway Elementary, one at Northern Shores Elementary, two at Oakale Elementary, and two at Pioneer Elementary. Each of the twenty-four Early Start teachers holds at least a Bachelor’s degree with a Pre-K Endorsement and has received early childhood development training. Each class also has a full-time teacher assistant. With only eighteen students per class a student adult ratio of 1:9 is maintained. Five of the classrooms are blended to include students with Individualized Education Plans and a special education teacher. During a typical day in an Early Start classroom, children participate in shared book experiences, language development activities, self-initiated activities and outside play. The program is a full day program and provides preschoolers school readiness skills for success.

Kindergarten

Kindergarten is an important part of the elementary instructional program. The full day kindergarten program provides opportunity for enrichment and hands-on experiences which assist and guide children in their development. The three areas of focus in kindergarten are social development, physical development and mental development. Socially the goals of kindergarten include:

- Help the child to become a happy, helpful person;
- Guide the child in ways of coping with problems;
- Encourage the child to respect the rights and ideas of others;
- Help the child to recognize his/her own talents and shortcomings.

Physically the goals of kindergarten include:
● Engage the child in physical activities to improve large muscle adeptness;
● Provide the child with activities for small muscle skills and coordination;
● Stress physical activity as requisite of health.

Mentally the goals of kindergarten include:
● Expose the child to concepts essential to learning;
● Help the child to discover and develop his/her creative potential;
● Encourage the child to solve simple problems;
● Awaken the child to intellectual challenges.

Virginia’s Standards of Learning Objectives drive the kindergarten curriculum.

**THE ELEMENTARY CURRICULUM**

The core content areas in the elementary instructional program include: Reading, Writing, Mathematics, Science and History/Social Sciences.

The reading and writing curriculum encompasses a comprehensive balanced literacy approach to instruction. The Virginia English Standards of Learning objectives are taught and reinforced using reading and writing researched-based instructional strategies. Skill areas include: Phonemic Awareness, Phonics, Vocabulary Development, Reading Comprehension, Literature, Writing, Grammar, Punctuation and Capitalization, Speaking and Listening, and Spelling. The areas of focus include: Oral Language, Reading (Word Analysis and Comprehension), and Writing. Emphasis is placed on a Literacy Connection across the elementary curriculum.

The mathematics curriculum includes four reporting categories that are aligned with the Virginia Math Standards of Learning objectives: Number and Number Sense, Computation and Estimation, Measurement and Geometry, and Probability, Statistics, Patterns, Functions and Algebra. There is a strong emphasis problem solving on the mathematics program. Mathematical skills are integrated as much as possible throughout all content areas.

The science curriculum includes reporting categories that are aligned with the Virginia Science Standards of Learning objectives. The areas of focus include: Scientific Investigation, Reasoning and Logic, Force, Motion, and Energy, Matter, Life Processes, Living Systems, Interrelationships in Earth/Space Systems, Earth Patterns, Cycles, and Change, and Resources. The inquiry based science curriculum offers many opportunities for students to participate in scientific investigations. Hands-on activities are used to reinforce the Virginia’s Science Standards of Learning. Areas of focus include: observing, asking questions, sequencing, measuring, classifying, comparing, inferring, recording information and using materials safely.

The history/social science curriculum includes Virginia’s History / Social Science Standards of Learning objectives. The areas that are of focus include History, Geography, Civics and Economics. The overall goal is to prepare students for informed and responsible citizenship.

**Elementary Reading Program**

Students received 120 minutes of daily English instruction. The Comprehensive or Balanced Literacy approach to reading focuses on the five components of reading: phonemic awareness, phonics, fluency, vocabulary, and text comprehension. Within each area, support for the students is provided through:

● Teacher read-aloud
● Shared reading
● Word-study activities
● Guided reading
● Independent reading
● Modeled writing
● Shared writing
● Independent writing
● Literature circles

The combination of individual, group, and whole-class activities, and of reading to, with, and by students is the heart of comprehensive literacy.
Monitoring Student Progress

All instructional staff members at the school level and at the School Administrative Office are responsible for monitoring student progress. Assessments and data driven decision making are paramount to the on-going achievement of Suffolk Public Schools’ students. This process includes collecting and managing data, analyzing and synthesizing data, and using the data for overall school improvement. Our role in the data collection process includes: reviewing pertinent findings of educational research, reviewing current school, district, state and national goals for student learning, analyzing student learning needs and defining desired results for student learning. In addition, the elementary instructional staff identifies strengths and weaknesses, collects evidence of instructional and organizational effectiveness and defines goals for strengthening and building the capacity of the school’s instructional and organizational effectiveness. Suffolk Public Schools provides various ways in which parents can monitor student progress. Each student receives a progress report during the middle of each nine week period. Report cards are distributed at the end of the nine weeks period. Additionally, parents may sign up with the school Guidance Counselor to gain access to Home Access Center. Parents with access to Home Access Center may monitor students’ progress as often as they would like to access the site. Parents who need additional information may contact the school to schedule a conference with the instructor(s).

Art Program

The Elementary Art Program is aligned with the National Standards for Arts Education and the Virginia Standards of Learning. Students in grades K – 5 attend art class a minimum of once a week. The goal of the program is to facilitate an understanding and an appreciation for art.

Music Program

The Elementary Music Program is aligned with the National Standards of Music Education and the Virginia Standards of Learning. Students experience music through a variety of related activities, which include listening, singing, and moving. Emphasis is placed on exploration, appreciation, creativity, expression, and enjoyment. Students in grades K – 5 attend a music class a minimum of once a week.

Physical Education

The Elementary Physical Education Program is aligned with the National Standards of Physical Education and the Standards of Learning. The goal of physical education is to develop physically educated individuals who have the knowledge, skills, and confidence to enjoy a lifetime of healthful physical activity. Students in grades K – 5 attend Physical Education classes a minimum of once a week.

The Title I Program

Title I is a federally funded program that provides qualifying schools with additional support and learning opportunities to help students master the curricula and meet challenging State academic standards. In Suffolk, any elementary school with 40 percent or more of the students receiving free or reduced lunch is eligible for Title I funds.

Title I resources are primarily used to support instructional services in reading and mathematics, other core academic areas, professional development, supplemental instructional materials, and parent, training and workshops. Suffolk Public Schools uses Title I, Part A funding to support the Title I School wide Program Model at each eligible Title I school.

During the 2019-20 school year, the School-wide Program Model will be offered at nine elementary schools: Booker T. Washington, Creekside, Elephant’s Fork, Hillpoint, Kilby Shores, Mack Benn, Jr., Nansemond Parkway, Oakland and Pioneer. A key component of the School-Wide Model is its focus on total school improvement and the coordination of local, state, and federal funding to address the identified academic needs at each Title I school.

Title I funds are supplemental and are used to provide services to children who are identified as having the greatest need for educational assistance. Students are selected to receive Title I services based on the goals identified in each school’s needs assessment and multiple criteria that includes but is not limited to test data, teacher recommendation, and grades.

The goals of Title I, Part A are consistent with the Elementary and Secondary Education Act (ESEA) of 1965, as
amended by the Every Student Succeeds Act, 2015 (ESSA), which includes setting high academic standards, measuring student’s progress, analyzing data for desired results, and involving parents in the educational decisions about their child. Title I funds are used to supplement regular classroom instruction.

**English as a Second Language**

The goal of the English as a Second Language (ESL) Program is to teach English to limited English speaking students so that they may acquire the language and communication skills necessary to participate successfully in the mainstream kindergarten through twelfth grade classroom. Students are assessed with WIDA Screener Test to determine the English language proficiency level of a student. Students are eligible for services if found to perform in the Non-English or Limited English Speaking area.

**Gifted and Talented Program**

Gifted resource teachers service students in grades K-5 based on students’ needs and gifted eligibility. Kindergarten students may be referred for the Talent Pool, a program designed to provide additional enrichment to students who demonstrate high potential for giftedness. All students receive quarterly gifted support in kindergarten through second grade. The gifted resource teachers collaborate and consult with the general education teachers and/or push into the classes to introduce lessons that will enrich the learning, spark creativity, emphasize critical thinking, encourage problem solving, and develop independent research skills. At the end of grade 2, all students are screened to identify those who qualify for the gifted program. These students are then eligible to receive gifted services in grades 3-5.

Quality Utilization Enrichment of Student’s Talents, known as QUEST, is the program for gifted students in grades 3-8. Students receive differentiated instruction from the gifted resource teacher and general education teacher throughout the year. Assignments are provided to stimulate and foster critical thinking and research skills. Students work both individually and in small groups to develop independent learning skills, creative potential, and higher level thinking abilities. Services are offered within the classroom as well as pre-planned “pull-out” sessions.

**Talented Art and Talented Music**

Talented Art and Talented Music classes are available to students in grades 4-5 who qualify through eligibility testing and/or portfolio review. These classes are designed to provide activities for those students that express a talent in music and/or art. These services are offered during pre-planned “pull-out” sessions and include school and district level activities throughout the year.

**Special Education**

Suffolk Public Schools provides an Individualized Education Program for all eligible students with identified disabilities.

**Alternative Education**

Students who have been retained and experience academic challenges may be placed in one of our Alternative Education Programs which emphasize small group instruction and practical application of basic academic skills. Eligibility is determined based on an individual basis and include a variety of criteria.

**MIDDLE SCHOOL 6-8**

The middle school program seeks to provide for the intellectual, physical, emotional, social, and cultural needs of students in grades 6-8. Allowing for a smooth transition from childhood to adolescence and from elementary to high school is a priority. A balanced curriculum is built around the basic courses and provides a variety of educational programs which address the needs of all students - general, special, and gifted and talented.

English, mathematics, social studies, science, health and physical education are required courses. Algebra I, Earth Science, Spanish I, and French I are offered to eligible eighth grade students for high school credit. Exploratory courses are available in keyboarding, art, family and consumer sciences, technology education, band, orchestra, chorus, foreign language, and general music.

The guidance program is designed to help students achieve self-understanding and self-direction. Guidance is a part
of the total education program which assists the individual student in goal setting, counseling, scheduling, peer tutoring, career choices, and group interaction.

In social studies, sixth-graders study major topics in U.S. History from 1865 - present. Seventh-graders study civics and economics. Eighth-graders study world geography. Citizenship is stressed at all grade levels. In science, sixth-graders are introduced to Earth Science. Seventh-graders continue their study of life sciences. Eighth-graders work on more in-depth topics in physical science.

HEALTH AND PHYSICAL EDUCATION
The health and physical education program is an integral part of the middle school concept. A team of instructors follow the state requirements for providing both activity-oriented instruction and health instruction. Participation and activities are stressed in the program. Health and Physical Education is taught on an alternating day schedule for each of the three grades. Students are required to dress-out for physical education classes and are expected to participate regularly.

EXPLORATORY PROGRAM
Exploratory courses include music, art, introduction to technology, technological systems, family and consumer sciences, foreign language exploratory (FLEX), keyboarding, career investigations, reading, and computer solutions. The major purpose of the exploratory program is to emphasize the development of personal skills and to introduce students to technology and technological careers. Students are assigned one exploratory course each nine weeks in the sixth and, possibly 7th grades. Some students in the seventh and eighth grades will rotate through four exploratory courses over two years or four semesters.

BAND, STRINGS & CHORUS
Students may choose to take band, strings or chorus instead of exploratory courses. Band and strings are structured programs requiring daily instrumental practice at home. Each parent of a band or strings student will be responsible for purchasing or renting an instrument. Parents and students should take time to examine carefully the decision to enroll in band or strings.

STUDENT ACTIVITIES
Student activities are designed to stimulate student creativity and productivity. Club offerings may include student government, honor societies, and co-curricular organizations. Opportunities for written expression and creative talents are provided for adolescents through student publications which serve as a catalyst for future writers, managers and artists. Dances and assembly programs afford students educational, cultural and social opportunities. Field trips offer opportunities for many more educational experiences.

GIFTED & TALENTED
Quality Utilization Enrichment of Student’s Talents, known as QUEST, is for students who exhibit giftedness in general intellectual ability in grades 6-8. Students receive differentiated instruction from the gifted resource teacher and general education teacher in core area subjects. Students may receive services through small group, whole group, and co-taught instruction. Activities are given to stimulate critical thinking, develop independent research skills and generate creativity in preparation for advanced high school coursework. Students may also be placed in advanced Math and Science courses or enriched courses in English and Social Studies in 8th grade.

MIDDLE SCHOOL INTRAMURAL SPORTS PROGRAM
The middle school intramural sports program promotes positive peer interactions and kinesthetic awareness. Round robin competition is offered between middle schools in basketball, volleyball, soccer, field hockey, and football in grades seven and eight.

HIGH SCHOOL 9-12
Suffolk Public Schools believe that at the high school level, administrators, faculty, student body, and parents must be constantly involved in creating an atmosphere of mutual respect and in making education an important and desirable goal for each and every student. High school is designed to prepare the student for society and to motivate students to continue their formal or informal education after high school. The educational experience should enable students to develop their minds and bodies to their fullest capacity socially, physically, morally, intellectually and psychologically.
BLOCK SCHEDULING
Suffolk Public Schools utilizes the alternate odd-even day block schedule for students in grades eight through twelve. Block scheduling is another way to organize the instructional day. It is a resource that permits effective utilization of staff, students, school space, time and instructional resources. This scheduling technique provides teachers the opportunity to use a variety of teaching strategies to motivate and actively involve students in the learning process. Students will have fewer classes per day; therefore, students have less homework per day and more time to study for tests or quizzes. Furthermore, this scheduling option allows the instructional staff to raise the expectations of all students as they prepare the students to take their rightful places in the world of work and/or higher learning institutes.

GRADUATION REQUIREMENTS
The Standards for Accrediting Schools in Virginia, adopted by the Virginia Board of Education, establishes high school graduation requirements.

To graduate with a Standard Diploma for students entering the ninth grade for the first time in 2018-2019 and beyond, a student must earn at least 22 standard units of credit and five verified units of credit. Students earn standard credits by successfully completing required and elective courses. Students earn verified credits by successfully completing required courses and passing associated end-of-course SOL tests or other assessments approved by the state Board of Education.

For students entering the 9th grade prior to 2011-2012 through 2017-2018 four diploma options are available: Standard Diploma (22 credits), Advanced Studies Diploma (24 credits), Modified Standard Diploma (20 credits), and Special Diploma (completion of IEP goals and objectives). For students entering the 9th grade during 2011-2012 and 2012-2013, four diploma options are available: Standard Diploma (22 credits), Advanced Studies Diploma (26 credits), Modified Standard Diploma (20 credits) and Special Diploma (completion of IEP goals and objectives).

For students entering the 9th grade during 2013-2014, three diploma options are available: Standard Diploma (22 credits), Advanced Studies Diploma (26 credits). Credit accommodations for students with disabilities pursuing the Standard Diploma shall be determined by the student’s Individualized Education Plan (IEP) team or 504 plan. Students meeting standards based on Individualized Educational Plan (IEP) goals and objectives are eligible for a Special Diploma.

In order to earn a 22 credit diploma, a student must earn 4 English credits, 3 mathematics credits (at or above the level of Algebra), 3 science credits, (in at least three different disciplines), 1 Virginia and US History credit, 1 Virginia and US Government credit, 1 World History and Geography credit, 2 Health and PE credits, 1 Economics and Personal Finance credit, and 6 electives including fine/CTE credits.

Students are encouraged to opt for the 26 credit diploma which requires: 4 English credits, 4 mathematics credits (at or above the level of Algebra), 4 science credits, (in at least two different disciplines), 4 history credits, 3 foreign language credits, 2 Health and PE credits, 1 Economics and Personal Finance credit, and 4 electives including fine/CTE credits.

Students also are required to complete fifty (50) hours of community service.

See specific diploma requirements in the graduation section.

GIFTED & TALENTED PROGRAMS: ADVANCED PLACEMENT, DUAL CREDIT COURSES, AND GOVERNOR’S SCHOOL
Gifted and Talented students are served in grades 9-12 through a variety of programs open to those who meet eligibility criteria. Additional information about specific programs may be obtained from the guidance department. Where additional costs are associated with these optional courses, financial assistance may be available to low-income or needy students through the guidance department.

ADVANCED PLACEMENT COURSES
Criteria and procedure:
● Completion of comparable Honors/General course, if available, with an “A” or “B”
● Ability and willingness to apply one’s self to college-level studies

Students have the opportunity to enroll in a variety of Advanced Placement (AP) courses such as AP Language and Composition, AP Literature and Composition, AP Calculus AB, AP Statistics, AP Environmental Science, AP Chemistry, AP Biology, AP United States History, AP European History, and AP United States Government and Politics. Students may also enroll in the following on-line courses through Virtual Virginia: AP Art History, AP Calculus BC, AP Government and Politics: Comparative, AP Latin: Vergil, AP French Language, and AP Spanish Language. For a fee, students have the opportunity to take an AP exam for potential college credit in the spring of each course. Check the Program of Studies for the complete listing of current AP offerings. (http://www.spsk12.net/departments/high/program-of-studies/)

HONORS COURSES
Criteria and procedure:
● Completion of comparable Honors/General course, if available, with an “A” or “B”
● Ability and willingness to apply one’s self to college-level studies

Honors courses include Honors English 9 through 12, Honors Spanish IV, Honors French IV, Honors Latin IV, Honors Spanish V, Honors French V, Honors Latin V, Honors Sign Language IV, Honors Biology, Honors Chemistry, Physics, Honors Algebra II and Trigonometry, Mathematical Analysis, Honors Geometry, Honors World History & Geography to 1500 AD, Honors World History & Geography from 1500 AD to the Present, Honors Virginia and United States Government, and Honors Virginia and United States History.

DUAL-CREDIT COURSES
Dual Credit courses allow students to meet requirements for high school graduation and to earn college credit at Paul D. Camp Community College (PDCCC). Courses must be offered for college credit and must be on an approved list of courses as determined by the college and the school division.

Criteria and procedure:
● Students must be at least 16 years old
● Students must be high school juniors or seniors
● Cross registration must be approved by the high school principal
● PDCCC must accept the student for admission (Exceptions considered on a case-by-case basis, require approval of the Suffolk Public Schools Superintendent and the Dean of Instruction for PDCCC. Procedures for exceptions are available in the guidance department at the high schools.)
● College credit (6-8 semester hours = 1 Carnegie unit) shall be awarded upon successful completion of the course.
● The college course semester grades are used to compute the student’s high school GPA. Students must take the Virginia Placement Test and make the cut score for the course they are taking.
● Down payment is due at spring registration in the home school.
● A payment contract is drawn between the school division and the parents of the student to insure first semester fees are paid in full by the college’s drop/add date and that second semester fees are paid in full by the start of second semester classes. The student will be automatically dropped from class and will receive no high school credit for first or second semester if financial obligations have not been met.
● Financial assistance to low-income or needy students may be available. Consult your school’s guidance department.

Students may earn college credits from Paul D. Camp Community College, PDCCC, by enrolling in dual-credit courses. Check the Program of Studies for the complete listing of potential DC offerings. (http://www.spsk12.net/departments/high/program-of-studies/) Students entering the 9th grade in 2006-2007 and beyond and have completed Algebra I in eighth grade will be eligible to participate in the PDCCC General Studies Associate Degree program. Students completing this program will receive an Advanced Studies Diploma and a General Studies Associates degree at the end of their high school career. 

Students must successfully complete two (2) semesters of any of the above courses to receive dual credit. Students will receive both high school and college credits for dual-credit courses, and grades will be calculated in the GPA.
Students must meet the college’s cut score on the Virginia Placement Test for the specific course. Payment of the fees is the responsibility of the student and his/her parents.

**GOVERNOR’S SCHOOL FOR THE ARTS (GSA)**

This regional magnet school designed for talented high school students from Suffolk and other neighboring school divisions provides highly specialized instruction in visual arts, music, dance and theatre. Rising ninth through twelfth grade students may apply for acceptance to the Governor’s School for the Arts. Students are selected based on individual ability, interest and potential for artistic growth.

Criteria and procedure:

- Application (available at the end of first semester)
- Audition (for some programs)
- Interview
- Portfolio review (for some programs)
- A school bus provides transportation to the GSA sites for daily classes which run from 2:00 p.m. - 5:00 p.m. and returns students to their home high school
- Three weighted (+.5) credits are earned for successful completion of each class at GSA

Suffolk students who are accepted to the program travel by bus to Norfolk to attend classes each afternoon from 2-5 p.m. Students earn 3 credits per year towards graduation requirements. There is no charge to attend. These credits are weighted.

**THE COLLEGE AND CAREER ACADEMY AT PRUDEN**

The College and Career Academy at Pruden is a Governor’s Science, Technology, Engineering, and Math (STEM) academy and career and technical education center that serves high school students in the City of Suffolk. Students attend classes in the morning or in the afternoon. Check the Program of Studies for the complete listing of current College and Career Academy at Pruden offerings. ([http://www.spsk12.net/departments/high/program-of-studies/](http://www.spsk12.net/departments/high/program-of-studies/)). In addition, students who are accepted as Governor’s Academy cadets will attend STEM sessions throughout the school year. Grades are based on the student’s mastery of competencies from a state-approved competency list. (State-approved competencies are aligned with industry standards.) Daily attendance in class is very important. Students who are absent more than ten (10) days in a semester may not receive credit for the courses in which they are enrolled.

A variety of night classes, programs, and GED preparatory programs for adults are available at The College and Career Academy at Pruden through its Center for Lifelong Learning. The College and Career Academy at Pruden is an approved GED test site and offers GED testing twice per month.

Information regarding adult education classes, programs, and GED testing may be obtained from The College and Career Academy at Pruden at ccap.spsk12.net.

**INTERNATIONAL BACCALAUREATE DIPLOMA PROGRAM**

Eighth-grade students who are enrolled in Algebra I, Spanish I, French I, or Latin I and language arts and who have earned a grade of “B” or better in each core class and an overall core GPA of 3.0 will have the opportunity to apply to the Pre-IB Diploma Program in winter of each year. The Pre-IB Diploma Program is offered in grades 9 and 10. It is an intensified course of study in preparation for the rigorous IB Diploma Program.

The IB Diploma Program begins in the junior year of high school and is a pre-university course of studies leading to internal and external assessments that may qualify students for college credit. The IB Diploma Program is designed to meet the unique needs of highly motivated secondary-school students. Students will complete all four years of the Pre-IB and IB Diploma Program at King’s Fork High School. (Transportation is provided throughout the city of Suffolk.) The program requires that students take a challenging course of studies leading to internal and external assessments in six required subject areas. Students must also successfully complete the Theory of Knowledge seminar class, write a 4000-word Extended Essay, and complete a comprehensive learning portfolio in Creativity, Action, and Service activities.

