

2020 SPS GUIDELINES FOR REOPENING SPORTS/ACTIVITIES

OBJECTIVE	This document is intended to provide guidance for schools in implementing the return-to-activity protocols in accordance with state and district restrictions. It allows for a coordinated reopening following the initial stay at home orders and may also be used if conditions dictate the need for increased restrictions in the future.
POSITION STATEMENTS	<p>Suffolk Public School believes it is essential to the physical and mental well-being of students to return to physical activity and athletic competition.</p> <p>Prior to allowing use of facilities, schools should review facility use agreements, especially in the areas of sanitation requirements and liability.</p>
POINTS OF EMPHASIS	<p>Administrators and coaches must emphasize the need for all coaches and participants who have signs or symptoms of illness to stay home when ill to decrease risk of viral transmission.</p> <p>Currently, the 2019-20 VHSL Physical Form expires on June 30, 2020. Therefore, any student-athlete must obtain a physical prior to any athletic participation moving forward dated after May 1, 2020. PPE's are an important way to screen student-athletes for conditions that may expose them to risk of injury, illness, or death due to athletic activity. The VHSL requires annual pre-participation exams prior to any athletic Activity.</p> <p>Current pre-season conditioning and acclimatization models assume that athletes have deconditioned during the stay at home orders. The current pandemic may result in students being deconditioned for several months. The intensity and duration of training should be moderated upon return.</p> <p>Due to the possibility of recurrent outbreaks in the coming months, schools must be prepared for periodic school closures and the possibility of some teams having to isolate for two or more weeks while in season.</p> <p>Decreasing potential exposure to respiratory droplets is the guiding principle behind social distancing and the use of face coverings. The use of cloth face coverings is meant to decrease the spread of respiratory droplets.</p> <p>Parents must sign an Assumption of Risk Form before their student(s) can participate in any Suffolk Public School Practice/Workout.</p> <p><u>VHSL athletic competition will not begin until we are out of Phase Three.</u></p>
ATHLETIC TRAINING SERVICES	Athletic trainers in SPS high schools play a vital role in the return of sports following this pandemic. As health-care professionals, they will take lead roles in implementing infection control policy throughout our school.
GUIDING PRINCIPLES	<ol style="list-style-type: none"> 1. Physical and mental well-being of students. 2. Health and safety of all involved in sports: athletes, coaches, sports medicine, volunteers, school officials. Individuals who are at higher risk for severe disease should take extra precautions or sometimes choose not to participate. This includes individuals who: have chronic lung disease, moderate or severe asthma, serious heart conditions, immunocompromised or take immune-suppressant medication, severely obese, diabetes, chronic kidney disease or dialysis, or those over 65 years. <u>CDC Guidelines can be found</u>

[here.](#)

3. There is a near certainty of recurrent outbreaks in the coming months.
4. Phases 1, 2, and 3 are based on disease prevalence and community transmission (SPS phases match VHSL, and Commonwealth phases). It is possible that SPS schools may move up or down the Phase level. This movement, in either direction, will be dependent upon disease prevalence, community transmission, and guidance from local/state public health officials.
5. Permitted activities may fluctuate based on which Phase the school is in. Permitted activities could include: skill-building drills at home, team practice, within-team competition, competition with teams from a specific area, or full competition from different areas.
6. Returning to activities should also take into account that most of the student-athletes will be deconditioned. They will require a prolonged acclimatization and progression of intensity of activities. This especially applies to student-athletes with sickle cell trait.