King’s Fork High School is an IB World School. Pre-Diploma and IB courses are listed in the Program of Studies ([http://www.spsk12.net/departments/high/program-of-studies/](http://www.spsk12.net/departments/high/program-of-studies/)).
PROJECT LEAD THE WAY PROGRAMS

Engineering
Project Lead the Way (PLTW) -Engineering is a program of five challenging courses in grades 9-12 that use project-based, hands-on experience to teach students the key elements and skills of engineering and technology-based careers by immersing them in rigorous engineering problems. The goal of PLTW is to increase the number and diversity of engineering graduates by allowing them to experience pre-engineering curriculum and concepts while in high school. The requirements of the program include successful completion of the PLTW Engineering courses: Introduction to Engineering Design, Principles of Engineering, Digital Electronics, Civil Engineering and Architecture and the capstone course, Engineering Design and Development. Students also must take four years of science, and at least four years of mathematics at the high school level. Three years of a foreign language is encouraged. Students in the program who meet these requirements can earn the Virginia Advanced Studies Diploma.

Admission Process: Each student wishing to participate in the Project Lead the Way Engineering Program must submit a completed application. Applications are due in the winter of the following school year, and may be obtained from any middle school guidance office. The application will be reviewed and candidates will be notified of acceptance. Current eighth grade students may apply to enter the Project Lead the Way Engineering Program. For applications and deadlines, please contact the Supervisor of Advanced Instruction at 757-925-6750.

Biomedical Science
Project Lead the Way (PLTW)-Biomedical Science is a program of four challenging courses in grades 9-12 that use project-based, hands-on experience to empower students to become tomorrow’s biomedical science professionals. The goal of PLTW Biomedical Science is to increase the number and diversity of STEM prepared graduates by allowing them to experience this rigorous curriculum while in high school.

The requirements of the program include successful completion of the PLTW courses, Principles of Biomedical Science, Human Body Systems, Medical Interventions, and the capstone course, Biomedical Innovation. Students also must take four years of sciences, and at least four years of mathematics at the high school level. Three years of a foreign language is encouraged. Students in the program who meet these requirements can earn the Virginia Advanced Studies Diploma.

Admission Process: Each student wishing to participate in the Project Lead the Way Biomedical Science Program must submit a completed application. Applications are due in the winter of the following school year and may be obtained from any middle school guidance office. The application will be reviewed and candidates will be notified of acceptance. Current eighth grade students may apply to enter the Project Lead the Way Biomedical Science Program. For applications and deadlines, please contact the Supervisor of Advanced Instruction at 757-925-6750.

ALTERNATIVE EDUCATION

ACADEMIC
The Excel Academy is a personalized learning program designed to support accelerated learning and achievement of students who have not met success in a traditional classroom. Students in this program will receive instruction in a smaller classroom setting. The program is housed at John Yeates Middle School.

Individualized Student Alternative Education Plan: (ISAEP) is an alternative education program designed for those students who are at least 16 years old and who are at risk of dropping out or not accumulating enough credits to graduate from high school. Students are required to take the TABES test and achieve a reading score of 7.5 or higher, and take the GED Official Practice Test and score a 125 in each subject areas (Mathematics, Science, Writing, Social Studies, Language Arts) for acceptance into the ISAEP program. Parents are required to meet with the student’s principal to determine academic program options. All academic and career and technical educational/occupational components must be completed for the student to be exempted from compulsory attendance. Placement of a student in ISAEP is subject to recommendation by the Supervisor of Alternative Education.

All students enrolled in an ISAEP program must be enrolled in coursework whose goal is the attainment of a Board of Education-approved career and technical education (CTE) credential and complete coursework in economics and personal finance in addition to preparing for and taking the GED® Tests. These additional requirements must be successfully completed prior to the student's completion of the ISAEP program.
**BEHAVIORAL**

The Behavioral Daytime Alternative School serves those students who have been removed from the regular school environment because of disciplinary infractions and for students who have been recommended for expulsion from their regular school setting. Turlington Woods School utilizes the Positive Behavior Interventions and Supports (PBIS) as its primary research based program to proactively work with students to improve their behavior and academic skills. Each student participates in the check-in check out process which is designed to provide increased positive adult contact, embedded social skills training, frequent feedback, and daily home communication. Students with disabilities placement will be determined by their IEP team. Students are required to meet and maintain Standards of Enrollment for attendance (95% or better), academics (grades of 75 or higher in each course), behavior (80% or higher), and counseling (adequate progress). Students are required to participate in the counseling program offered by the Western Tidewater Community Services Board while enrolled in Turlington Woods School. Other requirements may be imposed by the Office of Student Services.

The Tidewater Regional Alternative Education Program is a cooperative effort with five other school divisions in the area. This program serves students who have been recommended for long-term suspensions. Also, TRAEP serves students returning from state correctional facilities where they had been committed for offenses involving drugs, weapons, or personal assaults.

**INSTRUCTIONAL PROGRAM SERVICES**

**SPECIAL EDUCATION**

Suffolk Public Schools is committed to the philosophy that every child has the right to a free and appropriate, public education. A full range of services has been developed for children in need of specially designed instruction. If a child from 2 to 21 years of age has a physical, intellectual, or emotional challenge that significantly interferes with their ability to access the general school curriculum, then he or she may qualify for an Individualized Education Program (IEP).

The school division is proud of the strides it has made in meeting the needs of individual students and protecting family rights in the process. A student search is continually in progress with referrals accepted at any time from parents, agencies, physicians or others concerned about an infant, toddler, or student who might be in need of services. Anyone interested in making a referral should contact the Child Study Chair at the school the child is zoned to attend. Referrals may also be made by contacting the Special Education Department office at 925-6764.

**504 PLANS**

Section 504 of the Rehabilitation Act of 1973, as amended, requires that federal fund recipients make their programs and activities accessible to all individuals with disabilities. Section 504 of the Act protects persons from discrimination based upon their disabling condition. A person is disabled under the definition of Section 504 if he or she:

1. Has a physical or mental impairment which substantially limits one or more of such person’s major life activities;
2. Has a record of such an impairment; or
3. Is regarded as having such as impairment. {34 CFR 104.3 (j) }

When a condition significantly limits a major activity, an accommodation plan must be developed for that individual. Services under Section 504 must be determined by a team. Students, who are making average and above grades, are considered to be receiving educational benefit and are normally ineligible for accommodations through Section 504.

**ENGLISH AS A SECOND LANGUAGE**

The goal of the English as a Second Language (ESL) Program is to equip ESL students with the language skills they need to be socially and academically prepared to participate successfully in the mainstream kindergarten through twelfth grade classroom. The ESL program provides students with the opportunity to demonstrate proficiency in listening, speaking, reading, and writing as measured on the World Class Instructional Design and Assessment (WIDA) English language proficiency assessment and the end-of-year Assessing Comprehension and Communication in English State-to-State (ACCESS) for English Language Learners (ELLs). At the beginning of the school year and throughout, newly arriving potential ESL students are pre-screened with the WIDA Screener Test to determine their English language proficiency level in listening, speaking, reading, and writing. ESL student support services are based
on the results of the WIDA Screener or the results of the previous end-of-year administration of the ACCESS for ELLs. The support program components are designed with the student's grade and proficiency level in mind, along with recommended best practices and scientific based research. Each school uses several types of service delivery.

**MONITORING STUDENT PROGRESS**

Suffolk Public Schools provides various ways in which parents can monitor student progress. Each student receives a progress report during the middle of each nine week period. Report cards are distributed at the end of the nine weeks period. Additionally, parents may sign up with the school Guidance Counselor to gain access to Home Access Center (HAC). Parents with access to Home Access Center (HAC) may monitor students’ progress as often as they would like to access the site. Parents who need additional information may contact the school to schedule a conference with the instructor(s). Note that the grades you see might not include all the assignments or tests that have been completed by your child. Please allow teachers five business days to post grades after the due date of an assignment. If you have any questions about any of the items, please contact the teacher.

**FAMILY LIFE EDUCATION PROGRAM & IMPLEMENTATION PLAN**

The Family Life Education (FLE) program is implemented as mandated by the Virginia State Board of Education. The curriculum guidelines shall include instruction as appropriate for the age of the student in family living and community relationships, abstinence education, the value of postponing sexual activity, the benefits of adoption as a positive choice in the event of an unwanted pregnancy, human sexuality, human reproduction, steps to take to avoid sexual assault, and the availability of counseling and legal resources, and, in the event of such sexual assault, the importance of immediate medical attention and advice, as well as the requirements of the law and the etiology, prevention and effects of sexually transmitted diseases.

All such instruction shall be designed to promote parental involvement, foster positive self-concepts and provide mechanisms for coping with peer pressure and the stresses of modern living according to the students' developmental stages and abilities. The Board shall also establish requirements for appropriate training for teachers of family life education, which shall include training in instructional elements to support the various curriculum components.

The Family Life Education Program is currently advised by the Suffolk Health Advisory Board. This board is composed of members of the Western Tidewater Health Department, Suffolk Public Schools Administrators, school nurses, concerned community professionals, parents, and students. The board functions as a liaison from the schools and community to the FLE administrator. Parents and guardians have the right to review all written and audiovisual educational materials used in the program and also have the right to remove the child from all or part of family life education instruction through the Family Life Opt-Out Procedure. The curriculum is accessible to parents and is located in the principal’s office and library of each school, as well as with the Physical Education teacher.

**Grades K-3**

Self-contained kindergarten, 1st grade, and science/health teachers in grades K-3 will teach Family Life objectives.

**Grades 4 & 5**

Science/Health and Physical Education teachers in grades 4 and 5 will teach Family Life objectives. Topics marked with an asterisk (*) will be taught by the Physical Education teacher in gender-separated classes.

**Grades 6-8**

Health and Physical Education teachers will teach the Family Life program during their health instructional period. Topics marked with an asterisk (*) will be taught by the Physical Education teacher in gender-separated classes for grades six, seven and eight.

**Grades 9 & 10**

Health and Physical Education teachers will teach the Family Life program during their health instructional period in gender mixed classes.
Grades 11 & 12

Family Life Education is taught during health and physical education at the high school level. Students in the eleventh and twelfth grade have fulfilled their physical education requirements; therefore, they are not involved in health classes. The Family Life curriculum objectives for juniors and seniors are met during the school year by trained staff members or by outside presenters during assemblies.

Special Education

The amount and type of participation in Family Life instruction is determined individually by the student’s IEP team.

FAMILY LIFE OPT OUT PROCEDURE

Parents have the option to withdraw their child from any part or all of the Family Life Education Program through an opt-out procedure. An opt-out form is available at each of the Suffolk Public Schools. If one elects to opt his/her child out of the program, it will be necessary to follow these guidelines:

- Review the Family Life Education Program (available in the office, library and via Physical Education teacher of each school).
- Complete the opt-out form, available at the child's school, listing the objectives from which the child will be opted out.
- Return the completed opt out form with parent signature to the school.

THE STUDENT WHO IS OPTED OUT WILL RECEIVE REINFORCEMENT OR ENRICHMENT ACTIVITIES THAT WILL BE GRADED AND BECOME PART OF THE STUDENT'S HEALTH GRADE.

If you have any questions or concerns, please contact Dr. Stenette Byrd, III, Director of Secondary Leadership.

STUDENT EXTRA-CURRICULAR ACTIVITIES

VIRGINIA HIGH SCHOOL LEAGUE AND SUFFOLK PUBLIC SCHOOLS
ELIGIBILITY REQUIREMENTS

All student organizations and activities shall be under the direct supervision of the school through at least one adult sponsor. They must be organized so interruptions of regular classroom work are kept at a minimum. Students shall not be permitted to engage in such organizations and activities to the detriment of their classroom work.

All athletic, forensic, debating, public speaking, reading, spelling and school-publication activities shall be conducted in strict accordance with the rules and regulations established by the Virginia High School League, except when additional stipulations are made by the Board.

(A) Students desiring to participate in any school related extracurricular activity must meet the eligibility requirements of the Virginia High School League for participation in extracurricular activities, and must have a semester grade point average or a cumulative grade point average of not less than 2.00. The student must have achieved a 2.00 semester grade point average, or must have achieved a cumulative grade point average of 2.00, immediately preceding the student’s participation in any extracurricular activity.

(B) A student who has not achieved the required 2.00 semester grade point average, or does not have a cumulative grade point average of 2.00, may attend summer school in an effort to obtain the required grade point average. Should the student achieve a 2.00 semester grade point average, or should the student achieve a cumulative
grade point average by attending summer school, the student will be considered eligible to participate in extracurricular activities at the start of the fall semester.

PROBATIONARY GUIDELINES FOR PARTICIPATION IN EXTRACURRICULAR ACTIVITIES

A student who has not achieved the required 2.00 grade point average as set forth in the policy adopted by the School Board for participation in extracurricular activities may be granted probationary status in certain limited circumstances as set forth in the policy of the School Board. Any student who has at least a 1.65 semester or cumulative grade point average may use a one-time probation granted by the principal. A request for probationary status can only be requested by the student’s parent or legal guardian. A student who is granted probationary status must do the following:

1. The student must meet the building principal or his/her designee to discuss the terms and/or conditions for probationary status.
2. Both the parent(s) and the student will execute a contract agreeing to the terms and conditions for probationary status.
3. The student must regularly participate in a school sponsored tutorial program while on probationary status. Failure to participate may result in the student’s removal from probationary status and, hence, loss of eligibility.
4. No student will be granted more than one (1) semester of probationary status during his/her high school eligibility. The term “high school eligibility” as used in this subsection means the eight (8) school semesters of eligibility as that term is used in the rules and regulations of the Virginia High School League. The student is not deemed to have used his/her probationary status until such time as he/she requests it and is granted the opportunity to use it.

INTERSCHOLASTIC ACTIVITIES

Interscholastic activities are encouraged at the secondary school level by the Board. The guiding principles for a successful program shall be to make available to as many students as possible a varied program of interscholastic sports and other activities through which students may develop their particular talents. The Board approves membership of its secondary schools in the Virginia High School League and requires that all interscholastic sports and contests be conducted under its rules and regulations, subject to additional stipulations of the Board. The principal of a secondary school shall be responsible for the administration and supervision of the program of interscholastic activities. Note: Students participating in interscholastic activities must be in attendance at school no less than one-half day to practice, perform, or compete on that day.

INTRAMURAL SPORTS AND ACTIVITIES

Intramural sports and other such organized contests are encouraged for the elementary, middle, and secondary schools. The Board cooperates with the city’s Department of Parks and Recreation in its efforts to maintain worthy programs in various activities. In addition, Suffolk Public Schools provides an Intramural Sports Program for students in grades seven and eight. The main goals of the program are:

1. To promote positive attitudes towards health and exercise
2. To involve students in a school related event
3. To build unity among grade level teams
4. To help establish a method of stress relief from Standards of Learning tests
5. To develop individual skills needed to compete in interscholastic sports
6. To establish a positive relationship between students and teachers outside the classroom environment
7. To promote positive peer relationships throughout the school division
8. To help develop positive self-esteem through positive peer interaction
9. To promote kinesthetic awareness
INDIVIDUAL ELIGIBILITY RULES FOR MIDDLE SCHOOL INTRAMURAL SPORTS AND ACTIVITIES

To be eligible to represent your school in the Suffolk Middle School Sports Program, you must meet the following rules:

1. The student shall be a bona fide student in good standing in the school that he/she represents. This includes being enrolled in at least five classes or equivalent during each of the four nine week grading periods.
2. The student shall be a bona fide student in good standing in the seventh or eighth grade and must have met all necessary requirements (2.0) after having been promoted.
3. Students must have a 2.0 grade point average. The 2.0 will be based on the previous semester or yearly grade (fall only). Exception: A student may remove an academic deficiency during summer school so as to render that student eligible to participate during the first semester of the ensuing school year.
4. Age: A student may not have reached the age of fifteen (15) on or before August 1, of the school year in which the student intends to participate.
5. A student is not allowed to participate in a particular middle school sport more than once as a seventh grader or more than once as an eighth grader.
6. A student is allowed to participate in a particular sport more than once per school year at the middle school and high school levels. (Starting September 2014)
7. Each student must complete the Athletic Participation/Parental Consent/Physician’s Certificate Form at least once during each school year.
8. Students participating in athletic activities must be in attendance at school no less than one-half day to practice, perform, or compete on that day.
9. Once the team is selected, referrals resulting in In-School Suspension (ISS) or bus suspension will lead to a one game suspension of the playing date closest to the suspension. Referrals resulting in Out of School Suspension (OSS) will lead to dismissal from the team.

MIDDLE SCHOOL INTRAMURAL SPORTS OFFERED

Boys’ Football                      Girls’ and Boys’ Volleyball
Girls’ and Boys’ Basketball        Girls’ and Boys’ Soccer
Girls’ Field Hockey

CONCUSSION INFORMATION

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If an athlete reports one or more symptoms of concussion listed below after a bump, blow, or jolt to the head or body, he/she should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says he/she is symptom-free and it’s OK to return to play.

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete/student should receive immediate medical attention if after a bump, blow, or jolt to the head or body he/she exhibits any of the following danger signs:

• One pupil larger than the other
• Is drowsy or cannot be awakened
• A headache that not only does not diminish, but gets worse
• Weakness, numbness, or decreased coordination
• Repeated vomiting or nausea
• Slurred speech
• Convulsions or seizures
• Cannot recognize people or places
• Becomes increasingly confused, restless, or agitated
• Has unusual behavior
• Loses consciousness (even a brief loss of consciousness should be taken seriously)

<table>
<thead>
<tr>
<th>SIGNS OBSERVED BY SCHOOL/COACHING STAFF*</th>
<th>SYMPTOMS REPORTED BY ATHLETES*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appears dazed or stunned</td>
<td>Headache or “pressure” in head</td>
</tr>
<tr>
<td>Is confused about events</td>
<td>Nausea or vomiting</td>
</tr>
<tr>
<td>Forgets an instruction</td>
<td>Balance problems or dizziness</td>
</tr>
<tr>
<td>Repeats questions</td>
<td>Double or blurry vision</td>
</tr>
<tr>
<td>Moves clumsily</td>
<td>Sensitivity to light</td>
</tr>
<tr>
<td>Answers questions slowly</td>
<td>Sensitivity to noise</td>
</tr>
<tr>
<td>Loses consciousness (even briefly)</td>
<td>Feeling sluggish, hazy, foggy, or groggy</td>
</tr>
<tr>
<td>Shows mood, behavior, or personality changes</td>
<td>Concentration or memory problems</td>
</tr>
<tr>
<td>Can’t recall events prior to hit or fall</td>
<td>Confusion</td>
</tr>
<tr>
<td>Can’t recall events after hit or fall</td>
<td>Just not “feeling right” or “feeling down”</td>
</tr>
</tbody>
</table>

*This is a list of common signs/symptoms, it does not include all possible signs/symptoms.

**FACTS YOU SHOULD KNOW ABOUT CONCUSSIONS**

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

**WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD/STUDENT ATHLETE HAS A CONCUSSION?**

If you suspect that an athlete has a concussion, seek medical attention immediately. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says he/she is symptom-free and it’s OK to return to play.

Rest is key to helping a child recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

**PUBLIC PERFORMANCES & TRIPS**

The School Board encourages participation in the community by student groups and is of the opinion that student participation in the community, including participation by student groups in religious activities, contributes to the educational and cultural development of students. School groups may perform at functions which are part of the school program, community functions planned in the interest of the schools and educational broadcasts and meetings. Music groups may participate in benefit performances which do not encroach upon employment opportunities of professional musicians. Field trip regulations should be followed where applicable. Any time a student leaves school grounds as part of a school-related function, a field trip request must be completed and approved prior to the trip.

**FIELD TRIPS**

Field trips are intended to allow students experiences that provide them with insight, information, or knowledge that cannot be adequately developed through regular classroom instruction. Field trips, therefore, become an integral part
of the curriculum and are as essential to the instructional process as textbooks, equipment, and other instructional devices and teaching/learning strategies. They allow students to learn what might not be learned within the classroom. As it is widely acknowledged that not all children learn in the same way, field trips allow students the opportunity to expand their intelligence in ways different from those typically available inside the classroom.

While most field trips are directly related to specific, academic curricula, they also may address the need for intra- and inter-personal growth in children, and thus may be designed to promote social and emotional development and to provide for the development of the "whole" child.

Under no circumstances should parent or student driven vehicles be used to transport students to and from the primary site of a field trip. Only school provided transportation will be used. Parents may attend as chaperones and should not attend without being part of the official trip. Parent chaperones are expected to ride the school supplied transportation. Children not part of the scheduled field trip should not attend or accompany the adult chaperones.

SOCIAL ACTIVITIES

SORORITIES, FRATERNITIES AND SECRET SOCIETIES

Sororities, fraternities, clubs or secret societies whose memberships depend upon permission of a particular group rather than the free choice of a qualified student shall not be permitted. Further, any evidence (ritual, initiation, announcement of events, selling or otherwise distributing literature and materials and any other such activities) of such groups shall be prohibited on the premises.

STUDENT RESPONSIBILITIES IN ACTIVITIES

Any student running for office, appointed to office, accepting office or in any other school sponsored activity, represents the total student body of the school in which he/she is enrolled and will work with all students without regard for race, creed, color, gender or national origin.

ACADEMICS

ELEMENTARY SCHOOL INSTRUCTIONAL SERVICES

Elementary Grading:

Teachers are to follow the Suffolk Public Schools’ grading scale.

Kindergarten:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>Meets; independently and consistently demonstrates mastery of all components of the standard</td>
</tr>
<tr>
<td>P</td>
<td>Progressing; working towards independently demonstrating mastery of all components of the standard</td>
</tr>
<tr>
<td>NI</td>
<td>Needs Improvement; experiences difficulty meeting grade level standards and objectives</td>
</tr>
</tbody>
</table>

Grades 1-5

<table>
<thead>
<tr>
<th>Grade</th>
<th>Grade Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93-100</td>
</tr>
<tr>
<td>A-</td>
<td>90-92</td>
</tr>
<tr>
<td>B+</td>
<td>87-89</td>
</tr>
<tr>
<td>B</td>
<td>83-86</td>
</tr>
<tr>
<td>B-</td>
<td>80-82</td>
</tr>
<tr>
<td>C</td>
<td>77-79</td>
</tr>
<tr>
<td>C-</td>
<td>70-72</td>
</tr>
<tr>
<td>D+</td>
<td>67-69</td>
</tr>
<tr>
<td>D</td>
<td>63-66</td>
</tr>
<tr>
<td>F</td>
<td>Below 63</td>
</tr>
</tbody>
</table>
Make-up is due within five (5) days after the student returns to school.

Kindergarten students are assessed in the core content areas of Reading, Writing, Mathematics, History/Social Studies and Science. Assessments are aligned with the division’s pacing guide. Student portfolios are maintained in kindergarten.

Students in grades 1 through 5 will receive a minimum number of grades per nine weeks in the core content areas of Reading, Writing, Mathematics, History/Social Studies and Science. Students should have ample guided practice time and review before being given the test for mastery of a given concept or skill. The teacher is expected to re-teach when necessary.

**Minimum Number of Grades:**

**Grades 1-2**

<table>
<thead>
<tr>
<th>Subjects</th>
<th>Minimum 1st, 2nd, 3rd Quarter</th>
<th>Minimum 4th Quarter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading</td>
<td>12</td>
<td>9</td>
</tr>
<tr>
<td>Writing</td>
<td>9</td>
<td>6</td>
</tr>
<tr>
<td>Mathematics</td>
<td>12</td>
<td>9</td>
</tr>
<tr>
<td>History/Social Sciences</td>
<td>9</td>
<td>6</td>
</tr>
<tr>
<td>Science</td>
<td>9</td>
<td>6</td>
</tr>
</tbody>
</table>

**Grades 3-5**

<table>
<thead>
<tr>
<th>Category</th>
<th>Minimum Number of Grades</th>
<th>Percentages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tests</td>
<td>2</td>
<td>35%</td>
</tr>
<tr>
<td>Quizzes</td>
<td>2</td>
<td>30%</td>
</tr>
<tr>
<td>Classwork</td>
<td>6</td>
<td>30%</td>
</tr>
<tr>
<td>Homework (Participation)</td>
<td>5</td>
<td>5%</td>
</tr>
</tbody>
</table>

Students receive twelve (12) class grades as outlined and five (5) homework grades each nine weeks. Feedback regarding accuracy will be given to homework. Credit for homework will be earned for participation. Reduce minimum classwork grades by two grades for each subject in the fourth nine weeks.

**Local Assessments:**

**Reading Nine Weeks Assessments**

Reading local Standards of Learning (SOL) Assessments are designed to measure students’ achievements throughout the year. Students in grades 1-5 take local assessments. The assessments are administered in correlation with the division-wide pacing guides. Testing is cumulative. Assessment scores are entered into the Teacher Access Center where parents have access to grades in Home Access Center. Kindergarten portfolios are maintained to provide evidence of progress and mastery. Students must achieve proficiency on local and/or State-mandated assessments in mathematics in order to be promoted to the next grade.
Mathematics Nine Weeks Assessments

Mathematics local Standards of Learning (SOL) Assessments are designed to measure students’ achievements throughout the year. Students in grades 1-5 take local assessments. The assessments are administered in correlation with the division-wide pacing guides. Assessment scores are entered into the Teacher Access Center where parents have access to grades in Home Access Center. Kindergarten portfolios are maintained to provide evidence of progress and mastery. Students must achieve proficiency on local and/or State-mandated assessments in mathematics in order to be promoted to the next grade.

History/Social Science Nine Weeks Benchmarks

Local History/Social Science Benchmarks are designed to measure students’ achievements throughout the year. Students take History/Social Science Benchmark Assessments which are administered in correlation with the division-wide pacing guides. Assessment scores are entered into the Teacher Access Center where parents have access to grades in Home Access Center. Kindergarten portfolios are maintained to provide evidence of progress and mastery.

Science Nine Weeks Benchmarks

Local Science Benchmarks are designed to measure students’ achievements throughout the year. Students take Science Benchmark Assessments which are administered in correlation with the division-wide pacing guides. Assessment scores are entered into the Teacher Access Center where parents have access to grades. Kindergarten portfolios are maintained to provide evidence of progress and mastery.

Phonological Awareness Literacy Screening (PALS) Assessments

The Phonological Awareness Literacy Screening (PALS) instrument is administered to Pre-K through grade 3 students in the fall, winter, and spring. PALS is the statewide literacy screening tool for Virginia Early Intervention Reading Initiative (EIRI). PALS screening is a proactive and preventative screening measure that assists teachers in providing differentiated, targeted instruction to meet individual needs of grade-level and struggling readers. The instrument is used to identify specific reading deficits and reduce the number of children with reading problems. Students who do not meet the required benchmark receive thirty minutes of additional researched-based, small group intervention. Summary reports are shared with parents after each administration and maintained in the student’s cumulative record.

STAR

The STAR Math and Reading Assessments are administered to grades 1-5 students in the fall, winter and spring. Summary reports are shared with parents after each administration and maintained in the student's cumulative record.

Homework

Homework will be reviewed as independent student and/or a reinforcement activity; therefore, it should be completed outside the regular class time. Teachers should teach the lesson, check for understanding, and give guided practice during the class time. The student’s level of performance and the difficulty of the assignment will be considered in determining the amount of homework assigned. The principal will be the final authority at the building level for determining when a teacher may make an exception to the homework requirements.

The following homework time allocation guidelines are recommended:

<table>
<thead>
<tr>
<th>GRADE</th>
<th>TIME TO COMPLETE HOMEWORK</th>
</tr>
</thead>
<tbody>
<tr>
<td>K</td>
<td>Up to 10 minutes (optional)</td>
</tr>
<tr>
<td>1</td>
<td>10-20 minutes</td>
</tr>
<tr>
<td>2</td>
<td>Up to 20 minutes</td>
</tr>
<tr>
<td>3</td>
<td>Up to 30 minutes</td>
</tr>
<tr>
<td>4</td>
<td>Up to 40 minutes</td>
</tr>
<tr>
<td>5</td>
<td>Up to 50 minutes</td>
</tr>
</tbody>
</table>

Daily homework will be checked for accuracy with feedback given to students in a timely manner. Students will be held accountable for homework assignments and included in no more than 5% off a student’s grade.
Promotion Policy:

A. Suffolk Public School complies with the State Board of Education’s Standards of Quality and Standards of Accreditation. Promotion will be based on achievement. Decisions as to whether one should promote or retain a student will be based on the knowledge of those adults working closest with the student in the educational setting. Whenever educational evaluations are available these will be used in determining whether a student is promoted or retained. For students with disabilities, consideration shall be given to the impact of their disability on academic performance.

B. Except in cases where the school superintendent recommends student promotion based on rationale determined by the division, the promotion criteria must be met. Suffolk Public Schools shall use multiple criteria which include, but are not limited to, the following: (i) successful completion of core coursework, (ii) achieving proficiency on local and/or State-mandated assessments in literacy and numeracy in grades K-8; (iii) successful completion of minimum verified credits in grades 9-12, and (iv) meeting the requirements of the divisions attendance policy to determine a student’s promotion status.

C. The school superintendent shall develop regulations for promotion of students enrolled in Suffolk Public Schools.

Retentions:

Parents shall be notified on the student’s report card, by the principal and teacher beginning at the end of the second marking period if the student is being recommended for retention. Specific reasons for the possible retention shall be documented and provided to the parent.

When a student has been consistently retained, the student’s educational progress should be assessed by the teacher and principal and the student recommended for individual testing and placement if deemed appropriate.

Retention Appeals:

All retention appeals must be submitted in writing within ten (10) days after the last teaching day of the school year. In cases of appeal, the superintendent has the authority to reverse the decision. If the retention is upheld, parents have the right to appeal to the School Board.

Report Card:

One form of communication between school and parent is a student’s report card. Students are formally (and informally) assessed in the core subjects as well as resource classes and citizenship each nine weeks. Report cards are sent home four times a year communicating to parents the status of the student’s academic and social progression or lack thereof. The system-wide grading scale and promotion policy are stated on the report card to ensure that parents are aware of specific guidelines.

Honor Roll Recognition for Elementary Schools:

Students in grades one through five will be recognized as an Honor Roll Student by making A’s and B’s in all academic subjects.

MIDDLE SCHOOL INSTRUCTIONAL SERVICES

MIDDLE SCHOOL GRADING KEY:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>outstanding progress, superior work: 100-93</td>
<td>100-93</td>
</tr>
<tr>
<td>A-</td>
<td>outstanding progress, superior work: 92-90</td>
<td>92-90</td>
</tr>
<tr>
<td>B+</td>
<td>good, better than average accomplishments: 89-87</td>
<td>89-87</td>
</tr>
<tr>
<td>B</td>
<td>good, better than average accomplishments: 86-83</td>
<td>86-83</td>
</tr>
<tr>
<td>B-</td>
<td>good, better than average accomplishments: 82-80</td>
<td>82-80</td>
</tr>
<tr>
<td>C+</td>
<td>average progress and accomplishments: 79-77</td>
<td>79-77</td>
</tr>
</tbody>
</table>
C average progress and accomplishments: 76-73

C- average progress and accomplishments: 72-70

D+ poor, but passing: 69-67

D poor, but passing: 66-63

F unsatisfactory: below 63

Grades on all daily activities, tests, and report cards shall carry only the above marks as indicated for the specified grade levels. Additional comments may be included on the report cards.

MIDDLE SCHOOL GRADING RATIONALE AND MINIMUM NUMBER OF GRADES

The four grade categories are as follows:
(Revised July 11, 2014)

<table>
<thead>
<tr>
<th>Category</th>
<th>Minimum Number of Grades</th>
<th>Percentages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tests</td>
<td>3</td>
<td>35%</td>
</tr>
<tr>
<td>Quizzes</td>
<td>4</td>
<td>30%</td>
</tr>
<tr>
<td>Classwork</td>
<td>8</td>
<td>30%</td>
</tr>
<tr>
<td>Homework</td>
<td>8</td>
<td>5%</td>
</tr>
</tbody>
</table>

Semester grades will be averaged and printed on each student’s report card for all core subjects. First semester exams will be counted as one test grade on the second grading period in all core subjects except Algebra I, Geometry, Earth Science, and Foreign Language. First semester exams in Algebra I and Foreign Language will be counted as one seventh of the first semester average. Second semester exams will be counted as one test grade on the fourth grading period in all core subjects except Algebra I and Foreign Language. Second semester exams in Algebra I, Geometry, Earth Science, and Foreign Language will be counted as one seventh of the second semester average. Reduce minimum classwork grades by two for each subject in the fourth nine weeks.

ADDITIONAL MIDDLE SCHOOL GRADING PRACTICES

TESTS AND QUIZZES
Students should have no less than five calendar days’ notice prior to the test administration. “Pop quizzes” are not to be given.

HOMEWORK
The basic purposes of homework are practice, preparation for new learning and elaboration of learning. Homework assigned for practice should only be assigned after students are provided an opportunity for guided practice. Homework should be assessed for attempt, not mastery. Homework is most effective when teachers provide comments.

MAKE-UP WORK
Make-up work due to an absence is due within five days after the student’s return to school. It is the responsibility of the student to check with his/her teacher about all make-up work.
NO CREDIT OPTION FOR MIDDLE SCHOOL STUDENTS
Middle school students who enroll in and successfully complete high school courses receive high school credit, which counts toward meeting the state-prescribed graduation requirements. The course grades become a part of the high school transcript and are included in the student’s grade point average.

Virginia Board of Education regulation VAC 20-131-90C, effective for the 2003-2004 school year and subsequent school years, allows parents to request that final grades in credit-bearing courses taken in middle school be omitted from the student’s transcript and the student not earn high school credit for the course.

If the course removed is the first course in a sequence of courses, i.e. a prerequisite for further courses in the same curricular area, that course must be taken again for credit and completed satisfactorily before the student can be enrolled in any other course(s) in the sequence. Parents are mailed a letter detailing this option. The parent must complete the supplied form and return it to the Director of Secondary within ten (10) school (business) days.

HONOR ROLL RECOGNITION

Elementary school; Middle school; High school. - All students in elementary school (grades 1-5), Middle school (grades 6-8), and high school (grades 9-12) are eligible for receiving recognition for academic achievement (Honor Roll) when at the end of a grading period they have earned on their report card letter grades no less than a “B-“ in all subject areas. This includes in elementary school a grade of “S” in art, music, and physical education; in middle school, letter grades no less than a “B-“ in all exploratory courses; and in high school, letter grades no less than a “B-“ in all electives. (Issued September 12, 2001; Revised May 3, 2011; Effective: July 1, 2011)

MIDDLE SCHOOL PROMOTION POLICY

Grades 6 through 8 promotion criteria. — Except in cases where the school superintendent recommends student promotion based on rationale determined by the division, the promotion criteria must be met. Suffolk Public Schools shall use multiple criteria which include but are not limited to: (i) successful completion of the four core subjects of English, Mathematics (which may include a high school credited math course) Science, and History/Social Studies, (ii) achieving proficiency on local and/or State-mandated assessments in English and Mathematics (which may include a high school credited math course); and (iii) meeting the requirements of the division’s attendance policy.

Students are expected to master each grade level’s objectives. Proficiency is obtained by achieving a minimum of 70% on local assessments and/or 400 on State-mandated assessments.

Students failing no more than one core subject in middle school may attend summer school for promotion. Promotion will be dependent on the student’s successful completion of the course with a passing grade. Any student in grades 6 through 8 who fails the local or State assessment may be required to attend summer school or other remediation. (Issued July 11, 2014)
## HIGH SCHOOL INSTRUCTIONAL SERVICES

### HIGH SCHOOL GRADING SCHEDULE

**Grading Scale**

Effective with the 2019-2020 School Year

(Revised August 12, 2019)

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Score Range</th>
<th>Progress Statements</th>
<th>General</th>
<th>GSA, Honors and Pre-International Baccalaureate (Pre-IB) + (0.5)</th>
<th>Advanced Placement, Dual Enrollment, International Baccalaureate (IB), and Project Lead the Way + (1.0)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>100-93</td>
<td>Outstanding progress, superior work</td>
<td>4.0</td>
<td>4.5</td>
<td>5</td>
</tr>
<tr>
<td>A-</td>
<td>92-90</td>
<td></td>
<td>3.7</td>
<td>4</td>
<td>.2</td>
</tr>
<tr>
<td>B+</td>
<td>89-87</td>
<td></td>
<td>3.3</td>
<td>3.8</td>
<td>4.3</td>
</tr>
<tr>
<td>B</td>
<td>86-83</td>
<td>Good, better than average progress</td>
<td>3.0</td>
<td>3.5</td>
<td>4</td>
</tr>
<tr>
<td>B-</td>
<td>82-80</td>
<td></td>
<td>2.7</td>
<td>3.2</td>
<td>3.7</td>
</tr>
<tr>
<td>C+</td>
<td>79-77</td>
<td></td>
<td>2.3</td>
<td>2.8</td>
<td>3.3</td>
</tr>
<tr>
<td>C</td>
<td>76-73</td>
<td>Average progress</td>
<td>2.0</td>
<td>2.5</td>
<td>3</td>
</tr>
<tr>
<td>C-</td>
<td>72-70</td>
<td></td>
<td>1.7</td>
<td>2.2</td>
<td>2.7</td>
</tr>
<tr>
<td>D+</td>
<td>69-67</td>
<td></td>
<td>1.3</td>
<td>1.8</td>
<td>2.3</td>
</tr>
</tbody>
</table>
Grades on all daily activities, test and report cards shall carry only the above marks as indicated for the specified grade levels. Additional comments may be included on the report cards.

**High School Grading Regulations and Minimum Number of Grades**

The four grade categories are as follows:

<table>
<thead>
<tr>
<th>Category</th>
<th>Percent of Nine Week Grade</th>
<th>Minimum Number of Grades</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test, Major Projects</td>
<td>40%</td>
<td>3</td>
</tr>
<tr>
<td>Quizzes, Short Term Projects</td>
<td>30%</td>
<td>4</td>
</tr>
<tr>
<td>Daily grades</td>
<td>20%</td>
<td>5</td>
</tr>
<tr>
<td>Homework</td>
<td>10%</td>
<td>5</td>
</tr>
</tbody>
</table>

The grade categories and percentages will vary in career and technical education courses. More grade weight is placed on classroom activities and daily work as the ultimate goal in career and technical education is productivity. The grade categories and percentages will also vary in art and music courses. Reduce minimum grades required by one in the fourth nine weeks.

**Semester Grades for High School**

To determine the semester grade average, each nine (9) weeks grade shall be added three times and the exam grade added one time with the total divided by seven (7). Term grades should be determined by averaging the semester grades. For example, 88 first semester and 94 second semester, totals 182 divided by 2 equals 91 which is the term grade.
CLASS RANK: HIGH SCHOOL STUDENTS

A. In computing class rank of high school students the following procedures shall be used:

Each indicated value for a year credit is to be recorded once. The values are to be totaled (i.e., the grade for a two credit course will count two times; the grade for a three credit course will count three times). Divide the total value by the number of credits earned to obtain the cumulative grade point average. The division of the total is to be carried three decimal places in obtaining the grade point average of the student.

B. A student may repeat a course and the higher grade will be used in determining class rank.

C. Class rank is to be determined by assigning the highest average rank a number one; the second highest rank a number two; etc. In cases where more than one student has the same numerical average, all students with that average will be given the same rank. The next highest average will assume the next rank position, which will indicate the number of students having a higher rank.

Example:

<table>
<thead>
<tr>
<th>Student No.</th>
<th>Grade Point Average</th>
<th>Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>3.988</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3.988</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>3.897</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>3.897</td>
<td>3</td>
</tr>
</tbody>
</table>

The student with the next highest average shall have the rank of five in the class, indicating that there are four students higher.

D. Students shall be ranked at the end of the first semester of the senior year. Only those high school credits earned through high school and any high school credits earned in 8th grade will be used in the ranking (i.e., a total of semesters work and any high school credits earned in 8th grade).

E. To be considered a valedictorian or salutatorian, a student must have completed a minimum of two (2) regular semesters in Suffolk Public Schools prior to computation of class rank.

F. Class rank will be announced the last (fourth) grading period. In determining class rank, weighted points will be given for any advanced placement, honors and/or dual credit grades earned in another school division which correspond with weighted courses offered by Suffolk Public Schools. A student may repeat a course and the higher grade will be used in determining class rank. In the case of a sequential course, the lower level course must be taken and the student must earn a passing grade before the student is eligible to take a higher level course. If the student should decide to repeat a lower level course after having taken the higher level course, the lower level course grade will be used for computing class rank, even though the student may have earned a higher grade after repeating the lower level course.

G. A student with a 3.000 average or above is to be considered an honor graduate.

H. Grade point averages (GPA’s) will be carried three decimal places in obtaining the grade point average of the student and will not be rounded.

HIGH SCHOOL PROMOTION POLICY

Promotion Policy for Students who Entered Grade 9 in 2003 to 2011-2017:

- Grade 9 Successfully completed Grade 8
- Grade 10 Successful completed at least five (5) units including English 9, a Mathematics, and three (3) other courses AND have at least one verified credit in Science, Social Science or Mathematics
- Grade 11 Successfully completed at least ten (10) units including English 11 and one Mathematics, one Science, and one Social Science AND have one verified Mathematics, one Science, and one Social Science for a total of three verified credits
● Grade 12  Successfully completed at least fifteen (15) units including English and two Mathematics, two Sciences, and two Social Sciences and enrollment in those courses which will lead to graduation upon successful completion AND have one verified Mathematics, one Science, one Social Science and one English for a total of four verified credits

● Graduation  Successfully completed at least twenty two (22) units and at least six (6) verified credits: two (2) English, one (1) mathematics, one (1) science, one (1) history, and one (1) student selected.*

The following information applies to students who entered Grade 9 in 2018-2019 and beyond:

● Grade 9  Successfully completed Grade 8

● Grade 10  Successfully completed at least five (5) units including English 9, a Mathematics, and three (3) other courses AND have at least one verified credit in Science, Social Science or Mathematics

● Grade 11  Successfully completed at least ten (10) units including English 10 and one Mathematics, one Science, and one Social Science AND have two (2) verified credits in Mathematics, Science, or Social Science for a total of two (2) verified credits

● Grade 12  Successfully completed at least 15 units including English 11 and two Mathematics, two Sciences, and two Social Sciences and enrollment in those courses which will lead to graduation upon successful completion AND have verified one Mathematics, one Science, one Social Science and one English for a total of four verified credits

● Graduation  Successfully completed at least 22 units and at least five (5) verified credits: two (2) English, one (1) mathematics, one (1) science, and one (1) history.

*A verified credit is earned by successful completion of a SOL course and passing the corresponding SOL assessment.

**Requirements for Graduation**


Approved Courses
Courses approved for the Standard and Advanced Studies Diplomas are available at: [http://www.doe.virginia.gov](http://www.doe.virginia.gov)

Additional Requirements
Students entering 9th grade in 2013-2014 and beyond will be required by VDOE to complete a virtual course (Standard and Advanced Studies Diplomas) and obtain an industry credential (Standard Diploma). The students Health and Physical Education 9 and 10 courses will be a blend of face-to-face and virtual. Students will be required to complete selected virtual modules/lessons in each of the courses. Successful completion of both of the classes’ modules will meet the requirement for the virtual course. Students are also required to complete an Economic and Personal Finance course which includes an industry credentialing assessment. Successful completion of the Economic and Personal Finance assessment or an assessment associated with another Career and Technical Education course will satisfy the industry credentialing requirement.

Students seeking a standard diploma are required to complete at least two sequential electives. Students are strongly encouraged to complete a sequence in career and technical education to match their career plans.

Community Service Requirement
Students enrolled in 9th grade 2013-2014 and beyond will be required to complete 50 hours of community service such as: volunteering for a charitable or religious organizations that provide services to the poor, sick or less fortunate; participating in Boy Scouts, Girl Scouts or similar youth organizations; participating in political campaigns, government internships, and participating in school-sponsored extracurricular activities that have a civics focus.
Students must successfully complete one of the following diploma plans:

### STANDARD AND ADVANCED DIPLOMA OPTIONS

<table>
<thead>
<tr>
<th>Discipline Area</th>
<th>Standard Diploma Standard Credits</th>
<th>Advanced Diploma Standard Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Laboratory Science</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>History and Social Sciences</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Health and Physical Education</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>World Language</td>
<td>Optional (1 or more)</td>
<td>3 or more</td>
</tr>
<tr>
<td>Fine Arts, or Career and Technical</td>
<td>1 or more</td>
<td>1</td>
</tr>
<tr>
<td>Economics and Personal Finance</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Electives</td>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

**Total Credits**

<table>
<thead>
<tr>
<th>Standard Diploma</th>
<th>Advanced Diploma</th>
</tr>
</thead>
<tbody>
<tr>
<td>22</td>
<td>26</td>
</tr>
</tbody>
</table>

### GRADUATION REQUIREMENTS (Verified Credits)

Beginning with the graduating Class of 2004, students will be required to earn verified credits by passing a specific number of End-of-Course SOL tests in certain subject areas prior to high school graduation.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>English: Writing</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>Meets Standards- Based IEP Goals</td>
</tr>
<tr>
<td>English: Reading</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>Meets Standards- Based IEP Goals</td>
</tr>
</tbody>
</table>
Any student enrolled in an alternative education program may be promoted or retained based on regulations specific to each program and/or grade level. (Issued July 11, 2014; Revised June 12, 2018; Effective June 12, 2018)

Legal Authority – School Board Policy § 8-33.1

THE HIGH SCHOOL CURRICULUM

Students have the opportunity to enroll in a variety of courses through the high school program. The high school courses are aligned with the Virginia Standards of Learning. Advanced placement courses are aligned with the College Board standards and dual credit courses meet the community college standards.

Check the Program of Studies for the complete listing of current course offerings. (http://www.spsk12.net/departments/high/program-of-studies/)

ALTERNATIVES TO ANIMAL DISSECTION

VIRGINIA BOARD OF EDUCATION GUIDELINES

House Bill 1018, the 2004 General Assembly Code of Virginia § 22.1-200.01

Introduction

Pursuant to House Bill 1018, the 2004 General Assembly amended the Code of Virginia to include § 22.1-200.01 directing the Board of Education to establish guidelines to be implemented by local school divisions regarding alternatives to animal dissection. The Board of Education recognizes that divergent opinions may exist about the role of animal dissection as a means of achieving certain instructional goals in the biological sciences. Therefore, in order to ensure the integrity of the instructional program, while respecting legitimate objections to animal dissections, the Alternatives to Animal Dissection Guidelines must be observed. These guidelines will apply to all public schools.