	SPS PHASE ONE	SPS PHASE TWO	SPS PHASE THREE
FACILITIES CLEANING	<p>No athletics or activities are permitted in Phase 1</p>	<p>Cleaning schedules will be created and implemented for all SPS athletic facilities. VDH recommends a minimum of every 2 hours and disinfect after every use of any shared equipment.</p> <p>Athletic facilities may be utilized if adhering to the cleaning, occupancy limits, and physical distancing. VDH Guidelines can be found here.</p> <p>Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, bathrooms, athletic training room tables, etc.).</p> <p>Weight equipment should be wiped down thoroughly before and after an individual's use of equipment. (Weight rooms will not be used in Phase 2 in any SPS facilities).</p> <p>Individuals should wash their hands for a minimum of 20 seconds with water and soap or use hand sanitizer containing at least 60% alcohol before touching any surfaces or participating in Workouts.</p> <p>Hand sanitizer will be available to individuals as they transfer from place to place, especially entrances / exits.</p> <p>Appropriate clothing/shoes should be worn at all times to minimize sweat from transmitting onto equipment/surfaces. Any equipment such as weight benches, athletic pads, etc. having</p>	<p>Adequate cleaning schedules will be created and implemented for all athletic facilities.</p> <p>Athletic Training facilities may be utilized if adhering to the cleaning, occupancy limits, and physical distancing.</p> <p>Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility will be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, bathrooms, athletic training room tables, etc.).</p> <p>Weight equipment will be wiped down thoroughly before and after an individual's use of equipment .</p> <p>Individuals should wash their hands for a minimum of 20 seconds with warm water and soap or use hand sanitizer containing at least 60% alcohol before touching any surfaces or participating in workouts.</p> <p>Hand sanitizer be available to individuals as they transfer from place to place, especially entrances/exits.</p> <p>Appropriate clothing/shoes will be worn at all times to minimize sweat from transmitting onto equipment/surfaces.</p> <p>Students must be encouraged to shower and wash their workout clothing immediately upon returning home.</p>

		<p>holes with exposed foam should be covered and disinfected. If equipment cannot be thoroughly disinfected it should not be used.</p> <p>Students should shower and wash their workout clothing immediately upon returning home.</p>	
ENTRANCE/EXIT STRATEGIES	No athletics or activities are permitted in Phase 1	<p>To limit crossover and contact between persons and to prevent groups from gathering, separate entrances/exits and staggering starting/ending times for workouts and other athletic activities will be imposed.</p> <p>CDC signage will be posted at entrances / exits. See CDC Print Resources.</p>	<p>To limit crossover and contact between persons and to prevent groups from gathering, there will be separate entrances/exits and staggering starting/ending times for workouts and other athletic activities. CDC signage will be posted at entrances / exits.</p>
LIMITATIONS ON GATHERINGS	No athletics or activities are permitted in Phase 1	<p>Indoor practices/activities may occur if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, coaches, etc.) cannot exceed the lesser of 30% of the occupancy load of the room in which the activity is being held or 50 persons. No spectators allowed during practices.</p> <p>Outdoor practices/activities are allowable if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, coaches, etc.) cannot exceed the lesser of 50% of the occupancy load of the venue or 50 persons.</p> <p>Workouts should be conducted in “pods” of students/coaches with the same 5-10 students/coaches working out together weekly to limit overall exposure. Smaller pods can be</p>	<p>Indoor practices/activities may occur if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, coaches, etc.) cannot exceed the lesser of 50% of the occupancy load of the room in which the activity is being held or 250 persons. No spectators allowed during practices.</p> <p>Outdoor practices/activities are allowable if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, coaches, etc.) cannot exceed the lesser of 50% of the occupancy load of the venue or 250 persons. No spectators allowed during practices.</p>