Code of Virginia § 22.1-200.01 § 22.1-200.01 Alternatives to animal dissection.

Local school divisions shall provide students with alternatives to animal dissection techniques within the relevant public school curriculum or course. The Board of Education shall establish guidelines to be implemented by local school divisions regarding such alternative dissection techniques. Such guidelines shall address, but shall not be limited to, (i) the use of detailed models of animal anatomy and computer simulations as alternatives to dissection;
(ii) notification of students and parents of the option to decline to participate in animal dissection; and (iii) such other issues as the Board deems appropriate.

Definition of Dissection

“Dissection” involves the manipulation of properly preserved animals or animal parts for scientific study, which includes incising and may be followed by inspecting, touching, handling, and mounting.

DISSECTION GUIDELINES

1. Alternatives to animal dissection are available to students in Suffolk Public Schools.
2. One or more alternatives to animal dissection techniques, including, but not limited to, computer programs, Internet simulations, plastic models, videotapes, digital videodiscs, and charts, are available in the relevant biological sciences classes that incorporate dissection exercises. The alternative technique will require a comparable amount of time and effort as the dissection exercise.
3. The alternative technique will be chosen to provide the student, through means other than dissection, with knowledge similar to that expected to be gained by other students in the course who perform, participate in, or observe the dissection.
4. Testing procedures that do not require the use of dissected specimens will be an option for those who choose an alternative technique.
Suffolk Public Schools
OPTING OUT OF PHYSICAL ANIMAL DISSECTIONS

In accordance with Virginia Board of Education guidelines regarding dissections, Suffolk Public Schools will provide alternatives to physical dissections for students who may be disturbed by the process.

The alternatives may include, but are not limited to, computer simulation, plastic models, video, or charts. The teacher’s discretion will be used in selecting the dissection alternative. The student will be provided with information and assistance as deemed necessary.

Any student objecting to participation in physical animal dissections is required to obtain a signature from his or her parent or legal guardian.

Please sign this form for opted-out status.

I, _____________________________ (student), have read and understand the state guidelines for animal dissection. I am choosing to use alternative dissection methods.

I, _____________________________ (parent), have read the state guidelines. I have discussed these guidelines with my child. He/she has my permission to utilize alternative dissection methods.

Student’s Signature _____________________________ Date ________________

Parent’s Signature _____________________________ Date ________________

WHITE-Student/Parent CANARY- Science Teacher

(DO NOT REMOVE: FORM IS AVAILABLE AT YOUR CHILD’S SCHOOL)
TRANSFER STUDENTS

Records of transferred students shall be sent directly to the school receiving the student upon request of the receiving school. This must be completed within five (5) business days from the receipt of the request.

The transcript of a student who graduates or transfers from a Virginia secondary school shall show that a minimum of 22 units of credit courses in grades 9-12 are required for graduation for students in high school.

Students transferring into a Virginia school division shall be required to earn 22 units of credit or the equivalent for graduation. Each student's prior record shall be evaluated to determine the number and content of additional credits required for graduation. Specified courses normally taken at lower grade levels shall not be required, provided the student has completed the courses required at those grade levels by the school division or state from which he/she transferred. Students transferring from states not giving credit for health and physical education shall not be required to repeat these courses.

See the following state website on transfers for more information:

POTENTIAL RETENTION

Parents shall be notified the 3rd marking period that the child is being considered for retention. Specific reasons for the recommended retention shall be documented and provided to the parent.

DIPLOMAS & CERTIFICATES

ELEMENTARY & MIDDLE SCHOOL CERTIFICATES AND CEREMONIES

Graduation certificates shall not be issued to students moving from one grade level or school nor should any of these ceremonies be designated as “graduation” ceremonies.

CERTIFICATES OF GENERAL EDUCATIONAL DEVELOPMENT

The State Department of Education will issue a General Education Development Certificate to those persons who apply for, and successfully complete, required examinations under the following restrictions:

1. The applicant must be at least 18 years of age. Under no circumstances may an applicant be permitted to take the test prior to the time that he/she would have graduated had he/she remained in school and made normal progress.
2. The applicant must be a resident of Virginia and must be a legal resident of Suffolk at the time of testing.
3. The applicant must attain a passing score 145 on each of the complete battery of tests provided by GED Testing Services.
4. Successful completion of the GED test will not entitle the successful applicant to a high school diploma; however, a certificate of equivalency will be issued which is accepted by certain employers and/or schools in lieu of a high school diploma by the State Department of Education.
5. An applicant who fails to qualify for a certificate after their third attempt may be retested provided at least 60 days have lapsed since the last testing.
6. A Virginia resident must make application in the school division in which he/she lives. The application must be approved by the school division Superintendent or designee.

SUFFOLK TRANSITIONAL EDUCATIONAL PROGRAM

1. The applicant must be at least 16 years old.
2. Student is required to be enrolled in a career and technical education course during the school year.
3. Student is required to be enrolled in a GED preparation course during the school year.
4. Student will need to obtain a 7.5 grade reading level and 125 on each of the Official Practice Tests (OPT) to enter into the ISAEP program.
INDIVIDUALIZED STUDENT ALTERNATIVE EDUCATION PLAN (ISAEP)
1. Students must be at least 16 years of age.
2. Students must qualify for ISAEP by passing a reading test and scoring at least a 125 on each of the Official Practice Tests (OPT) to be eligible for enrollment.
3. Students must score at least a 145 on OPT to be recommended to take the GED test.
4. Students must also meet the requirements for completion of a career and technical education course
5. Students must meet requirements 2 through 6 as described for those 18 years and older
6. Beginning July 1, 2012, all students enrolled in an ISAEP program must be enrolled in coursework whose goal is the attainment of a Board of Education-approved career and technical education (CTE) credential and complete coursework in economics and personal finance in addition to preparing for and taking the GED® Tests.

CREDIT FOR EDUCATIONAL EXPERIENCES IN THE ARMED FORCES
The amount of credit that may be awarded a veteran shall be determined at the discretion of the Superintendent and the principal in accordance with the recommendations of the American Council on the Education's publication, A Guide to the Evaluation of Educational Experiences in the Armed Services.

DANTES – DEFENSE ACTIVITY FOR NON-TRADITIONAL EDUCATIONAL SUPPORT
Veterans or members of the armed services must take, and successfully complete, the General Educational Test before they will be eligible for issuance of a Certificate of General Educational Development. The Certificate of General Educational Development will not be issued on the results of tests administered by the armed forces.

STANDARDIZED TESTING
THE STANDARDS OF LEARNING ASSESSMENTS
The Standards of Learning Assessments were designed to measure student achievement throughout the State of Virginia. Students in grades 3 through 8 and high school students are tested in selected core areas. Students in grades 8 and 11 will also be assessed in Writing. During the spring of each year, Standards of Learning testing is administered to students who are currently enrolled in SOL tested subjects. High school students are provided an opportunity to test during the summer, fall and spring each year.

VIRGINIA STANDARDS OF LEARNING (FREQUENTLY ASKED QUESTIONS)
➤ How do I ask the school district a question about the Standards of Learning Testing?
➤ What is the link between the SOL and the SOL tests?
➤ What are the SOL tests?
➤ Who takes the SOL tests?
➤ What can parents do to help?
➤ What are the consequences for not passing the SOL tests?
➤ What if I’m a student who failed my class but passed the SOL test?
➤ Are we using the results from the tests to identify areas that need improvement - at the school and student level?
➤ Do all special education students take the SOL tests? Are special accommodations made for those who need assistance?
➤ What about transfer students - do they have to take the tests?

How do I ask the school district a question about the Standards of Learning Testing?
Aside from directing questions to your child’s teachers and principal, you can direct SOL test questions to the Assessment Department.

What is the link between the SOL and the SOL tests?
The SOL tests contain questions that are based on the standards. The purpose of the SOL tests is to measure how well students have learned the knowledge, processes, and skills.

What are the SOL tests?
The Standards of Learning tests are a way of assessing and teaching learning. The tests are accountability measures designed to assess how well students have learned the state standards.
Who takes the SOL tests?
Students enrolled in grades 3 through 8 are administered tests designed to measure grade level content. The tests are given annually in English and mathematics to students in grades 3 through 8. The science tests are administered in grades 5 and 8. The history/social science tests are administered in grades 4 and 7. Students in high schools and middle schools who are enrolled in an end-of-course subject are administered tests in Reading/Literature and Research, Writing, Algebra I, Algebra II, Geometry, Earth Science, Chemistry, Biology, U.S. History I and II, and VA & US History.

What can parents do to help?
It is a better partnership when parents and the schools are working together to ensure that the student is mastering the concepts and skills needed. Parents should also take an interest in what their child is learning, set aside time without distractions for homework, and communicate with teachers regularly, especially if there are questions or concerns. Even for high school students, it is important for parents to monitor what the student is learning and emphasize the importance of doing well. Helping children understand the importance of taking tests seriously is another big part of what a parent can do. Also, be sure students are rested and eat a good breakfast on testing days, and offer plenty of encouragement and support. Finally, there are two critical things a parent can do to help their child be successful in school: (1) Keep your child motivated to learn. (2) Encourage good behavior in school.

What are the consequences for not passing the SOL tests?
To be awarded a standard diploma, a student must pass six end-of-course tests administered in high school. Students must also get a passing grade in the course in order to get the verified credit. To be awarded an advanced studies diploma, a student must pass nine end-of-course tests administered in high school.

What if I’m a student who failed my class but passed the SOL test?
Passing the SOL test is only one of the multiple criteria for earning verified credit in that course. If you fail the class, you still have to meet the necessary requirements as set forth by the school division to pass that course.

Are we using the results from the tests to identify areas that need improvement — at the school and student levels?
We are working with teachers and helping them understand how to look at that test data and see what areas need to be addressed. We are looking at better ways to communicate individual student’s test data with parents. Ideally, a teacher will review an individual student’s test data and determine the areas for improvement. The teacher will then inform the parent and suggest areas they can help with at home. The teacher will also work with the child in class. In addition, we need to make sure teachers are teaching the subject matter the same way the students will be tested. Furthermore, the school district needs to make sure the SOL’s are aligned with the curriculum, and that the teachers are comfortable teaching them.

Do all special education students take the SOL tests? Are special accommodations made for those who need assistance?
All students must take the SOL tests unless it is deemed inappropriate in their Individualized Educational Plan (IEP), English as a Second Language Plan (ESL) or 504 Plan. Those who will not take the test because it is written into their plan will be expected to demonstrate proficiency on another type of alternative assessment prescribed by the Virginia Board of Education. The alternative forms of assessment are the Virginia Grade Level Assessment (VGLA), Virginia Alternate Program (VAAP) and the Virginia Substitute Evaluation Program (VSEP). The state does allow special needs students to use accommodations when taking SOL tests. The state also provides audio, Braille, and large print editions of the SOL tests.

What about transfer students — do they have to take the tests?
The state has addressed the issue of transfer students specifically at the twelfth grade level. Specific provisions have been made for students transferring at the beginning of their senior year. Students transferring after the beginning of the school year shall be given every opportunity to earn a standard or advanced diploma. However, if it is not possible to do that, then arrangements should be made for a diploma to be granted by their previous school. If that arrangement cannot be made, then a waiver of verified credit requirements may be granted. There is no definitive answer; decisions will be made on a case-by-case basis.

ADDITIONAL TESTING OPPORTUNITIES
Suffolk Public School students are also assessed using Local Standards of Learning assessments, PSAT, SAT, ASVAB, and Advanced Placement Tests.
EMERGENCY SCHOOL CLOSINGS

If an early closing of school becomes necessary due to weather conditions, etc., students need to know what to do and where to go when they get off the school bus. Parents should talk to their child concerning these procedures. The safety of students is our major concern. There may be times that school dismissal will be delayed due to extreme weather conditions or for other reasons. Using all the communications resources available, the division will work to get the message out to parents.

When a decision is made to close or delay the opening of Suffolk Public Schools because of weather conditions or to close a single school for other reasons, detailed information will be provided to area TV stations, announcements will be posted on www.spsk12.net and division social media sites, and automated phone calls will go out to students and staff. The numbers called are based on contact information stored in the division’s database.

DELAYED OPENING OF SCHOOL

Under the delayed opening plan for Pre-K - 12, the school day would begin either one or two hours later than usual due to inclement weather, hazardous conditions, or power outages. Bus pick-ups would begin either one or two hours later than normal pick up times dependent on the announced delayed opening. Elementary students would not be allowed to arrive before 10:00 a.m. on one hour delayed opening days and 11:00 a.m. on two hour delayed opening days. Secondary students would not be allowed to arrive before 8:00 a.m. (middle) / 9:00 (high) on one hour delayed opening days and 9:00 a.m. (middle) / 10:00 a.m. (high) on two hour delayed opening days as staff would not be available to supervise early arrivals. Breakfast would not be served on either delayed opening schedule. Lunch would be served. The YMCA school based before-school child care programs will follow the same delayed opening schedule to arrive at 7:30 a.m. on a one hour delay and 8:30 a.m. on a two hour delay. The "One or Two-Hour Delayed Opening" announcement would be carried by the same radio and television stations that carry school closure announcements and would be specifically announced as such. Dismissal time and after-school activities would remain the same unless otherwise noted. In the event of a school closing, the before and after school program will not be held in the schools. Registered students may attend the YMCA program at 2769 Godwin Blvd. at no extra charge.

DELAYED OPENING - FOOD & NUTRITION SERVICES

Breakfast will not be served. Staff will be notified and report no less than two hours prior to lunch service.

DELAYED OPENING - ELEMENTARY SCHEDULE

As most classes are self-contained, schedules will be adjusted accordingly.

DELAYED OPENING – MIDDLE SCHOOL/HIGH SCHOOL SCHEDULE

<table>
<thead>
<tr>
<th></th>
<th>One Hour Delay Schedule</th>
<th></th>
<th>Daily minutes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>High School</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blocks 1 and 2</td>
<td>Start 9:25:00 AM</td>
<td>End 10:32:00 AM</td>
<td>67</td>
</tr>
<tr>
<td>Blocks 3 and 4</td>
<td>Start 10:37:00 AM</td>
<td>End 11:44:00 AM</td>
<td>67</td>
</tr>
<tr>
<td>Blocks 5 and 6 (lunch)</td>
<td>Start 11:49:00 AM</td>
<td>End 2:03:00 PM</td>
<td>134 (97)</td>
</tr>
<tr>
<td>Block 7</td>
<td>Start 2:08:00 PM</td>
<td>End 3:00:00 PM</td>
<td>52</td>
</tr>
<tr>
<td><strong>Middle School 8th</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blocks 1 and 2</td>
<td>Start 8:25:00 AM</td>
<td>End 9:45:00 AM</td>
<td>80</td>
</tr>
<tr>
<td>Blocks 3</td>
<td>Start 9:49:00 AM</td>
<td>End 10:39:00 AM</td>
<td>50</td>
</tr>
<tr>
<td>Block 4 and 5</td>
<td>10:43:00 AM</td>
<td>11:58:00 AM</td>
<td>75</td>
</tr>
<tr>
<td>Blocks 6 and 7 (lunch)</td>
<td>12:02:00 PM</td>
<td>2:00:00 PM</td>
<td>118 (80)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Middle School 7th</strong></th>
<th><strong>Start</strong></th>
<th><strong>End</strong></th>
<th><strong>Daily minutes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Blocks 1 and 2</td>
<td>8:25:00 AM</td>
<td>9:45:00 AM</td>
<td>80</td>
</tr>
<tr>
<td>Block 3</td>
<td>9:45:00 AM</td>
<td>11:00:00 AM</td>
<td>75</td>
</tr>
<tr>
<td>Block 4 (lunch)</td>
<td>11:00:00 AM</td>
<td>12:45:00 PM</td>
<td>105 (75)</td>
</tr>
<tr>
<td>Block 5</td>
<td>12:45:00 PM</td>
<td>2:00:00 PM</td>
<td>75</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Middle School 6th</strong></th>
<th><strong>Start</strong></th>
<th><strong>End</strong></th>
<th><strong>Daily minutes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Block 1</td>
<td>8:25:00 AM</td>
<td>9:40:00 AM</td>
<td>75</td>
</tr>
<tr>
<td>Block 2 (lunch)</td>
<td>9:40:00 AM</td>
<td>11:25:00 AM</td>
<td>105 (75)</td>
</tr>
<tr>
<td>Block 3</td>
<td>11:25:00 AM</td>
<td>12:40:00 PM</td>
<td>75</td>
</tr>
<tr>
<td>Blocks 4 and 5</td>
<td>12:40:00 PM</td>
<td>2:00:00 PM</td>
<td>80</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th><strong>High School</strong></th>
<th><strong>Start</strong></th>
<th><strong>End</strong></th>
<th><strong>Daily minutes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Blocks 1 and 2</td>
<td>10:25:00 AM</td>
<td>11:09:00 AM</td>
<td>44</td>
</tr>
<tr>
<td>Blocks 3 and 4</td>
<td>11:14:00 AM</td>
<td>11:58:00 AM</td>
<td>44</td>
</tr>
<tr>
<td>Blocks 5 and 6 (lunch)</td>
<td>12:03:00 PM</td>
<td>2:03:00 PM</td>
<td>120 (82)</td>
</tr>
<tr>
<td>Block 7</td>
<td>2:08:00 PM</td>
<td>3:00:00 PM</td>
<td>52</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Middle School 8th</strong></th>
<th><strong>Start</strong></th>
<th><strong>End</strong></th>
<th><strong>Daily minutes</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Blocks 1 and 2</td>
<td>9:25:00 AM</td>
<td>10:25:00 AM</td>
<td>60</td>
</tr>
<tr>
<td>Blocks 3</td>
<td>10:29:00 AM</td>
<td>11:19:00 AM</td>
<td>50</td>
</tr>
<tr>
<td>Blocks 4 and 5</td>
<td>11:23:00 AM</td>
<td>12:18:00 PM</td>
<td>55</td>
</tr>
<tr>
<td>Blocks 6 and 7 (lunch)</td>
<td>12:22:00 PM</td>
<td>2:00:00 PM</td>
<td>98 (60)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Middle School 7th</strong></th>
<th><strong>Start</strong></th>
<th><strong>End</strong></th>
<th><strong>Daily minutes</strong></th>
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</thead>
<tbody>
<tr>
<td>Blocks 1 and 2</td>
<td>9:25:00 AM</td>
<td>10:25:00 AM</td>
<td>60</td>
</tr>
<tr>
<td>Block 3</td>
<td>10:25:00 AM</td>
<td>11:25:00 AM</td>
<td>60</td>
</tr>
<tr>
<td>Block 4 (lunch)</td>
<td>11:25:00 AM</td>
<td>12:55:00 PM</td>
<td>90 (60)</td>
</tr>
<tr>
<td></td>
<td>Start</td>
<td>End</td>
<td></td>
</tr>
<tr>
<td>-------</td>
<td>-------------</td>
<td>-----------</td>
<td>-------</td>
</tr>
<tr>
<td>Block 5</td>
<td>12:55:00 PM</td>
<td>2:00:00 PM</td>
<td>65</td>
</tr>
<tr>
<td>Middle School 6th</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Block 1</td>
<td>9:25:00 AM</td>
<td>10:25:00 AM</td>
<td>60</td>
</tr>
<tr>
<td>Block 2 (lunch)</td>
<td>10:25:00 AM</td>
<td>11:55:00 AM</td>
<td>90 (60)</td>
</tr>
<tr>
<td>Block 3</td>
<td>11:55:00 AM</td>
<td>12:55:00 PM</td>
<td>60</td>
</tr>
<tr>
<td>Blocks 4 and 5</td>
<td>12:55:00 PM</td>
<td>2:00:00 PM</td>
<td>65</td>
</tr>
</tbody>
</table>

**TRANSPORTATION FOR DELAYED OPENING OF SCHOOL**

Upon receiving a delayed opening, parents should adjust their times according to the type of delay (1-hour or 2-hour). Please note the bus tracking app will not be available under delayed or early dismissal plans.

**COMMUNICATIONS**

**SCHOOL MESSENGER NOTIFICATION SYSTEM**

Suffolk Public Schools continues to use the automated notification system called School Messenger to keep parents updated about emergency situations, weather closings or delays, and general announcements. The student telephone number dialed by the School Messenger is the primary phone number entered in the school division’s student information database. If parents are not receiving School Messenger calls, please check with your child's school to update the student information database.

School Messenger allows families to sign up for text messaging and email notifications as well. Courtesy notifications concerning daily student absences and delinquent school lunch accounts also use the system. The system is used as an enhancement, not a replacement, of the traditional communication methods in place, including the district website, letters or personal phone calls to parents, and announcements by the local media outlets.

**OTHER AUTOMATED COMMUNICATIONS**

In an effort to share information with families in a timely and convenient manner, Suffolk Public Schools uses the contact information you have provided to your child’s school for a variety of general communications. The telephone numbers may be used to make automated messaging calls for emergency situations, as well as student attendance, student meal balances, late buses, surveys, and both division-level and school-specific announcements. The email addresses may be used for similar communications, as well as electronic flyers through Peachjar e-flyer system.

**NEWS MEDIA RELATIONS**

**USE of STUDENT PHOTOGRAPHS & VIDEO**

In an effort to share the good things happening in our schools, Suffolk Public Schools cooperates with the news media and also posts items on its own website and social media sites throughout the year. This routine news coverage often involves newspapers, television stations, the school division’s website, social media, and other media agencies using photographs and videotapes of students, as well as student writings and student answers to reporters' interview questions. Please note the school division seeks to ensure that such media access to students will not unreasonably disrupt instruction or jeopardize the safety of students or staff. The division carefully screens all requests from outside groups to ensure student accomplishments are highlighted in a responsible and appropriate way. Some examples of news we may share include unique classroom activities and lessons, artistic awards and performances, and academic recognitions, such as honor roll lists. Information about your child, including his/her name, grade, age, photograph, and comments may be published if s/he is part of one of the activities. In addition, the same information and photos/videos of students taken throughout the school year may be randomly placed on the pages of the printed and web versions of school publications as well as shared with the media.
This year, Suffolk Public Schools continues its “opt-out of identification by media” policy. “Opt-Out” means that unless your child’s school has a signed “opt-out” form on file, your child’s information together with your child’s photo may be used in any of the above stated media capacities. Should you wish to “opt-out” and **NOT** permit your child’s photo together with your child’s information be publicly shared, please complete the form below and return to your child’s teacher no later than the second week of school. We will make every effort to honor your request, but there may be circumstances beyond our control. Please be aware that submitting a signed opt-out form does not prevent Suffolk Public Schools from photographing or videotaping your child to share publicly. It only prevents Suffolk Public Schools from providing your child’s information together with your child’s photo.

If you have questions, call the Communications & Engagement Department, at (757) 925-6752.
NEWS MEDIA OPT-OUT FORM

Parents: You do NOT turn in this form if you agree that Suffolk Public Schools can share your child’s photo & information for publicity and recognition. This form is optional, not mandatory.

School Year 2019-2020

Dear Parent or Guardian,

In an effort to share the good things happening in our schools, Suffolk Public Schools cooperates with the news media and also posts items on its own website and social media sites throughout the year. This routine news coverage often involves newspapers, television stations, the school division’s website, social media, and other media agencies using photographs and videotapes of students, as well as student writings and student answers to reporters’ interview questions. Please note the school division seeks to ensure that such media access to students will not unreasonably disrupt instruction or jeopardize the safety of students or staff. The division carefully screens all requests from outside groups to ensure student accomplishments are highlighted in a responsible and appropriate way. Some examples of news we may share include unique classroom activities and lessons, artistic awards and performances, and academic recognitions, such as honor roll lists. Information about your child, including his/her name, grade, age, photograph, and comments may be published if s/he is part of one of the activities. In addition, the same information and photos/videos of students taken throughout the school year may be randomly placed on the pages of the printed and web versions of school publications as well as shared with the media.

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PLEASE NOTE: YOU DO NOT HAVE TO FILL OUT THIS FORM IF YOU PERMIT YOUR CHILD’S PHOTO & INFORMATION TO BE SHARED.

OPT-OUT of IDENTIFICATION by MEDIA FORM for 2019-2020 SCHOOL YEAR

I elect NOT to permit Suffolk Public Schools to use my child’s information together with my child’s photo in any form of media publication (such as Internet, photography, publishing, recording or videotaping) generated by Suffolk Public Schools or news media organizations.

Child’s Full Name: ____________________________________________

School and Grade: __________________________________________ Date: _______________________

Parent/Guardian Full Name (Printed): __________________________________________

Signature of Parent/Guardian: __________________________________________

Contact Telephone Number: __________________________________________
TECHNOLOGY
INTERNET POLICY

Article IV

REGULATIONS GOVERNING STUDENT
USE OF INFORMATION TECHNOLOGY RESOURCES

Section 6-4.1. Statement of purpose; safety training and supervision required; written parental consent required; student responsibility.— A. Suffolk Public Schools makes available to students access to its electronic communication system for educational purposes. The electronic communications system is defined as the District’s network, servers, computer workstations, telephones, printers, modems, video, fax transmissions, peripherals, applications, databases, library catalog, online resources, Internet access, email, multi-media, instructional materials, and any other technology designated for use by the District for students. Personal equipment (cell phones, laptops, iPods, iPod players, DVD players, cameras, other devices connected to the network wired or wireless, etc.) used on school property is also subject to this regulation. Use of the electronic communication system is a privilege. With this educational opportunity comes responsibility. In order for the School District to be able to make its computer network and Internet access available, all students must take responsibility for appropriate and lawful use of internet resources.

B. Teachers and other Staff will make reasonable efforts to provide Internet safety training and supervise student use of network and Internet access. Students must understand that inappropriate Internet use can result in one or more of the following: school discipline, loss of the privilege of using Internet resources and/or criminal prosecution.

C. Below is the Acceptable Use and Internet Safety Regulation ("Regulation") of the School District and the Data Acquisition Site that provides Internet access. Upon reviewing, signing, and returning this Regulation, a student will be eligible for Internet access at the school he/she attends. The "PARENT’S OR GUARDIAN’S AGREEMENT" must be signed and returned as Suffolk Public Schools cannot provide access to any student until the “PARENT’S OR GUARDIAN’S AGREEMENT” is signed and recorded. Also listed below are the provisions of your agreement regarding computer network and Internet use. If you have any questions about these provisions, you should contact the Suffolk Public Schools Technology Director.

D. Please note that Internet access is part of Suffolk Public Schools’ electronic communications systems. The Internet is a network of many types of communication and information networks, which are used frequently in classroom assignments and include access to library materials and purchased online databases. Some material accessible via the Internet may contain content that is illegal, inaccurate, or potentially offensive to students (or their parents). It is possible for students to access (accidentally or otherwise) these areas of content. While the District uses filtering technology and protection measures to restrict access to such material, it is not possible to absolutely prevent such access. It will be each student’s responsibility to follow the rules for appropriate and acceptable use.

Legal Authority – School Board Policy § 5-6.3

Section 6-4.2 Personal responsibility—By signing this Regulation, you are agreeing to follow all rules outlined in the regulation and to report violations of the regulation by other students.

Legal Authority – School Board Policy § 5-6.3

Section 6-4.3 Term of permitted use.— A student who returns a properly signed Regulation will have computer network and Internet access for the current school year (to include summer instructional activities).

Legal Authority – School Board Policy § 5-6.3

Section 6-4.4 Acceptable and unacceptable use; consequences for inappropriate use; netiquette—
A. Suffolk Public Schools is providing access to its computer networks and the Internet for educational purposes only.
B. Among the uses that are considered unacceptable and which constitute a violation of this regulation include, but are not limited to, the following:

1. Uses that violate the law or encourage others to violate the law (gambling, hacking, etc.).
2. Disabling, bypassing, or attempting to disable or bypass any system monitoring, filtering, or other security measures.
3. Transmittal of offensive or harassing messages.
4. Any use which is commercial in nature.
5. To use technology to view, transmit or download pornographic or otherwise objectionable materials.
6. Downloading or plagiarizing copyrighted information without permission from the copyright holder.
7. To use technology to download any program, partial program or game without the express permission of the supervising teacher and Suffolk Public Schools Technology Director.
8. Any use of the technology which causes harm to others or their property.
10. Sharing your username and/or password with others, borrowing someone else’s username (i.e. staff, teacher, or student), password or account access.
11. Any programming vandalism.
12. Any “hacking” activities.
13. Electronically posting personal information about yourself or others (i.e., addresses, phone numbers, pictures, etc.).
14. Electronically posting messages or accessing materials that are abusive, obscene, sexually oriented, threatening, harassing, damaging to another’s reputation, or illegal.
15. Wasting or abusing school resources through unauthorized system use (e.g. online gaming, Internet radio, downloading music, watching videos, participating in chat rooms, checking personal email, etc.).
16. Any activities designed to expose school district or other computers to computer “viruses”:
17. Purposefully opening, viewing, using, or deleting files belonging to another system user without permission
18. Provide personal/private information about any other individual over the Internet, including credit card numbers and social security numbers.
19. Inappropriate cyber communication (cyber threats, cyber bullying, harassment, and/or other inappropriate communications) through open social networking websites offering an interactive, user-submitted network of friends, personal profiles, blogs, groups, photos, music and videos (My Space, Face Book, You Tube, etc.) where students can send messages and pictures.
20. Gaining unauthorized access to restricted information or network resources.
21. Any violation of School Board policy or supporting regulations.

C. All users must abide by rules of network etiquette, which include the following:

1. Be polite. Use appropriate language. No swearing, vulgarities, suggestive, obscene, belligerent, or threatening language.
2. Avoid language and uses that may be offensive to other users. Do not use, distribute, or redistribute jokes, stories, or other materials that are based upon slurs or stereotypes relating to race, gender, ethnicity, nationality, religion, or sexual orientation.
3. Do not assume that a sender of e-mail is giving his or her permission for you to forward or redistribute the message to third parties or to give his/her e-mail address to third parties. This should only be done with permission or when you know that the individual would have no objection.
4. Be considerate when sending attachments with e-mail (where this is permitted). Be sure that the file is not too large (5 Mb or smaller) to be accommodated by the recipient’s system and is in a format that the recipient can open.

**Legal Authority** – School Board Policy § 5-6.3

**Section 6-4.5 Consequences for inappropriate use.**— The following consequences may be imposed for inappropriate use of the school division’s technology resources:

1. Suspension of access to the District’s electronic communications system;
2. Revocation of the District’s electronic communications system account(s); and/or
3. Other appropriate disciplinary or legal action in accordance with the Student Code of Conduct and applicable laws.

**Legal Authority** – School Board Policy § 5-6.3
Section 6-4.6. Internet general warning; disclosure of personal information prohibited; illegal activities; parental permission required for disclosure of personal identifiable information; use of filtering software required; network security and monitoring reviewed annually. A. All users and their parents/guardians are advised that access to the electronic network may include the potential for access to materials inappropriate for school-aged students. Every user must take responsibility for his or her use of the computer network and Internet and stay away from these sites. Parents are the best guide to materials to avoid. If a student finds that other users are visiting offensive or harmful sites, he or she should report such use to his/her supervising teacher.

B. In using the computer network and Internet, do not reveal personal information such as your home address or telephone number. Do not use your real last name or any other information which might allow a person to locate you without first obtaining the permission of a supervising teacher. Do not arrange a face-to-face meeting with someone you “meet” on the computer network or Internet without your parent’s permission. If someone attempts to arrange a meeting with you as a result of an internet contact you must report the communication, immediately, to your supervising teacher.

C. It is a violation of this Regulation to use the School’s computer network or the Internet to gain unauthorized access to other computers or computer systems, or to attempt to gain such unauthorized access. Any use which violates state or federal law relating to copyright, trade secrets, the distribution of obscene or pornographic materials, or which violates any other applicable law or municipal ordinance, is strictly prohibited.

D. Personally identifiable information concerning students may not be disclosed or used in any way on the Internet without the permission of a parent or guardian or, if the student is 18 or over, the permission of the student himself/herself. Users should never give out private or confidential information about themselves or others on the Internet, particularly credit card numbers, Social Security Numbers, and Student Testing Identifiers. Only a member of the school administration may authorize the release of student information, as defined by Virginia law, for internal administrative purposes or approved educational projects and activities.

E. The School, either by itself or in combination with the Data Acquisition Site providing Internet access, will utilize filtering software or other technologies to prevent students from accessing visual depictions that are (1) obscene, (2) child pornography, or (3) harmful to minors. The School Division may monitor the online activities of students, through direct observation and/or technological means, to ensure that students are not accessing such depictions or any other material that is inappropriate for minors. The term “harmful to minors” is defined by the Communications Act of 1934 (47 USC Section 254 [h] [7], as meaning any picture, image, graphic image file, or other visual depiction that taken as a whole and with respect to minors, appeals to a prurient interest in nudity, sex, or excretion; or depicts, describes, or represents, in a patently offensive way with respect to what is suitable for minors, an actual or simulated sexual act or sexual contact, actual or simulated normal or perverted sexual acts, or a lewd exhibition of the genitals; or taken as a whole, lacks serious literary, artistic, political, or scientific value as to minors.

F. Network security, filtering, and monitoring procedures will be reviewed and evaluated on a regular basis to address emerging technologies not currently deployed in the system.

Legal Authority – School Board Policy § 5-6.3

Section 6-4.7 No expectation of privacy rights. — Network and Internet access is provided as a tool for student education. The School District reserves the right to monitor, inspect, copy, review and store at any time and without prior notice any and all usage of the computer network and Internet access and any and all information transmitted or received in connection with such usage. All such information files shall be and remain the property of the School District and no user shall have any expectation of privacy regarding such materials.

Legal Authority – School Board Policy § 5-6.3

Section 6-4.8 Failure to follow Internet regulations. — A. The user’s use of the computer network and Internet is a privilege, not a right. A user who violates this regulation, shall at a minimum, have his or her access to the computer network and Internet terminated, which the School District may refuse to reinstate for the remainder of the student’s enrollment in the School District. A user violates this Regulation by his or her own action or by failing to report any violations by other users that come to the attention of the user. Further, a user violates this Regulation if he or she permits another to use his or her account or password to access the computer network and Internet, including any user whose access has been denied or terminated. The School District may also take other disciplinary action in such circumstances. In some instances inappropriate computer and Internet use violates state and/or federal laws and may result in criminal prosecution or juvenile court action.

Legal Authority – School Board Policy § 5-6.3

Section 6-4.9 No warranties of any kind; user assumes full responsibility; cooperation expected. — A. The School District makes no warranties of any kind, either express or implied, in connection with its provision of
access to and use of its computer networks and the Internet provided under this Regulation. It shall not be responsible
for any claims, losses, damages or costs (including fees) of any kind suffered, directly or indirectly, by any user or his
or her parent(s) or guardian(s) arising out of the user’s use of its computer networks or the Internet under this
Regulation. By signing this Regulation, users are taking full responsibility for his/her use, and the user who is 18 or
older or, in the case of a user under 18, the parent(s) or guardian(s) are agreeing to indemnify and hold the School, the
School District, the Data Acquisition Site that provides the computer and Internet access opportunity to the School
District and all of their administrators, teachers, and staff harmless from any and all loss, costs, claims or damages
resulting from the user’s access to its computer network and the Internet, including but not limited to any fees or
charges incurred through purchases of goods or services by the user. The user or, if the user is a minor, the user’s
parent(s) or guardian(s) agree to cooperate with the School in the event of the School’s initiation of an investigation
of a user and his or her access to its computer network and the Internet, whether that use is on a School computer or
on another computer outside the School District’s network.

**Legal Authority** – School Board Policy § 5-6.3

**Section 6-9.10 Updates of account information.**—Users, and if appropriate, the user’s parents/guardians,
may be asked from time to time to provide new or additional registration and account information or to sign a new
Regulation for example, to reflect developments in the law or technology. Such information must be provided by the
user (or his/her parents or guardian) or such new Regulation must be signed if the user wishes to continue to receive
service. If after you have provided your account information, some or all of the information changes, you must notify
the person designated by the School to receive such information.

**Legal Authority** – School Board Policy § 5-6.3

**BRING YOUR OWN DEVICE (BYOD)**

During the school day, students may use personal equipment or electronic devices for instructional purposes as defined
and supervised by the classroom teacher or administrator. To avoid disruption of the instructional process, students
shall not display, or activate personal equipment during class time unless specifically given permission by a teacher
or school administrator.

The School Board will assume no responsibility in any circumstance for the loss/destruction/damage or theft of
personal equipment or for any bill associated with the authorized or unauthorized use of personal equipment. Students
will be responsible for locating such lost/stolen items.

For specific regulations please refer to Suffolk Public Schools Regulation Chapter 6 Article IV Section 6-4.

**FREQUENTLY ASKED QUESTIONS (FAQs) ABOUT BYOD**

**What is B.Y.O.D.?**

"Bring Your Own Device" is a program that allows students to bring their privately-owned computing devices
to school and connect to the division’s wireless network allowing access to filtered internet access on school
property.

**Why is Suffolk Public Schools allowing students to bring their personal devices to school?**

Allowing students to bring their personal devices to school will equip students with an opportunity to
competitively function in a global learning community. This allows teachers to integrate all available
technological resources thus providing differentiated instruction to lead them through the present and forward
into the evolving 21st century learning environment.

- Fosters student ownership of their own learning
- Student real-time access to information
- Smooth transition between home and school
- Personalized learning in the classroom
- Supplements school resources and equipment

**What is a device?**
A device can be a personally-owned laptop, net book, tablet computer, cell phone, Smartphone, e-reader, or any other personal computing device.

**Are students allowed to bring their devices to use at school?**
Yes. The parent and the student must agree to abide by all applicable School Board policies and regulations outlined by School Board policy. However, the School Board will assume no responsibility in any circumstance for the loss/destruction/damage or theft of Personal Equipment or for any bill associated with the authorized or unauthorized use of Personal Equipment. Students will be responsible for locating such lost/stolen items.

**Who is eligible to bring a device to school?**
High school students whose parent/guardian has signed the Acceptable Use Policy (AUP) form will be permitted to bring a wireless/portable device to use in school, within the guidelines of the program. Currently, the BYOD program is only available at schools where this has been approved by the building Principal.

**Are students expected or required to bring in a personal device?**
No. Personally owned devices are a supplement to the equipment already in use in the classroom. BYOD is an optional program; parents are not required to purchase a device. When electronic devices are used to enhance learning in the classroom, students without a personal device will be provided access to an appropriate district-owned device based on availability or provided with an alternative way of completing the assignment.

**Are there specific recommended devices for students and/or teachers?**
No. Such device is a personal choice. The device must be able to connect wirelessly to the Suffolk Public Schools wireless network.

**Are there suggested accessories?**
Providing a padded bag or protective sleeve is suggested. This will provide more protection for the day-to-day use of these computing devices. Students should label all devices and accessories.

**Will students be able to recharge devices during the school day?**
No. Charging stations will not be provided. It is recommended that personally owned devices come to school with a full charge.

**Are students and teachers still bound to school-defined technology ethics policies and guidelines if they bring devices to use at school?**
Yes. Devices are to be used only for supporting research and education as well as promoting the educational objectives of Suffolk Public Schools and are not to be used for other purposes unrelated to curricular goals. Devices used on school property, including school buses, and/or off school property at school-sponsored events, are also subject to Regulation 6-4, Regulations Governing Student Use of Information Technology Resources. All use of devices must otherwise comply with all School Division policies and regulations.

**Who pays for the technology brought to school?**
These devices will be purchased by and remain the property of the family.

**Is Internet access at home required?**
No. Internet access at home (wired or wireless) is not required in order for a student to use a personal computing device at school.

**Will a student be at a disadvantage if they don't have a personal computing device in school?**
No. The student’s learning experience or academic performance will not be affected because he or she does not have an Internet-connected device to bring to school. The curriculum will remain the same.
Can a personal device be used for productivity, such as note taking, but not access the Internet?
Yes, at appropriate times and in accordance with teacher instruction. A device must not be a distraction or disruption for the student or others.

Will the device be protected with Internet content filtering?
Internet filtering is a requirement of all public schools. The Children’s Internet Protection Act (CIPA) requires all network access to be filtered regardless of the device used to access the network while in a public school. While on school property, access to your personal broadband service is not allowed for CIPA reasons.

To facilitate instruction and practice Internet safety, SPS’s Internet connection is protected by an Internet content filter. Cellular data plans do not use SPS’s Internet connection and therefore do not use SPS’s Internet content filter. Students may only use the SPS Wi-Fi Internet connection with their BYOD device while on SPS property. Although there are filters in place, it is the responsibility of the student to avoid and report any inappropriate sites, images, messages, etc.

Is additional software (virus protection, filter, tracking device, etc.) required to be installed on the device which will be used at school?
Virus protection is highly recommended on devices that can support such a program. Additionally, it is highly recommended that devices have “device locator services” activated.

Can a teacher require a student to purchase a specific software program or applications for his or her device?
No. Suffolk Public Schools (SPS) does not provide or require apps or software for personally owned devices. Classroom lessons will be tailored for the technology to which all students have access. If possible, a student may choose to complete the same lesson on their personal device.

How will the device be used in the classroom?
Students will use their devices for a variety of activities that will vary from class-to-class. Activities may include completing in-class activities, collaborating in real-time, researching for projects, accessing websites with curriculum-related content, keeping track of classroom assignments, recording journal entries, and other approved instructional activities.

When can the students use their devices?
Devices can be used during transition time between classes, in the cafeteria during breakfast/lunch, and before school/after school. These devices can only be used during instructional time at the discretion of the teacher. Using the device to misrepresent an individual, harass or bully, or promote illicit activity will be unacceptable. A device must not be a distraction or disruption for the student or others. Student’s use of devices in unauthorized locations or during unauthorized times will be subject to disciplinary action.

Devices are prohibited for use in the following locations:
- Testing locations
- Restrooms
- Locker rooms

How will students be prevented from texting their friends or surfing the Web?
There is no guarantee that a student will not text friends or perform other unauthorized activities. Students will be instructed on appropriate etiquette, times and ways the devices are to be used. Students will also be instructed to PUT DEVICES AWAY when they are not completing a specific instructional task.

How will students connect to the Internet?
Students who bring their own technology device to school will be required to utilize the SPS wireless network. Students will sign in using their network username and password to browse the Internet. By logging into the SPS network, they are accepting the terms of the Acceptable Use Policy (AUP). Once on the wireless
network, all users will have filtered Internet access just as they would on a district-owned device. Students will not have access to school-purchased software such as Microsoft Office or network folders and resources. Access will be similar to Wi-Fi Internet access that is available in a public place like some chain restaurants or hotels.

Will the personal device be required to use the school’s wireless network?
Yes. Personal devices are required to use the school’s wireless network. No outside data services may be used while on school property or at school events. The Children’s Internet Protection Act (CIPA) requires all network access to be filtered regardless of the device used to access the network while in a public school. While on school property, students are not allowed to access personal broadband service for CIPA reasons. The wireless network available to staff and students through which they can access the Internet allows the same level of access as if they were to use a school-owned device.

Will parents, guests, volunteers or the public have access to the guest network after school hours for various school meetings or events?
No.

Will students have access to communication tools like email or social networking sites?
All students will be provided with a Google Apps for Education account. Juniors and seniors will have full email access while all other students will have restricted email. Social networking sites are blocked through the content filter.

What if a student’s device is stolen or damaged?
Suffolk Public Schools is NOT responsible for the theft of a device, nor is the division responsible for damage done to the device while at school. Families must stress the responsibilities their children have when bringing their own computing devices to school. Students bring electronic communication devices to school at their own risk, just like any other personal item. Students are responsible for the security of their devices they bring to school; teachers and other staff will not store nor hold onto student devices. It is always a good idea to record the device’s serial number to have in case of theft. Anytime theft occurs, a school administrator should be contacted to make him/her aware of the situation. Some devices have a device locator; it is recommended to enable this feature if possible.

Can a student’s device be confiscated for investigative purposes or for improper use?
Yes. Personal Equipment may be confiscated, searched, or reviewed by school personnel or authorized agents when reasonable suspicion exists that the Personal Equipment was used in violation of this guideline.

Students who violate this guideline shall be subject to discipline in accordance with the Suffolk Public Schools Discipline Guidelines as specified in the Code of Student Conduct, School Regulations, Section 6-4.5. Consequences for inappropriate use or other law. School personnel may use other information obtained from the Personal Equipment during such review as the basis for discipline or referral to other appropriate authorities.

Failure to comply with the provisions of this guideline may result in revocation of the privilege to possess or use Personal Equipment on school property, at school-sponsored events or traveling to or from school.

Once personal device privileges are revoked, continued violations will be treated as insubordination.

Will student access be the same as they get with district equipment?
No. Students will have access to any of the web-based software the school currently uses (databases, library search tools, etc.). Students will have access to filtered Internet access only. Students will not have access to school-purchased software like Microsoft Office or network folders and resources. Access will be similar to Wi-Fi Internet access in a public place like a restaurant or a hotel.
What if a student bullies another during school using their personal device?

Any disciplinary infraction that occurs should be referred to a school administrator. This is a student conduct violation and will be dealt with appropriately.

Can an administrator revoke a student’s BYOD privilege?

Yes. If a student is not following the BYOD guidelines for the use of a personally owned device, an administrator can revoke the privilege through the regular discipline process.

Can a student use a device at any time?

No. The teacher in the classroom has the final say on procedures in the classroom. If he or she asks a student not to use his or her technology tool, then the device should be put away. Access is only available, not guaranteed for each classroom situation.

Is technical support available if the device won’t connect to the network, stops working, or breaks?

No. Each student is responsible for his/her own device: set-up, maintenance, charging, and security. Staff members will not store student devices at any time, nor will any district staff diagnose, repair, or work on a student's personal telecommunication device. It is not the responsibility of the teachers or other SPS staff to troubleshoot individual devices.

Where is the work to be stored?

Student devices are “guests” on the network. The same access is not provided to network resources. Work should be stored on a flash drive, the cloud or on the device.

Is there access to school printers from a device brought from home?

No. Students will not be able to access printers at SPS from their personal computing devices at this time.

Will students be able to use ear buds or other types of headsets?