		utilized for weight training.	
	SPS PHASE ONE	SPS PHASE TWO	SPS PHASE THREE
PRE-WORKOUT SCREENING	No athletics or activities are permitted in Phase 1	<p>Daily health screening questions of staff and students will be performed. School personnel will use the SPS COVID-19 Athlete/Coach Monitoring Form for each student athlete and coaching staff every day.</p> <p>Responses to the SPS COVID-19 Athlete/Coach Monitoring Form will be recorded and stored. Each school's Activities Director should keep a copy at their base school.</p> <p>Any person with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p>SPS will follow the Return To Participation Guidelines developed by the VDH.</p> <p>Vulnerable individuals should not supervise or participate in any workouts during Phase 2.</p>	<p>Daily health screening questions of staff and students will be performed.</p> <p>Responses to the SPS COVID-19 Athlete/Coach Monitoring Form will be recorded and stored. Each school's Activities Director should keep a copy at their base school</p> <p>Any person with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.</p> <p><i>Vulnerable individuals can resume public interactions but should practice physical distancing and minimize exposure to social settings where physical distancing may not be practical unless other precautionary measures are taken.</i></p>
FACE COVERINGS	No athletics or activities are permitted in Phase 1	<p>Guidelines for cloth face coverings will be strictly followed.</p> <p>Cloth face coverings are considered acceptable. There is no need to require "medical grade" masks for physical activity. All students should wear face coverings when physical distancing is not possible.</p> <p><i>Executive Order 63 allows an exemption for face coverings when individuals are exercising or using exercise equipment.</i></p> <p>One piece plastic shields covering the entire face will not be allowed during participation due to the risk of unintended injury to the person</p>	<p>State, local or school district guidelines for cloth face coverings should be strictly followed. Cloth face coverings should be considered acceptable. There is no need to require or recommend "medical grade" masks for physical activity. All students should wear face coverings when physical distancing is not possible.</p> <p><i>Executive Order 63 allows an exemption for face coverings when individuals are exercising or using exercise equipment.</i></p> <p>One piece plastic shields covering the entire face will not be allowed during participation due to the risk of unintended injury to the person</p>

		<p>wearing the shield or others. Coaches, officials and other contest personnel should wear cloth face coverings at all times and are strongly encouraged to wear cloth face coverings whenever physical distancing is not possible. Anyone with an identified health condition may be exempt from face covering policy. <i>(Artificial noisemakers such as an air horn or a timer system with an alarm should be used to signal in place of a traditional whistle.)</i></p> <p>Face coverings should be laundered on a daily basis and hands should be washed after touching/adjusting face coverings.</p>	<p>wearing the shield or others. Coaches, officials and other contest personnel should wear cloth face coverings at all times and are strongly encouraged to wear cloth face coverings whenever physical distancing is not possible. Anyone with an identified health condition may be exempt from face covering policy. <i>(Artificial noisemakers such as an air horn or a timer system with an alarm can be used to signal in place of a traditional whistle.)</i></p> <p>Face coverings should be laundered on a daily basis and hands should be washed after touching/adjusting face coverings.</p>
HYGIENE PRACTICES	No athletics or activities are permitted in Phase 1	<p>Individuals should wash their hands for a minimum of 20 seconds with warm water and soap or use hand sanitizer containing at least 60% alcohol before touching any surfaces or participating in workouts.</p> <p>Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.</p> <p>Disinfect frequently used items and surfaces. VDH recommends disinfecting every two hours or after every use of any shared equipment.</p> <p>Strongly consider using face coverings while in public, and particularly when using mass transit.</p> <p>Students are encouraged to shower and wash their workout clothing immediately upon returning home.</p>	<p>Individuals should wash their hands for a minimum of 20 seconds with warm water and soap or use hand sanitizer containing at least 60% alcohol before touching any surfaces or participating in workouts.</p> <p>Sneeze or cough into a tissue, or the inside of your elbow. Avoid touching your face.</p> <p>Disinfect frequently used items and surfaces as much as possible. Strongly consider using face coverings while in public, and particularly when using mass transit.</p>
	SPS PHASE ONE	SPS PHASE TWO	SPS PHASE THREE
HYDRATION/FOOD	No athletics or activities are permitted in Phase 1	All students must bring their own water bottle.	All students must bring their own water bottle.