Students may use these during class, ONLY with the permission of the teacher or administrator. Any other uses outside of the classroom environment are at the discretion of the building administrators. Students may not use ear buds or other types of headsets while in the hallways.

Will students be able to record teachers or classmates (audio or video)?

Unauthorized audio or video recording is prohibited. Voice, video, and image capture applications may only be used with prior teacher permission and for a specific instructional purpose.

May I use software, applications or programs of my own?

Yes. If you have them on your device and they do not violate school technology policy or guidelines, you can use those applications.

Are teachers required to implement the use of personal computing devices in their classroom instruction?

No. Although we encourage teachers to leverage the student-owned technology tools in their classroom for learning, there is no requirement of teachers to allow this. Teachers are in charge of the way their class functions and the rules that apply.
ACCEPTABLE USE, INTERNET SAFETY REGULATIONS AND GOOGLE APPS FOR EDUCATION NOTIFICATION OF CHILDREN’S ONLINE PRIVACY PROTECTION ACT

Suffolk Public Schools is providing students with Google Apps for Education (GAFE) accounts. GAFE accounts include free, web-based programs including email, document, spreadsheet, presentation, calendar and collaboration tools for students and teachers. This service is available through an agreement between Google and Suffolk Public Schools.

Google Apps for Education runs on an Internet domain purchased and owned by the district and is intended for educational use only. This permission form serves to obtain parental consent and notification of the Children’s Online Privacy Act (COPPA).

Children’s Online Privacy Protection Act (COPPA)
COPPA applies to commercial companies and limits their ability to collect personal information from children under 13. By default, Google advertising is turned off for Google Apps for Education users. No personal student information is collected for commercial purposes. This permission form allows the school to act as an agent for parents in the collection of information within the school context. The school’s use of student information is solely for education purposes. For more information about COPPA, please consult www.ftc.gov/privacy/coppafaqs.shtm.

Suffolk’s K-12 Google Apps for Education is available at school and at home via the web. Even though email from known inappropriate sites is blocked, there is always a chance students will be exposed to inappropriate content. School staff will monitor student use of Apps when students are at school. Parents are responsible for monitoring their child’s use of Apps when accessing programs from home. Students are responsible for their own behavior at all times.

STUDENT’S AGREEMENT

Every student, regardless of age, must read and sign below: I have read, understand and agree to abide by the terms of the foregoing Acceptable Use, Internet Safety Regulation, and Google Apps for Education Notification. Should I commit any violation or in any way misuse my access to Suffolk Public Schools’ technology resources, I understand and agree that my access privilege may be revoked and School disciplinary action may be taken against me.

Student Name ____________________________________________
Signature _____________________________ Date _______________

If I am signing this Regulation when I am under 18, I understand that when I turn 18, this Regulation will continue to be in full force and effect and agree to abide by this Regulation.

PARENT’S OR GUARDIAN’S AGREEMENT

To be read and signed by parents or guardians: As the parent or legal guardian of the above student, I have read, understand and agree that my child or ward shall comply with the terms of the School District’s Acceptable Use and Internet Safety Regulation for the student’s access to Suffolk Public Schools’ technology resources. I understand that access is being provided to the students for educational purposes only. I understand that it is impossible for the School to restrict access to all offensive and controversial materials and understand my child’s or ward’s responsibility for abiding by the Regulation. I am therefore signing this Regulation and agree to indemnify and hold harmless the School, the School District and the Internet provider against all claims, damages, losses and costs, of whatever kind, that may result from my child’s or ward’s use of his or her access to such networks or his or her violation of the foregoing Regulation. Further, I hereby give permission for my child or ward to use Suffolk Public Schools’ technology resources for the term of my child’s or ward’s attendance at Suffolk Public Schools. I understand that the Acceptable Use and Internet Safety Regulations will be reviewed biennially and updated as needed. I understand should there be a change in Suffolk Public Schools’ Acceptable Use and Internet Safety Regulation, parental permission will be automatically revoked and a new AUP will be issued for signature by the parent/guardian giving permission for their child or ward to use Suffolk Public Schools’ technology resources.

Parent or Guardian Name(s) ____________________________ Phone __________
Parent or Guardian Signature(s) ________________________ Date __________

Revised 4-24-2018
STUDENT RECORDS

RIGHTS UNDER FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT (FERPA) FOR ELEMENTARY AND SECONDARY SCHOOLS

The Family Education Rights and Privacy Act (FERPA) affords parents and students over 18 years of age (“eligible students”) certain rights with respect to the student’s education records. Those rights include the following:

1. The right to inspect and review the student’s education records within 45 days from receipt by the school division of a request for access. Parents or eligible students should submit to the school principal a written request that identifies the record(s) they wish to inspect. The principal, or appropriate school official, will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

2. The right to request that a student’s education record be amended when the parent or eligible student believes that the information contained in the student record is inaccurate, misleading or otherwise in violation of the student’s privacy rights. Parents or eligible students may ask Suffolk Public Schools to amend a record that they believe is inaccurate or misleading by writing the school principal, clearly identifying the part of the record they want changed, and specifying why it is inaccurate or misleading. If the school division decides not to amend the record as requested by the parent or eligible student, Suffolk Public Schools will notify the parent or eligible student of the decision and advise them of the right to a hearing regarding the request for amendment. (Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing).

3. The right to consent to disclosures of personally identifiable information contained in the student’s education record, except to the extent that FERPA authorizes disclosure without consent.

One exception which permits disclosure without consent is disclosure to school officials with legitimate educational interests. A school official is a person employed by the school division as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel); a person serving on the School Board; a person or company with whom the division has contracted to perform a special task (such as an attorney, auditor, medical consultant, or therapist); or a parent or student serving on an official committee, such as a disciplinary or grievance committee, or assisting another school official in performing his or her tasks.

A school official has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility. Upon request, the school division discloses education records without consent to officials of another school division in which a student seeks or intends to enroll. However, Suffolk Public Schools shall provide written notice of the transfer, including the identity of the requester to the parent, guardian or other person having control or charge of the student or to a student who is 18 years of age or older, within five days of the date on which the record was transferred.

4. The right to file a complaint with the US Department of Education concerning alleged failures by the school division to comply with the U.S. Department of Education concerning alleged failures by the school division to comply with the requirements of FERPA. The name and address of the office that administers FERPA is:

Family Policy Compliance Office
U.S. Department of Education
400 Maryland Avenue, SW
Washington, DC 20202-8520

For additional information, you may call 1-800-USA-LEARN (1-800-872-5327).

NOTICE FOR DIRECTORY INFORMATION

The Family Educational Rights and Privacy Act (FERPA), a Federal law, requires that Suffolk Public Schools, with certain exceptions, obtain your written consent prior to the disclosure of personally identifiable information from your child's education records. However, Suffolk Public Schools may disclose appropriately designated "directory information" without written consent, unless you have advised the District to the contrary in accordance with District procedures. The primary purpose of directory information is to allow the Suffolk Public Schools to include this type of information from your child's education records in certain school publications. Examples include:
- A playbill, showing your student's role in a drama production;
- The annual yearbook;
- Honor roll or other recognition lists;
- Graduation programs; and
- Sports activity sheets, such as for wrestling, showing weight and height of team members.

Directory information, which is information that is generally not considered harmful or an invasion of privacy if released, can also be disclosed to outside organizations without a parent's prior written consent. Outside organizations include, but are not limited to, companies that manufacture class rings or publish yearbooks. In addition, two federal laws require local educational agencies (LEAs) receiving assistance under the Elementary and Secondary Education Act of 1965 (ESEA) to provide military recruiters, upon request, with three directory information categories—names, addresses and telephone listings—unless parents have advised the LEA that they do not want their student's information disclosed without their prior written consent.

If you do not want Suffolk Public Schools to disclose directory information from your child’s education records without your prior written consent, you must notify the District in writing by September 30, of each year. Send the notification to: Suzanne Rice, c/o Suffolk Public Schools, P. O. Box 1549, Suffolk, VA 23439-1549.

Suffolk Public Schools has designated the following information as directory information:

(1) Student Name
(2) Participation in officially recognized activities and sports
(3) Height and weight of a member of an athletic team
(4) Dates of attendance
(5) Degrees, awards and honors received, except for information regarding the Special Diploma or other certificate that is awarded only to students with disabilities

**PROTECTION OF PUPIL RIGHTS AMENDMENT (PPRA)**

The Protection of Pupil Rights Amendment (PPRA), 20 U.S.C. § 1232h, requires Suffolk Public Schools to notify you and obtain consent or allow you to opt your child out of participating in certain school activities. These activities include a student survey, analysis, or evaluation that concerns one or more of the following eight areas (“protected information surveys”):

1. Political affiliations or beliefs of the student or student’s parent;
2. Mental or psychological problems of the student or student’s family;
3. Sex behavior or attitudes;
4. Illegal, anti-social, self-incriminating, or demeaning behavior;
5. Critical appraisals of others with whom respondents have close family relationships;
6. Legally recognized privileged relationships, such as with lawyers, doctors, or ministers;
7. Religious practices, affiliations, or beliefs of the student or parents; or
8. Income, other than as required by law to determine program eligibility.

This requirement also applies to the collection, disclosure or use of student information for marketing purposes (“marketing surveys”), and certain physical exams and screenings.

Following is a schedule of activities requiring parental notice and consent or opt-out for the upcoming school year:

- Family Life Pre-Survey
- Family Life Post-Survey

This list is not exhaustive and, for surveys and activities scheduled after the school year starts, Suffolk Public Schools will provide parents, within a reasonable period of time prior to the administration of the surveys and activities, notification of the surveys and activities and be provided an opportunity to opt their child out, as well as an opportunity to review the surveys. (Please note that this notice and consent/opt-out transfers from parents to any student who is 18 years old or an emancipated minor under State law.)

Parents or students who believe their rights under PPRA may have been violated may file a complaint with ED by writing the Family Policy Compliance Office. Complaints must contain specific allegations of fact giving reasonable cause to believe that a violation of PPRA occurred.
SCHOLASTIC INFORMATION

Report card, transcript, standardized test scores: Non-custodial parents, absent a court order preventing it, shall have access to a student’s file.

Parents/students shall have access to their child’s/own files and the right to challenge its contents. An opportunity will be provided for correction under regulations established by the Superintendent or his/her designee. With permission of the student or the parent, the permanent record of the student may be sent to other schools outside the division or other persons specifically noted. A reasonable fee will be charged for transcripts once a file has become inactive.

Parents and students, upon request, may obtain a copy of the Suffolk Public Schools' written policy and procedure on the management of education records and their location.

STUDENT PHOTOGRAPHS

The Board approves of including photographs of students at various ages to be part of their school records. The program of photographing students shall be organized under guidelines established by the Superintendent. Principals may contract with photography firms for taking student pictures. Individual pictures of students or groups of students may be made available for sale to the students but no student shall be required to purchase them.

HEALTH AND SAFETY

HEALTH SCREENINGS

Health screening, including-dental, vision, and hearing, will be completed under procedures established by Health Services. Information shall be recorded for the individual pupil's cumulative health record. Within sixty (60) business days of enrollment, vision and hearing screenings will be scheduled for students in grades K, 3, 7, and 10. Parents may opt students out of health screenings by notifying the school nurse.

The school nurse serving the school will advise teachers of students with health concerns. The nurse will record data on each student’s Cumulative Health Record.

Conferences will be scheduled with parents to give recommendations for correction of defects or a letter, noting defects, will be sent to the parents.

TRANSMITTABLE DISEASES

Persons suffering with contagious or infectious diseases shall be excluded from the Suffolk City Public Schools while in that condition.

The School Board is committed to providing a healthy environment for all students and employees.

In fulfilling that commitment, the School Board recognizes its responsibility to protect the health of its students and employees, as well as to uphold their individual rights. The School Board, in compliance with Virginia Code 22.1-272, shall exclude from school or work any person with an infectious or communicable disease.

Such exclusion shall be contingent upon an evaluation of each case. The evaluation of each case will be conducted in accordance with administrative regulations and shall include a written statement from the student's or employee's physician, from a physician chosen by the division and from a physician from the local health department that the individual undergoing evaluation does or does not have a transmittable disease.
If the evaluation indicates that the individual cannot be returned to his/her regular assignments, an alternative assignment may be considered.

All parties involved shall respect the rights of the individual regarding confidentiality and his/her rights to privacy as defined in PL 93-380.

The School Board believes it has a responsibility to fully investigate the consequences of admitting or excluding an individual with a transmittable disease and, as new facts from leading authorities become known, shall re-examine the above policy.

**ACCIDENTS OR ILLNESSES**

Serious accidents and illnesses of a student shall be reported immediately to the principal and the parent/guardian. If the parent/guardian cannot be reached, students may be taken to the hospital for emergency treatment. Under no circumstances shall the student be permitted to go home alone.

In an emergency, every effort shall be made to immediately contact the parent or guardian. If they cannot be reached, the student will be transported by the most appropriate means to emergency treatment. Under no circumstances shall the student be permitted to go home alone.

*The principal shall immediately report serious accidents and/or illnesses to the office of the Superintendent*

**MEDICATIONS**

The administration of medication during school hours is discouraged. Whenever possible, medication doses should be scheduled other than during the school day. Recognizing that this is not always possible, Suffolk Public Schools will assist in the administration of medication that must be given during school hours if the division’s regulations are met. Regulations include:

1. Written orders from and signed by a physician detailing the name of the drug, dosage, time interval medication is to be taken for prescribed and over-the-counter medications.
2. Signature of parent/guardian requesting that the school district comply with the physician's order.
3. Medication must be brought to school by parent/guardian in a container appropriately labeled by the pharmacy or physician.

**Asthmatics may carry inhalers on their person. Students with a diagnosis of anaphylactic reaction may carry auto-injectable epinephrine and students diagnosed with diabetes may self-carry supplies and equipment. Please contact the school nurse for specific procedures that must be followed. Students who do not follow the School Board procedures for this will be subject to disciplinary action.**

Medications for After School Activities/Events:

It is extremely important for parents/guardians to notify the school nurse and the individual in charge of the activity/event (coach, sponsor, etc.) about students needing emergency medication available for after school activities/events. Examples of emergency medications include Epi-pens, Insulin, Glucagon and asthma inhalers. After regular school hours, the clinic is closed and a nurse is not available. Please note, a student may carry emergency medications when the proper procedure is followed as stated above. It is the parent/guardian's responsibility to develop a plan with the school nurse and the individual in charge of the after school activity/event to maintain a safe environment.

**SEX OFFENDER REGISTRY NOTIFICATION**

**Public Notice**

Suffolk Public Schools recognizes the danger sex offenders pose to student safety. Therefore, to protect students while they travel to and from school, attend school or are at school-related activities, Suffolk Public Schools shall request automatic electronic notification of the registered sex offenders in the same or contiguous zip codes as any school within the division. Such request and notification shall be made according to the procedures established by the Virginia Department of State Police and by the Code of Virginia. The Superintendent and each school principal shall serve as the contact people with the State Police for receipt of the registered sex offender information. Once notified that a registered sex offender resides in the same or contiguous zip codes as a school within the division, all school principals shall determine which school employees should be provided the registry information. Sex offender registry
information should be provided to employees who are most likely to observe unauthorized persons on or near school property.

When registry information is disseminated, it shall include a notice that such information should not be shared with others and may only be used for the purposes discussed below. Employees who share registry information with others may be disciplined. Registry Information shall only be used for the purposes of the administration of law enforcement, screening current or prospective school division employees or volunteers and for the protection of school division’s students and employees during school hours and at after-school sponsored events. Registry information shall not be used to intimidate or harass others.

Currently, all of our schools are equipped to identify sex offenders through our Raptor system.

**REQUESTS FOR REGISTRY INFORMATION**
FAMIS

FAMIS is Virginia's health insurance program for children. It makes health care affordable for children of eligible families. FAMIS covers all the medical care growing children need to avoid getting sick, plus the medical care that will help them if they do get sick or get hurt.

**Services Covered by FAMIS**
- Doctor visits
- Well Baby Checkups
- Hospital visits
- Vaccinations
- Prescription medicine
- Tests and X-rays
- Dental care
- Emergency care
- Vision care
- Mental health care
- Well Child Checkups

**Cost to the Family**
There are no enrollment costs or monthly premiums for FAMIS. For some services, the family will have to pay a co-payment. Most co-payments are just $2.00 or $5.00. Some services, like regular check-ups, are free.

**Who is eligible for FAMIS?**
Your children may be eligible if they:
- Live in Virginia
- Are not eligible for FAMIS Plus (also known as Children's Medicaid)
- Are under age 19
- Are United States citizens or lawfully residing immigrants
- Live in families meeting FAMIS income guidelines

FAMIS is now available as an option for children of state employees.

**Income Guidelines**
Qualifying for FAMIS also depends on household income and family size. For your family size, count the number of people included on your federal taxes. If you do not file taxes, count how many children and stepchildren under age 19 live in your home, plus yourself if you are the mother, father or stepparent of the children. Then add your husband or wife. For example, if you have four children and/or stepchildren under age 19 living in your home, plus yourself and your husband, your family size is six. We determine eligibility based on monthly income. The current monthly income limit for a family of six is $5,910.

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<th>FAMIS Income Limits* (Gross Income)</th>
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**Each Additional Family Member**
$756 | $9,061

* Includes 5% standard disregard

**How Do I Apply?**
To find out if your children may qualify for FAMIS, call Cover Virginia at 1-855-242-8282, or visit the website at www.coverva.org.

Toll Free: 1-855-242-8282
TDD: 1-888-221-1590
MINIMUM IMMUNIZATION REQUIREMENTS

Documentary proof shall be provided of adequate age appropriate immunization with the prescribed number of doses of vaccine indicated below for attendance at a public or private elementary, middle or secondary school, child care center, nursery school, family day care home or developmental center. Vaccines must be administered in accordance with the harmonized schedule of the Centers for Disease Control and Prevention, American Academy of Pediatrics, and American Academy of Family Physicians and must be administered within spacing and age requirements (available at http://www.vdh.virginia.gov/Epidemiology/Immunization/acip.htm). Children vaccinated in accordance with either the current harmonized schedule or the harmonized catch-up schedules (including meeting all minimum age and interval requirements) are considered to be appropriately immunized for school attendance. (See “Supplemental Guidance for School-required Vaccines” for additional information.)

**Diphtheria, Tetanus, & Pertussis (DTaP, DTP, or Tdap).** A minimum of 4 doses. A child must have at least one dose of DTaP or DTP vaccine on or after the fourth birthday. DT (Diphtheria, Tetanus) vaccine is required for children who are medically exempt from the pertussis containing vaccine (DTaP or DTP). Adult Td is required for children 7 years of age and older who do not meet the minimum requirements for tetanus and diphtheria. Effective July 1, 2019, a booster dose of Tdap vaccine is required for all children entering the 7th grade.

**Haemophilus Influenzae Type b (Hib) Vaccine.** This vaccine is required ONLY for children up to 60 months of age. A primary series consists of either 2 or 3 doses (depending on the manufacturer). However, the child’s current age and not the number of prior doses received govern the number of doses required. Unvaccinated children between the ages of 15 and 60 months are only required to have one dose of vaccine.

**Hepatitis B Vaccine.** A complete series of 3 doses of hepatitis B vaccine is required for all children. However, the FDA has approved a 2-dose schedule ONLY for adolescents 11-15 years of age AND ONLY when the Merck Brand (RECOMBIVAX HB) Adult Formulation Hepatitis B Vaccine is used. If the 2-dose schedule is used for adolescents 11-15 years of age it must be clearly documented on the school form.

**Human Papillomavirus Vaccine (HPV).** Effective October 1, 2008, a complete series of 3 doses of HPV vaccine is required for females. The first dose shall be administered before the child enters the 6th grade. After reviewing educational materials approved by the Board of Health, the parent or guardian, at the parent’s or guardian’s sole discretion, may elect for the child not to receive the HPV vaccine.

**Measles, Mumps, & Rubella (MMR) Vaccine.** A minimum of 2 measles, 2 mumps, and 1 rubella. (Most children receive 2 doses of each because the vaccine usually administered is the combination vaccine MMR). First dose must be administered at age 12 months or older. Second dose of vaccine must be administered prior to entering kindergarten but can be administered at any time after the minimum interval between dose 1 and dose 2.

**Pneumococcal (PCV) Vaccine.** This vaccine is required ONLY for children less than two years of age. Two to four doses, dependent on age at first dose, of pneumococcal 7-valent conjugate vaccine are required.

**Polio Vaccine.** A minimum of 4 doses of polio vaccine. One dose must be administered on or after the fourth birthday.

See supplemental guidance document for additional information.

**Varicella (Chickenpox) Vaccine.** All susceptible children born on and after January 1, 1997, shall be required to have one dose of chickenpox vaccine administered at age 12 months or older. Effective March 3, 2010, a second dose must be administered prior to entering kindergarten but can be administered at any time after the minimum interval between dose 1 and dose 2.

For further information, please call the Division of Immunization at 1-800-568-1929 or 804-864-8055.

Rev. 4/19
Scoliosis:

In scoliosis, the spine curves to one side. A spine affected by scoliosis may have an S shape or a C shape. Usually, a curve to one side develops followed by a compensating bend in the opposite direction.

Scoliosis is usually painless and mild in form and may only require follow-up and observation. In more extreme cases the spine can rotate as well, resulting in ribs becoming more prominent to one side. Very young children can get scoliosis but adolescent idiopathic scoliosis (onset at 10 years or older) is more common. Scoliosis affects an estimated 2 percent of Americans, most often children.

Signs & Symptoms:

Signs of scoliosis, that a parent may begin to notice when the child is about 8, may include:

- Uneven shoulders
- Prominent shoulder blade or shoulder blades
- Uneven waist
- Elevated hips
- Leaning to one side

Causes:

Many theories have been proposed regarding the causes of scoliosis. They include connective tissue disorders, hormonal imbalance and abnormality in the nervous system. For 80% of the cases the cause is unknown.

Risk Factors:

Most scoliosis is of unknown cause, but there does appear to be a developmental connection in many cases. Most cases occur just before and during adolescence, when children are going through a growth spurt.

Risk factors for curve progression may include:

- **Gender.** Girls are 10 times more likely to experience curve progression.
- **Age.** The younger the child is when scoliosis appears the greater the chance of curve progression.
- **Angle of the curve.** The greater the curve angle, the higher the likelihood that it will get worse.
- **Location.** In girls having lower back scoliosis, it is less likely the curve will progress.
- **Height.** Taller girls have greater chance of curve progression.
When to seek medical advice:
The onset of scoliosis is gradual and almost always painless, and a significant curvature can develop without a parent or child knowing it. Early detection is important to prevent the curve from progressing. Unfortunately the condition usually progresses during the same time that children become more self-conscious (ages 10-16) and avoid exposure, so parents and others are not likely to see the problem. Have the child examined if anyone notices the signs of scoliosis.

Scoliosis has the potential to lead to serious health problems such as severe back pain, difficulty breathing, physical deformity, and injury to the lungs and heart. Be sure to have the child see the doctor if there is a family history of scoliosis.

Treatment:
Most children who have an abnormal spine curve have it to a relatively small degree, and only observation is needed to make sure the curve does not progress. Doctors usually recommend observation for people with curve less than 20 degrees. People whose skeletons are still growing need checkups at 3-to-6 month intervals to see if there have been changes in the curvature.

If the curve progresses to a more serious degree, treatment may involve using orthopedic braces and in some cases surgery.

Braces:
Doctors recommend the use of braces for growing children with adolescent idiopathic scoliosis who have curves of 25 to 40 degrees. Bracing does not cure the scoliosis or even improve the curve. But studies show that bracing can successfully prevent curve progression in more than 90 percent of people who wear braces and who wear them for 23 hours a day.

Surgery:
Doctors typically recommend surgical treatment for people whose curves are greater than 40 to 50 degrees. Scoliosis surgery is generally successful in improving posture and the function of the back.

Additional information about scoliosis may be obtained from your child’s physician or the school nurse at your child’s school.
EATING DISORDERS

Eating disorders are serious health problems that usually start in childhood or adolescence and affect both girls and boys. With early diagnosis, eating disorders are treatable with a combination of nutritional, medical, and therapeutic supports. Recognizing the importance of early identification of at-risk students, the 2013 Virginia General Assembly passed a law requiring each school board to provide parent educational information regarding eating disorders on an annual basis to students in the fifth through twelfth grades.

It is important to note that eating disorders are not diagnosed based on weight changes as much as behaviors, attitudes, and mindset. Symptoms may vary between males and females and in different age groups. Often, a young person with an eating disorder may not be aware that he/she has a problem or keeps the issues secret. Parents/guardians and family members are in a unique position to notice symptoms or behaviors that cause concern. Noting behaviors common to people with eating disorders may lead to early referral to the primary care provider. It is important for eating disorders to be treated by someone who specializes in this type of care.

After reviewing the information on the reverse side of this letter, if you think your child may be showing signs of a possible eating disorder, please contact your primary health care provider, school nurse, or one of the resources listed below:

- Eating Disorder Hope: http://www.eatingdisorderhope.com
- National Eating Disorders Association: www.nationaleatingdisorders.org
  Toll free, confidential Helpline, 1-800-931-2237

Additional resources may be found at:
- Virginia Department of Education: http://www.doe.virginia.gov/support/health_medical/index.shtml, under the section titled, Eating Disorders

Recognizing the importance of early identification of at-risk students, the 2013 Virginia General Assembly passed a law requiring each school board to provide parent educational information regarding eating disorders on an annual basis to students in the fifth through twelfth grades. The VDH and VDOE have provided the following information on eating disorders. If you think your child might be showing signs of possible eating disorders please contact your health care provider. Additional resources may be found at: Virginia Department of Education: http://www.doe.virginia.gov/support/health_medical/index.shtml, under the section titled, Eating Disorders
What Are Eating Disorders?
Eating disorders are real, complex, and devastating conditions that can have serious consequences for health, productivity, and relationships. They are not a fad, phase or lifestyle choice. They are potentially life-threatening conditions affecting every aspect of the person’s functioning, including school performance, brain development, emotional, social, and physical well-being.

Eating disorders can be diagnosed based on weight changes, but also based on behaviors, attitudes and mindset. Be alert for any of these signs in your child.

**Key things to look for around food:**
- Eating a lot of food that seems out of control (large amounts of food may disappear, you find a lot of empty wrappers and containers hidden)
- Develops food rules—may eat only a particular food or food group, cuts food into very small pieces, or spreads food out on the plate
- Talks a lot about, or focuses often, on weight, food, calories, fat grams, and dieting
- Often says that they are not hungry

**Key things to look for around activity:**
- Exercises all the time, more than what is healthy or recommended – despite weather, fatigue, illness, or injury
- Stops doing their regular activities, spends more time alone (can be spending more time exercising)

**Physical Risk Factors:**
-Feels cold all the time or complains of being tired all the time. Likely to become more irritable and/or nervous.
- Any vomiting after eating (or see signs in the bathroom of vomiting – smell, clogged shower drain)
- Any use of laxatives or diuretics (or you find empty packages)

**Other Risk Factors:**
- Believes that they are too big or too fat (regardless of reality)
- Asks often to be reassured about how they look
- Stops hanging out with their friends
- Not able to talk about how they are feeling
- Reports others are newly judgmental or “not connecting”

**How to Communicate with Your Child**
Understand that eating disorder sufferers often deny that there is a problem.
Educate yourself on eating disorders
Ask what you can do to help
Listen openly and reflectively
Be patient and nonjudgmental
Talk with your child in a kind way when you are calm and not angry, frustrated, or upset
Let him/her know you only want the best for him/her
Remind your child that he/she has people who care and support him/her
Be flexible and open with your support
Be honest
Show care, concern, and understanding
Ask how he/she is feeling
Try to be a good role model - don’t engage in ‘fat talk’ about yourself
Understand that your child is not looking for attention or pity
Seek professional help on behalf of your child if you have ANY concerns

If Your Child Shows Signs of a Possible Eating Disorder
Seek assistance from a medical professional as soon as possible; because they are so complex, eating disorders should be assessed by someone who specializes in the treatment of eating disorders. The earlier a person with an eating disorder seeks treatment, the greater the likelihood of physical and emotional recovery.
GIFTS AND SALES

CLASS GIFTS

The School Board approves school classes making gifts to the school or schools if the gift is in good taste and adds materially to the educational program. All gifts will be accepted with the understanding that they become the property of the Board. The principal or the Superintendent should be advised of the gifts under consideration so that he/she may determine the appropriateness.

EXCHANGING GIFTS

The Board discourages the exchanging of gifts between students or among students and teachers.

SALES BY AND TO STUDENTS

By Students: Sale of items and services by students to support school activities is discouraged by the Suffolk City School Board. If students participate in sales, the items to be sold, the contract with the vendor, the internal accounting procedure and the purposes of the sales must be approved by the principal and the Superintendent or his/her designee before any sales campaign begins.

To Students: Solicitations, sales and charity drives to be conducted within the school must have approval of the Board prior to implementation. In cases of approved sales/solicitations, the following shall be in effect:

1. Collection shall be limited to one day for each charity/drive.
2. Appropriate publicity shall be required from approved sponsor.
3. Sponsors shall be responsible for collecting donations at the end of the collection day.
4. The collection/drive must be related to the educational program.
5. Students shall have the option of voluntary participation without exploitation, embarrassment or pressure from anyone.

FOOD & NUTRITION SERVICES

Children need healthy meals to learn. Suffolk City Public Schools offers nutritious meals every day. Students may purchase breakfast for eighty-five (.85) cents. Elementary students may buy lunch for ($2.00). Middle and high school students may buy lunch for ($2.10). Reduced price breakfast costs (.30) cents and lunch costs ($4.40) cents. All meals served must meet standards established by the U.S. Department of Agriculture. However, if a student has been determined by a doctor to be disabled and the disability prevents the student from eating the regular school meal, the school will make reasonable substitutions prescribed by the doctor. If a substitution is prescribed, there will be no extra charge for the meal. If your student needs substitutions because of disability, please contact the Food & Nutrition Services Office at 925-5789 for further information.

All children in households receiving Supplemental Nutrition Assistance Program (SNAP) benefits or who receive Temporary Assistance for Needy Families (TANF) are eligible for free meals. Foster children who are the legal responsibility of the foster care agency or court are eligible for free meals. **Students who are eligible for Medicaid may also be eligible for free or reduced price meals based on the household’s income.** Children who are members of households participating in WIC may also be eligible for free or reduced price meals based on the household’s income. If your total household income is at or below the Federal Income Eligibility Guidelines shown on the chart below, your child(ren) may get free meals or reduced priced meals.

Your child(ren)’s application from last school year is only good for the first few days of this school year. **YOU MUST SEND IN A NEW FAMILY APPLICATION FOR THIS SCHOOL YEAR.** You may complete a paper application and return it to the school division or complete the online application at sps.heartlandapps.com. A paper copy of the application is also available on the SPS website under the “Department”, “Student Services”, “Food & Nutrition Services Page”, and “Free & Reduced Meals”.

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### INCOME CHART FOR FREE OR REDUCED PRICE MEALS
*(EFFECTIVE JULY 1, 2018 TO JUNE 30, 2019)*

<table>
<thead>
<tr>
<th>Household Size</th>
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<th>Weekly</th>
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<td>445</td>
</tr>
<tr>
<td>2</td>
<td>31,284</td>
<td>2,607</td>
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<td>39,461</td>
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<tr>
<td>For Each Additional Family Member Add</td>
<td>$8,177</td>
<td>$682</td>
<td>$158</td>
</tr>
</tbody>
</table>

**How TO APPLY:** Households that are receiving SNAP or TANF for their children as of July 1 may not have to fill out an application. School officials will notify you in writing of your child(ren)’s eligibility for free meal benefits. **If you are not notified by (August 31, 2019), you must submit an application.** The application must contain the names of all students in the household, the SNAP or TANF case number, and the signature of an adult household member.

If you do not receive SNAP or TANF benefits for your child(ren), complete a paper application and return it to the school division or complete the online application at sps.heartlandapps.com. If you do not list a SNAP or TANF case number for the child (ren) you are applying for, then the application must have the names of all students, the names of all household members, the amount of income each person received last month, and how often the income is received. An adult household member must sign the application and include the last four digits of his/her social security number. If the person does not have a social security number, check the box provided indicating none. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.

If you are applying for a foster child, who is the legal responsibility of a Foster care agency or courts, an application may not be required. Contact the Food & Nutrition Services Office at 925-5789 for more information. If you are applying for a homeless, migrant, or runaway child, an application may not be required. Contact your student’s school for more information.

An incomplete application cannot be approved. An application that is not signed is not complete. Return completed applications to your child(ren)’s school or mail to Food and Nutrition Services at 119 Forest Glen Drive, Suffolk, VA 23434.
**OTHER BENEFITS:** Your child(ren) may be eligible for other benefits such as the Virginia children’s health insurance program called Family Access to Medical Insurance Security (FAMIS) and/or Medicaid. The law allows the school division to share your free or reduced price meal eligibility information with Medicaid and FAMIS. These programs can only use the information to identify children who may be eligible for free or low-cost health insurance, and to enroll them in either Medicaid or FAMIS. These agencies are not allowed to use the information from your free or reduced price meal application for any other purpose. Medicaid officials or officials with FAMIS may contact you to get more information. You are not required to allow us to share this information with Medicaid or the FAMIS program. Your decision will not affect your children's eligibility for free and reduced price meals. If you do not want your information shared, please check the appropriate box in Section 5 of the application. You may qualify for other assistance programs. To find out how to apply for SNAP or other assistance programs, contact the local social service office in your area.

**CONFIDENTIALITY AND NOTICE OF DISCLOSURE:** School officials use the information on the application to determine if your child (ren) is eligible to receive free or reduced price meals and to verify eligibility. As authorized by the National School Lunch Act, the school division may inform officials connected with other child nutrition, health, and education programs of the information on your application to determine benefits for those programs or for funding and/or evaluation purposes.

**VERIFICATION:** School officials may check your eligibility at any time during the school year. School officials may ask you to send information to prove that your child (ren) should receive free or reduced price meals.

**FAIR HEARING:** If you do not agree with the decision on your application or the results of verification, you may wish to discuss it with the officials at the Food & Nutrition Services office at 925-5789. If you wish to review the final decision on your application, you have the right to a fair hearing. You can request a hearing by calling or writing Suzanne Rice at 100 N. Main Street, P.O. Box 1549 Suffolk, VA 23434, 925-6750.

**REAPPLICATION:** You may reapply for benefits at any time during the school year. If you are not eligible now, but have a change, such as a decrease in household income, an increase in household size, become unemployed or get SNAP or TANF for your child (ren), fill out an application at that time.

If you have any questions or need help in filling out the application, please contact the Food & Nutrition Services Office at 925-5789 located at 119 Forest Glen Drive, Suffolk, VA 23434. You will be notified when the application is approved or denied.

Parents now may prepay for their child’s meal online at MY SCHOOLBUCKS.COM

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

**ONLINE APPLICATION FOR FREE AND REDUCED MEAL BENEFITS**

Suffolk City Public Schools offers the option of applying for Free and Reduced Price Meals online at www.sps.heartlandapps.com. The process is SAFE, SECURE, PRIVATE, and AVAILABLE anytime, anywhere!
Safe & Secure
We use the highest level of data encryption available, meaning that your information is always safe and guarded.

Private & Available
Apply online in the comfort and privacy of your own home. The online service is available 24/7 anytime, anywhere there is an Internet connection!

Fast
Your data is transmitted to the Food & Nutrition Services Office the same day you apply, allowing for quicker processing so you can receive benefits faster.

Go Green
No more paper applications to complete and return to the school office! Applying online is so convenient and good for the environment as well!

MIDDLE AND HIGH SCHOOL MEAL PRICES

Breakfast - (full price-$ .85 and reduced-$ .30)  
Lunch - (full price-$2.10 and reduced-$ .40)

ELEMENTARY SCHOOL MEAL PRICES

Breakfast - (full price- $ .85 and reduced-$ .30)  
Lunch - (full price- $2.00 and reduced-$ .40)

ONLINE MEAL PREPAYMENT

MYSCHOOLBUCKS.COM provides peace of mind to parents and faster lunch lines for students. Parents can prepay for their child’s school food charges, using a credit card through a secure website. The new program also allows parents to monitor what their children are buying in the cafeteria and alert them when there is a low account balance.

All personal and payment card information is protected by the most advanced Internet security. Student information is safe and private.

Parents of current students will register directly on the website, using their child’s student ID number. Students should know their own ID number because they use it to log onto school computers. The student ID can also be found on the report card and through an active Home Access Center account.

For more information, contact the district’s Food & Nutrition Services Department at 925-5789.
WELLNESS POLICY

Section 9-25.1 Policy Statement; goals to promote wellness— A. The Suffolk City School Board recognizes that there exists a correlation between student health and learning. Thus, the School Board desires to provide a comprehensive program promoting healthy eating habits and physical activity for students enrolled in Suffolk Public Schools.

The Suffolk City School Board has established the following goals to promote student wellness:

1. Nutrition Education
   A. Students shall receive nutrition education that teaches skills that students will need to adopt in order to maintain healthy eating behaviors.
   B. Nutrition education shall be offered in the school cafeteria as well as in the classroom, with coordination between food service staff and other school personnel, including teachers.
   C. The Food & Nutrition Services staff shall sponsor cafeteria promotions that teach and/or reinforce nutrition concepts.
   D. School kitchens shall be made available for student tours and other educational related activities whenever feasible.
   E. Each school shall institute a Team Nutrition Committee to improve students’ lifelong nutrition and physical activity habits. This committee should consist of the Cafeteria Manager, students, teachers and/or a school administrator to facilitate the implementation and operation of this committee.
   F. Health Education Standards of Learning for Virginia Public Schools are the framework the school division and teachers will use as a guide for creating curricula and learning experiences in nutrition education for students in kindergarten through grade 10.
   G. Students shall receive consistent nutrition messages from all aspects of the school lunch program.
   H. Each school shall encourage the display of nutrition education media such as posters, student artwork, nutrition projects and other media.
   I. Nutrition education shall be made available to students and parents on the Suffolk Public Schools’ website, breakfast and lunch menus and through nutritional information sent home.
   J. Suffolk Public Schools’ health education curriculum standards and guidelines shall address both nutrition and physical education.
   K. Nutrition shall be integrated into the health education or core curricula (e.g., science).

School personnel responsible for providing nutrition education shall have appropriate training.

2. Physical Activity
   A. Students shall be given opportunities for physical activity during the school day through physical education (PE) classes, daily recess periods for elementary school students, and the integration of physical activity into the academic curriculum where appropriate.
   B. Health Education Standards of Learning for Virginia Public Schools are the framework the school division and teachers will use as a guide for creating curricula and learning experiences in physical education for students in kindergarten through grade 10.
   C. Classroom health education complements physical education by reinforcing the knowledge and self-management skills needed to maintain a physically-active lifestyle and to reduce time spent on sedentary activities such as watching television.
   D. Physical education shall be taught by or under the supervision of a certified physical education teacher.
   E. Elementary students (Kindergarten – Grade 5) receive physical activity for at least 90 minutes per week throughout the school year.
   F. Middle and high school students (Grades 6-10) receive at least 150 minutes of health/physical education per week throughout the school year.
   G. Elementary schools provide a minimum of 15 minutes of supervised daily recess that promotes physical activity beyond what is provided through physical education classes.
H. Teachers shall use instructional practices that provide for maximum participation for students in all physical activities.
I. Schools shall provide equipment (e.g., balls, and other manipulatives) for students to participate.
J. Teachers shall use instructional practices that are appropriate for students with special health care needs and disabilities.
K. Students may be given opportunities for physical activity through a limited range of before and/or after school programs including, but not limited to intramurals, interscholastic athletics, and physical activity clubs.
L. School and community-sponsored extracurricular physical activity programs include interscholastic sports (e.g. basketball, baseball, soccer, football, field hockey, etc.), intramural activities for middle schools (volleyball, soccer and basketball) and community sports programs (sponsored by the Suffolk Department of Parks and Recreation and community recreation leagues).
M. School physical activity facilities may be available during non-school hours to qualifying entities such as the City of Suffolk’s Department of Recreation and community recreation leagues.
N. Schools shall encourage parents and guardians to support their children’s participation in physical activity, to be physically active role models, and to include physical activity in family events.
O. Parents and guardians shall be encouraged to support their children’s participation in physical activity, to be physically active role models, and to include physical activity in family events through the schools division’s website, newsletters and other take home materials.
P. Parents and guardians shall be provided a list of resources that provide information which promotes children’s participation in physical activity, encourages parents and guardians to be physically active role models, and to include physical activity in family events.

3. Other School-Based Activities

A. Suffolk Public Schools shall encourage programs that promote physical activities, nutrition education and wellness to benefit staff health to the extent practicable.
B. Faculty and staff will be encouraged to have basic health screenings and flu immunizations done yearly as advised by the medical community.
C. Onsite health screenings (blood pressure, cholesterol and glucose monitoring) may be offered once per year.
D. Health education shall be encouraged by providing staff members with a Feeling Fit Wellness Program publication written by The Wellness Councils of America four times per year. This publication includes topics on health, self-care, work, family, finance and exercise.

On site health assessments and health counseling shall be provided by the health services staff as practicable.

4. Nutrition Guidelines

A. Suffolk Public Schools shall adopt nutrition guidelines for all foods available on every school campus during the school day that will promote student health and reduce obesity.
B. Nutrition guidelines should seek to maximize nutritional value by (i) decreasing fat and added sugars; (ii) increasing nutrition density; and (iii) moderating the portion size of each individual food or beverage sold within the school environment.
C. Suffolk Public Schools shall ensure that school breakfast and lunch programs meet the meal pattern and nutrition standards based on the latest Dietary Guidelines for Americans. The current meal pattern increases the availability of fruits, vegetables, and whole grains in the school menu. The meal pattern’s dietary specifications set specific calorie limits to ensure age-appropriate meals for grades K-5, 6-8 and 9-12. Other meal enhancements include gradual reductions in the sodium content of the meals.
D. Suffolk Public Schools’ lunch and breakfast programs are fully accessible to all students enrolled in Suffolk Public Schools. Free and reduced-price meals are provided to students who meet income requirements in a manner that ensures these students are not identified by others.
E. Suffolk Public Schools shall adopt the following nutritional standards for all foods and beverages provided or sold to students on campus during the school day as (i) a la carte, (ii) vending, (iii) school stores and (iv) fundraising activities.

These standards will be based on nutrition goals and not profit motives:
(i) All foods and beverages sold to students on campus during the school day must be a “whole grain-
rich product; or have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or be a combination food that contains at least ¼ cup of fruit and/or vegetable; or contain 10% of the Daily Value (DV) of one of the nutrients of public health concern in the 2010 Dietary Guidelines for Americans (calcium, potassium, vitamin D, or dietary fiber). On July 1, 2016, foods may not qualify using the 10% DV criteria.

(ii) In addition to the standards above, all foods sold to students during the school day must also meet the following nutritional requirements:

- All snack items shall contain no more than 200 calories per item.
- Ala carte entrees shall contain no more than 350 calories per item. (*Entrée items served as part of the school breakfast or lunch program are exempt on the day of or day after service in the program meal.*)
- All snack items shall contain no more than 230 mg of sodium per item.
- Ala carte entrees shall contain no more than 480 mg of sodium per item. (*Entrée items served as part of the school breakfast or lunch program are exempt on the day of or after service in the program meal.*)
- All foods shall contain zero grams of Trans fat.
- All foods shall contain no more than 35 percent of calories from total fat (except nuts, seeds, and reduced fat cheeses.)
- All foods shall contain fewer than 10 percent calories from saturated fat (except nuts, seeds, and reduced fat cheeses.)
- All foods shall contain no more than 35 percent of weight from total sugar per serving excluding dried fruits or vegetables.

G. Suffolk Public Schools shall adopt the following nutritional standards for all foods and beverages provided to students on campus during the school day as a school party or a classroom celebration (excluding food preparation as a part of the instructional curriculum, foods prepared as a part of the instructional curriculum shall not be sold):

(i) All food and beverages must meet the standards set forth in section (e) above.
(ii) In addition, only prepackaged foods with nutritional labeling may be brought to school for student consumption.
(iii) Home prepared foods are not permitted or sold to students during the school day.
(iv) The District will provide to parents information on safe and healthy foods that are acceptable for special events (i.e. classroom parties)

H. Suffolk Public Schools shall encourage school-based marketing of nutritional foods and beverages through school publications and school buildings. (Adopted: April 6, 2006; Ordinance Number 05/06-3; Effective Date: July 1, 2006; Revised September 8, 2011; Ordinance Number 11/12-12; Effective Date: September 9, 2011; Revised August 20, 2015; Ordinance Number 15/16-1; Effective Date: August 20, 2015)

**SPECIAL CELEBRATIONS**

Special celebrations may not take the place of school lunch. All special celebrations must first be approved by the building principal and conducted after the last lunch period. Only pre-packaged snacks which meet the nutritional requirements will be allowed when snacks are solicited.

Visit the Food & Nutrition Services website [http://www.spsk12.net/departments/food-services/](http://www.spsk12.net/departments/food-services/) for list of suggested snacks that would be acceptable for special events (i.e. classroom parties).

* See your student’s cafeteria manager for more details.
RETURN CHECK POLICY

In the event of a returned check the student’s account will be tagged to not accept further checks until the account is cleared. A notification letter will be mailed home. School cafeterias will not accept additional checks until the returned check has been resolved. Payment by cash or money order can be forwarded to the school cafeteria or mailed (money orders only) to the Food & Nutrition Services office at 119 Forest Glen Drive, Suffolk, VA 23434. If we do not receive payment within thirty days of the notification letter, we will be required to take additional actions. In accordance with state law, returned checks will be processed for collection and allowable bank and collection agency fees will be charged.

STUDENT MEAL CHARGE POLICY

We understand that there are times when a student will not have money to pay for their meal. We also understand that a hungry student is less likely to perform well in the classroom. Therefore, parents will be permitted to charge student meals. Students at all grade levels are eligible for meal charges. Charging is permitted for a complete meal only; as a result, snacks and beverages are prohibited.

- All students will be allowed to charge a complete meal regardless of the amount of their negative account balance.
- Students who qualify for free meals will not be denied a complete meal even if they have accrued a negative balance on their account.
- Students will not be made to work for their meals or to work to settle any unpaid meal charges. In addition, students will not be labeled or identified in any other way if they cannot pay for a meal or have an unpaid meal charge.
- Students who charge will receive a complete meal.

Parents and guardians are required to promptly repay all outstanding student meal charges. They will be notified of negative account balances through means such as:

- Automated negative account balance phone calls. *(Parents are encouraged to contact their child’s school office to make certain that phone numbers are current).*
- Myschoolbucks.com email notification. *(Parents will need to visit the website to setup an account. This notification service is free of charge to parents. Parents may also download the myschoolbucks.com app on their Smartphone).*
- Negative account letters will be sent home.

When a negative account balance exceeds $15.00, the following measures will be taken:

- Food & Nutrition Services will attempt to contact the parent or guardian by phone.
- A collection letter will be mailed to the parent or guardian requesting payment within ten business days in order to avoid turning the unpaid debt over to the City for collection of the amount and any applicable fees.
- If the requested debt payment is not satisfied by the due date, the entire outstanding balance and any current meal charges will be turned over to the City for collection. In addition, the City may charge a collection fee.

Households with questions or needing assistance may contact the Food & Nutrition Services at 757-925-5789 or by email to brianwilliams@spsk12.net
LOST OR DAMAGED TEXTBOOKS

Students and/or their parents are responsible for all textbooks distributed to the student. In the event a textbook is lost or damaged beyond use, it is the responsibility of the student and/or parent to pay the cost of replacing the lost or damaged textbook. Each student receiving textbooks will be issued a “Textbook Distribution” notice listing all textbooks distributed and the replacement cost of each textbook. Parents are asked to review the notice, sign and date the notice, and return it to school.

TEXTBOOK DISTRIBUTION NOTICE - ELEMENTARY/MIDDLE SCHOOLS

Dear Parent or Guardian of
Joe Sample
1234 Elm Street
Sample City, MA 02468

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<tr>
<th>ISBN</th>
<th>Title</th>
<th>Accession</th>
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<tr>
<td>0192835750</td>
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**Total** $90.40

The list above indicates the textbooks distributed to your child. Included in the description is the accession number identifying your child’s textbook and the replacement cost of each book should they not be returned to the school when your child transfers out or the course or school year concludes.

All textbooks distributed to a student are the responsibility of the student and his or her parent or guardian.

If a textbook(s) are lost or become unavailable for use, it will be necessary for you to pay for the lost textbook(s) in the amount stated above. Failure to return or pay for lost textbooks may result in the account being transferred to a debt collection agency for resolution.

Given the cost of textbooks to the taxpayers, we hope you understand the need for students to be responsible for the return of their textbooks.

Please review this notice carefully with your child, sign and date on the signature line at the bottom of the notice, and return the entire document to the school.

We thank you for your help and cooperation in this very important matter.

Should you have any questions please feel free to call my office.

Your Name
Principal
Your School
Parent/Student Signature: __________________________ Date: __________________________

PLEASE DO NOT REMOVE. YOU MAY OBTAIN A COPY FROM YOUR CHILD’S SCHOOL.
Dear Parent or Guardian of
Joe Sample
1234 Elm Street
Sample City, MA 02468

<table>
<thead>
<tr>
<th>ISBN</th>
<th>Title</th>
<th>Accession</th>
<th>Type</th>
<th>Price</th>
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<tbody>
<tr>
<td>0192835750</td>
<td>The Three Musketeers</td>
<td>456</td>
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<td>$10.30</td>
</tr>
<tr>
<td>673623483</td>
<td>Scott Foresman Reading</td>
<td>122</td>
<td>LOST</td>
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<tr>
<td>0205084370</td>
<td>Myths and Their Meaning</td>
<td>85</td>
<td>LOST</td>
<td>$18.10</td>
</tr>
<tr>
<td></td>
<td><strong>TOTAL</strong></td>
<td></td>
<td></td>
<td>$90.40</td>
</tr>
</tbody>
</table>

The list above indicates the textbooks distributed to your child. Included in the description is the accession number identifying your child’s textbook and the replacement cost of each book should they not be returned to the school when your child transfers out or the course or school year conclude. All textbooks distributed to a student are the responsibility of the student and his or her parent or guardian. If a textbook(s) are lost or become unavailable for use, it will be necessary for you to pay for the lost textbook(s) in the amount stated above. Failure to return or pay for lost textbooks may result in one or more of the following actions:

1. PARKING PRIVILEGES WILL BE DENIED UNTIL THE TEXTBOOK ACCOUNT IS SETTLED.
2. DEBT WILL REFERRED TO A COLLECTION AGENCY.

Given the cost of textbooks to the taxpayers, we hope you understand the need for students to be responsible for the return of their textbooks.

Please review this notice carefully with your child, sign and date on the signature line at the bottom of the notice, and return the entire document to the school.

We thank you for your help and cooperation in this very important matter.
Should you have any questions please feel free to call my office.

Your Name
Principal
Your School

Parent/Student Signature: ____________________________ Date: ______________________

PLEASE DO NOT REMOVE. YOU MAY OBTAIN A COPY FROM YOUR CHILD’S SCHOOL.
SCHOOL SAFETY

A primary consideration in all student activities and classes shall be the safety of students. The Superintendent shall implement those sections of the Code of Virginia which concern student safety. Students shall be supervised carefully at all times while under school authority. Each school has a safety committee which meets monthly. There is also a system-wide safety committee.

RESOURCE OFFICERS

Resource Officers are assigned to every school. These are Suffolk Police Officers.

SAFETY Monitors

Each school has one trained security monitor on staff. The high schools have two or more of these monitors.

SAFETY IN CLASSES

Students shall be required to wear protective eye devices in those instances where required by law and in other areas where dangers to the eyes of students are evident to the principal or Superintendent. Only pre-packaged snacks will be allowed when snacks are solicited.

SAFETY PATROLS

School safety patrols may be organized by the principal with the approval of the Superintendent. Students shall serve only with the written consent of their parents/guardians and shall be selected on the basis of degree of maturity and responsibility. They shall receive appropriate instruction and shall be, at all times, under the direction and supervision of a competent adult who is a regular member of the faculty. Student patrol members may instruct, direct and control student traffic on buses and school grounds but shall have no authority over any persons other than students.

SAFE SCHOOL INITIATIVES

Suffolk Public Schools is committed to ensuring that students and employees can concentrate on learning each and every day. Our safe school initiatives have been ongoing and are focused on prevention.

The following safe school initiatives have been ongoing and are focused on prevention:

PROGRAMS AND POLICIES

- Positive Behavior Interventions and Supports (PBIS)
- Character Education
- Conflict Mediation
- Daytime Behavioral Alternative Program
- Crisis management plans for each school and the division
- CPR training for staff
- Therapeutic Daytime Treatment counseling
- In-Service programs for staff
- Safety audits
- Employee identification badges
- Visitor ID verification and log-in/log-out

TECHNOLOGY

- Surveillance systems in the middle and high schools
- Walk-through and hand-held metal detectors for random checks in all schools
- Video cameras on all buses
- Two-way radios in schools and on buses
- Filtered Internet
- Raptor sex offender identification system

**COLLABORATION WITH OTHER AGENCIES**
- Suffolk Police, Fire and Rescue
- Resource Officers
- Juvenile Court System
- Anger management provided by independent mental health care providers
- Conflict mediation sponsored by Western Tidewater Community Services Board and other independent health care providers
- Social skills training through health care providers
- Commonwealth Attorney’s Office
- Community Civic Leagues
- Suffolk Crime Line

**CRISIS MANAGEMENT**

A crisis is any period of instability and/or any event that may have an impact on a single school or the entire school division which may endanger the health, safety and/or security of students, teachers and staff. Crisis management is the reactive adjunct to the proactive safe school initiatives for Suffolk Public Schools. Suffolk Public Schools utilizes a system-wide crisis management plan which has been used as an example for school division crisis management plans across the Commonwealth of Virginia.

The crisis management plan for your child’s school includes the emergency elements of medical assistance, law enforcement, fire and utility services in the event that a crisis should occur. The plan describes the appropriate response procedures, agencies involved and the methods of communication during a crisis. Each school performs drills each month to ensure that students and staff know how to react to given crisis. Leadership is provided by the principal and the crisis management team which consists of members of the school staff.

In a crisis, leadership is provided by the principal and the school’s crisis management team which consists of members of the school staff. Depending on the situation, School Administrative Staff (School Administrative Offices personnel) may also provide assistance both on and off site.

**TRANSPORTATION**

The Suffolk City School Board shall own, operate and maintain school buses for the purpose of transporting students to and from school and for other approval uses. Equal transportation services shall be available free of charge to all eligible students who are similarly situated as stipulated by the State Board and according to general law. The Superintendent has developed rules and regulations to assure that the transportation system meets all conditions stipulated by the State Board and under general law.

**TRAVEL SKILLS**

This concept addresses the need to teach life skills necessary to be safe in and around the school bus. The skills that will be taught are: (1) Waiting at the bus stop, (2) Getting on the bus, (3) Riding the bus, and (4) Getting off the bus. Individual skills will be taught during the school year at all grade levels.

**TRANSPORTATION FORMS**

Beginning each May, we request parent information on transportation needs for the following school year. This is completed by online and paper versions. This process is only for currently enrolled students only. One form should be completed for each student. This form should be completed even if your child does not use school bus transportation. All alternate transportation requests are cleared out at the end of the school year, and are not carried
over to the following year. All out of zone request should be completed with the office of Student Services at the School Administration Office. Should you have any questions or concerns please send and email to Beverly Young, Director of Transportation beverlyyoung@spsk12.net or Annette McLamb, Routing Specialist annettemclamb@spsk12.net. This will be available for completion through June 30, 2019.

SCHOOL BUS PASSES

If a student needs to ride another bus or get on/off at another stop other than their assigned bus or stop, a note must be provided by the parent/guardian and be approved before the student can ride or get on/off. Approval is granted upon recognizing the capacity of the bus, route of the bus if stop is not already assigned and code of conduct concerns of the student. Parents often want students to ride on different days of the week. We do not recommend you doing this because it presents an opportunity to reduce accountability of student bus assignments. If allowed, its the parent/guardian responsibility to write a note on the day of any change to their regular assignment and submit to the school and transportation for review.

STUDENT CONDUCT ON THE SCHOOL BUS

The school bus is considered school property; therefore, students are expected to follow the Student Code of Conduct of Suffolk Public Schools while on the school bus, at the bus stop and; going to and from the bus stop.

Students shall not behave in a disruptive manner or otherwise violate these Standards of Conduct while waiting for a school bus, while on a school bus or after being discharged from a school bus.

TRESPASSING ON THE SCHOOL BUS

School buses are school property and loitering or trespassing on buses or other school property is a violation of the state law. Parents are prohibited from boarding buses to address concerns while the drivers are on their routes. Anyone who has a transportation concern should contact the school Principal or the Transportation Department.

VIDEO CAMERAS

Every bus is equipped with a digital recording system. The following persons are allowed to view the video footage: the driver of the bus on which the camera was installed, school administrators, Transportation Director, Supervisors of Transportation, Assistant Superintendent, Superintendent, and School Board members.

Parent(s)/guardians are allowed to view the video footage involving their child/children only when there is an appeal related to the discipline of their child/children. Video cameras are only a tool and do not negate the driver’s responsibility to maintain control and discipline on the school bus.

SCHOOL BUS TRACKER

School Bus Tracker monitors the location of school buses as they travel their routes across the city. By connecting to the Parent Portal, you can see how close the bus is to the bus stop. To get started:

1. Have your child’s Student ID # ready. Your child uses this number to log on to school computers. If your child doesn’t have it memorized, you can visit the school. NOTE: Using your child’s Student ID means you will be the only one seeing your child’s bus, and no one else will see your child’s assigned bus or bus stop.
2. To register a new account, navigate directly to: https://busportal.spks12.net/livepp/par/showRegistrationForm.par
3. To follow the bus online, navigate directly to: https://busportal.spks12.net/livepp/par/showLoginForm.par
4. For help with registration contact transportation at 757-925-5573

LATE BUS

1. As with any new school year, it may take several days to fine-tune our transportation routes and insure that all bus stops have been determined.
2. The School Messenger system will be used to notify parents of a late bus.
3. Dispatch will notify the school of late buses due to traffic, mechanical issues, or highway accidents.
4. Extra time will be needed during the first few weeks of school to ensure students are getting on the correct bus.

GUIDELINES FOR CREATING BUS STOPS

Guidelines for all Stops: Adequate waiting area for the students.

- Number of students at the stop or proposed stop.
- Geographical factors for sight distance:
- Curves in the roads
- Dips or valleys
- Stationary obstructions
- Whether or not safe walk-in-passage exists for students attending a particular school.
- Proximity to groups of houses or housing plans.
- Special Needs students
- Distance from existing stops.
- Availability to existing bus routes.

Guidelines for Residential areas:

- Volume of traffic in the plan.
- Degree of road hazards
- Walking distance.
- Distance from existing stops
- Adequate waiting area for the students
- Presence of an egress (exit) within the plan.
- Special Needs students

BUS STOP WALKING DISTANCES

Early Start and Kindergarten:

- Early Start and Kindergarten students will now be hand to hand pick up. There will no longer be door to door pick up. Parents will need to escort their child to and from the bus stop daily.
- The parent will hand their child off to the bus driver at the bus stop and return in the afternoon to receive their child from the bus driver.
- Parents should plan to arrive at the bus stop ten minutes before the bus is scheduled to arrive to your child’s stop. Bus route information for Early Start and Kindergarten will be posted with all other route information for parents. If you have any questions please contact your school principal.
- Any person to receive a child at the bus stop must be in high school or older. Any person receiving an early start or kindergarten student must be listed on the Pupil Information sheet (blue sheet) from the Transportation Department.
- Students will be assigned to a corner bus stop unless they fall under the following provisions:
- Have an outstanding IEP or 504 plan that specifies otherwise.
- Live in a rural area.

Elementary School (K-5):

All elementary school students shall be transported at public expense when they reside: (a) Outside a 1/5 (0.2) mile radius from their assigned school, (b) Within a 1/5 (0.2) mile radius of their assigned school, but because of traffic conditions cannot walk with reasonable safety to and from school.
Middle School (6-8) and High School (9-12):

All secondary school students shall be transported at public expense when they reside: (a) outside a ½ (0.5) mile radius of their assigned school, (b) within a ½ (0.5) mile radius of their assigned school, but because of traffic conditions cannot walk with reasonable safety to and from school.

The College and Career Academy at Pruden:

All students who attend The College and Career Academy at Pruden regularly may be transported at public expense to and from their home to their assigned high school from which they shall be transported to and from The College and Career Academy at Pruden.

MOTOR VEHICLES

No student may bring any motor vehicle on school property unless prior to or immediately upon bringing a vehicle on school property, the student shall obtain written authorization from the principal’s office. Student parking decals must be purchased from the high school.

If any student brings any motor vehicle on school property with or without proper authority, he/she shall be deemed thereby to have consented to the search of the vehicle for alcohol, illegal drugs, or weapons. Middle school students may not drive to school.

SCHOOL AUTHORITY AT SCHOOL & AT BUS STOPS

Students are under the jurisdiction of school authorities while on school grounds (before, during and after school hours), bus stops and going to and from school. The administration shall see that students are supervised, as far as practical, during this period of responsibility.

SCHOOL BUS EMERGENCY

In the event of an accident or break down involving a school bus while transporting students, the driver’s first responsibility is the welfare of the students. Once conditions are known, the school will be notified and a school messenger will be sent to parents. The driver is not allowed to release students as they do not know the custody status of their students. The bus will not wait once they are released to proceed on.

RESPONSIBILITY OF THE PARENT

The following rules and regulations apply to all parents of students riding Suffolk Public School buses. These rules and regulations were established to assist the driver in ensuring the safest possible ride to and from school. The bus driver and/or bus aide will enforce all rules and regulations.

1. Parents are prohibited from boarding buses to address concerns while drivers are on their routes.
   School buses are school property and loitering or trespassing on buses or other school property is a violation of the state law. All questions and concerns must be directed to the school administration or transportation.

2. The number of students who can ride a bus is determined by the total number who can be seated. Three students can be seated in a full seat. However, transportation will only assign high school and middle school student as 2 in a full seat.
   a. Compartmentalization is used to keep students safe while riding the school bus. Bus seats are well padded and equipped with high seat backs. For buses over 10,000 lbs. (Code of Federal Regulation Standard No. 222, FMVSS)

3. Parents are responsible to ensure students are at the stop 10 minutes before the pickup time. Parents are encouraged to wait at the stop wait students.

4. Any person to receive a child at the bus stop must be in high school or older. Any person receiving an early start or kindergarten student must be listed on the Pupil Information sheet (blue sheet) from the
Transportation Department.

5. Drivers will not wait for students who are late getting to the bus stop. Students must be at the stop and waiting 10 minutes prior their pick up time.

6. All passengers are under the directive of the driver while on the bus. The driver is to control student conduct and report behavior problems to the principal who will be responsible for disciplinary action.

7. Students must have written permission from the parent in order to receive a bus pass from the school principal to get on or leave the bus at a stop other than their assigned stop.

8. Students who refuse to obey the rules of the bus may result in the forfeit of the privilege to ride the bus.

9. Parent(s)/guardians are allowed to view the video footage involving their child/children only when there is an appeal related to the discipline of their child/children. Video cameras are only a tool and do not negate the driver’s responsibility to maintain control and discipline on the school bus.

10. In the event of a breakdown or accident parents should not come to the bus. The driver is not allowed to release student as they do not know the custody status of their students. The bus will not wait once they are released.

RESPONSIBILITY OF THE STUDENT
The following rules and regulations apply to all students riding Suffolk Public School buses. These rules and regulations were established to assist the driver in ensuring the safest possible ride to and from school. The bus driver and/or bus aide will enforce all rules and regulations. Failure, on the part of any student, to follow the rules and regulations while waiting for the bus, loading the bus, riding the bus or departing the bus may result in suspension or termination of the privilege to ride the school bus.

1. Students must follow the direction of the driver and/or bus aide at all times.
2. Students must stay seated at all times unless getting on or off the bus, or at the directive of the driver and/or aide.
3. There will be no eating or drinking on the bus at any time.
4. Students must keep their hands and feet to themselves and out of the aisle at all times.
5. Students must keep all body parts inside the window at all times.
6. Students shall talk in a normal tone as to not distract the driver.
   a. This particularly includes fighting, yelling, profanity or loud activity. (Fighting on a bus will result in suspension from school)
7. Students must get on and off at their assigned stop at all times. Students using alternate stops must have a bus pass prior to boarding the bus.
8. The bus will be kept in a clean and orderly fashion at all times.
9. Students must keep all objects from being thrown on the bus or out of the window.
10. Students may not transport animals on the bus.
11. Balloons, flowers, or objects large enough to block the aisles or emergency exit are prohibited on the bus. All carryon items should be secured in the student’s lap while on the bus. Items that are too heavy, bulky, extend above the seat’s backrest, or cannot be secured in the student’s lap should not be transported.
12. Large instruments will BE ALLOWED on the bus as long as the items do not deprive students of a seat. These instruments must not block the aisle, emergency exits, obstruct the driver’s view or be placed in the front by the driver’s seat.
13. Student should remain at the designated bus stop, on the shoulder, until the bus arrives.
14. Students will refrain from pushing or otherwise disturbing others while at the stop and on the bus.
15. If, upon leaving the bus, students must cross to the left of the roadway, they must:
   a. Walk approximately 10 feet to the front of the bus
   b. Make sure the driver sees you
   c. Wait for the driver to signal you when it is safe to cross
   d. Be sure it is safe, look left, right then left again before crossing
16. All forms of tobacco use and vaping is prohibited on school property to include the school bus
17. Failure on the part of any student to follow the policies dealing with the school bus operation may result in suspension or termination of the privilege to ride a school bus.
In the past, asbestos was used extensively in building materials because of its insulating, sound absorbing, and fire retarding capabilities. Virtually any building constructed before the late 1970s contained some asbestos. Intact and undisturbed asbestos materials generally do not pose a health risk. Asbestos materials, however, can become damaged or deteriorate over time, and may release asbestos fibers. Inhalation of asbestos fibers may lead to future health problems.

In 1986, Congress passed the Asbestos Hazard Emergency Response Act (AHERA) which requires schools to be inspected to identify any asbestos containing building materials. Suspected asbestos-containing building materials were located, sampled (or assumed to contain asbestos) and rated according to condition and potential hazard. Every three years, Suffolk Public Schools has conducted a re-inspection to determine whether the condition of the known or assumed asbestos containing building materials (ACBM) has changed and to make recommendations on managing or removing the ACBM. At the last re-inspection conducted in 2016, all materials listed in the Management Plan as asbestos containing (or assumed to be asbestos-containing) were inspected and found to be in good condition.

The law further required an asbestos management plan to be in place by July 1989. Suffolk Public Schools developed Asbestos Management Plans for the following schools and support facilities: Nansemond Parkway Elementary School, Elephant’s Fork Elementary School, Driver Elementary School, Kilby Shores Elementary School, Oakland Elementary School prior to renovation, Booker T. Washington Elementary School prior to renovation, Forest Glen Middle School, John Yeates Middle School, John F. Kennedy Middle School, Old Bus Garage, Maintenance Facility, Food Services Facility, Print Shop, and School Administrative Office. These plans are available for review at each of the facilities listed or the Maintenance Facility.

The following buildings contain no asbestos-containing building materials; therefore, no operations and maintenance programs or future inspections are required with the exception of the triennial AHERA update: Lakeland High School, Nansemond River High School, King’s Fork High School, King’s Fork Middle School, Turlington Woods School, Northern Shores Elementary School, Mack Benn, Jr. Elementary School, Creekside Elementary School, Hillpoint Elementary School, Pioneer Elementary School, Florence Bowser Elementary School, and Colonel Fred Cherry Middle School.

It is the intention of Suffolk Public Schools to comply with all federal and state regulations controlling asbestos and to take whatever steps are necessary to ensure students and employees have a healthy and safe environment in which to learn and work. Terry Napier, Director of Facilities and Planning is the school division’s designated asbestos program coordinator, and all inquiries regarding the asbestos plan and asbestos-related issues should be directed to him at 757-934-6206 or terrynapier@spsk12.net.
Suffolk Public Schools
ANNUAL PUBLIC NOTICE CAREER AND TECHNICAL EDUCATION

Suffolk Public Schools’ Department of Career and Technical Education offers a variety of career and technical programs to all students at the middle and high school levels. The program areas include the following:

- Agriculture Education
- Business and Information Technology
- Career Connections
- Family and Consumer Sciences
- Health and Medical Sciences
- Marketing
- Technology Education
- Trade and Industrial Education

For more information about Career and Technical Education, call 757-925-6760.

Suffolk Public Schools does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Dr. Suzanne M. Rice
Assistant Superintendent of Student Services
100 N. Main Street
P.O. Box 1549
Suffolk, VA 23439-1549
Phone: (757) 925-6750
Email: suzannerice@spsk12.net