		<p>Water bottles must not be shared. Food should not be shared.</p> <p>Hydration stations (water cows, water trough, water fountains, etc.) should not be utilized.</p>	<p>Water bottles must not be shared. Food should not be shared.</p> <p><i>Hydration stations may be used for refilling of personal bottles but must be cleaned after each practice or contest.</i></p>
TRAVEL	No athletics or activities are permitted in Phase 1	Travel will not be permitted in SPS Phase Two. All workout sessions will be school based only.	<i>Travel may be permitted within the City of Suffolk, VA only.</i>
LOCKER ROOMS AND ATHLETIC TRAINING ROOMS	No athletics or activities are permitted in Phase 1	<p>If locker rooms or meeting rooms are used, there must be a minimum distance of 10 feet between each individual at all times.</p> <p>Shower use is not allowed at schools. Athletes are encouraged to shower and change clothing immediately upon returning home.</p> <p>Athletic Training facilities may be utilized if adhering to the cleaning, occupancy limits, and physical distancing but is discouraged if possible.</p>	<p>If locker rooms or meeting rooms are used, there must be a minimum distance of 6 feet between each individual at all times.</p> <p>Shower use is not allowed at schools. Athletes are encouraged to shower and change clothing immediately upon returning home.</p> <p>Athletic Training facilities may be utilized if adhering to the cleaning, occupancy limits, and physical distancing but is discouraged if possible.</p>
WEIGHT ROOMS	No athletics or activities are permitted in Phase 1	Use of Weight rooms is prohibited in SPS Phase Two.	<p>Weight equipment should be wiped down thoroughly before and after an individual's use of equipment.</p> <p>Maximum lifts should be limited and power cages should be used for squats and bench presses. Allowable exercises should be individual based. If a spotter is needed, they should stand at each end of the bar. All equipment should be disinfected after each use.</p>
PHYSICAL ACTIVITY AND ATHLETIC EQUIPMENT	No athletics or activities are permitted in Phase 1	<p>There should be no shared athletic equipment (towels, clothing, shoes, or sports specific equipment) between students.</p> <p>Students should wear their own appropriate workout clothing (do not share clothing). Individual clothing/towels should be</p>	<p>Students should wear their own appropriate workout clothing (do not share clothing). Individual clothing/towels should be washed and cleaned after every workout. Use disposable towels and linens when possible.</p> <p>Individual drills requiring the use</p>

		<p>washed and cleaned after every workout. Use disposable towels and linens when possible. Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual. Recommend disinfecting all equipment between each group usage.</p> <p>Physical contact such as high-fives, fist bumps, and hugs are not allowed.</p>	<p>of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual. Recommend disinfecting all equipment between each group usage.</p> <p>Athletic equipment such as bats, balls, sleds, tackling dummies, batting helmets, and catchers gear may be used. Equipment should be disinfected frequently before, during, and after practices. Other equipment, such as wrestling ear guards, football helmets/other pads, lacrosse helmets/pads/gloves/eyewear should be worn by only one individual and not shared.</p>
GENERAL ACTIVITY DESCRIPTION		<p>Individual Skill Development and Workouts Maintain Physical Distancing; No Contact with Others; No Sharing of Equipment</p>	
LOWER INFECTION RISK ACTIVITIES	Activities that can be done with physical distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.		
SWIMMING	No athletics or activities are permitted in Phase 1	Relays must maintain physical distancing.	Relays must maintain social distancing.
GOLF	No athletics or activities are permitted in Phase 1	Maintain appropriate physical distancing 10 feet apart.	Maintain appropriate physical distancing 10 feet apart.
TENNIS	No athletics or activities are permitted in Phase 1	Conditioning, no sharing of balls, each player may use their own can of balls to serve and use racket to pass other balls (singles only), ball machine use by individuals only. Players may do individual drills, wall volleys and serves. Wipe down rackets, tennis balls, and equipment after each use.	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
FORENSIC/DEBATE	No athletics or activities are permitted in Phase 1	Follow your school's established protocols for physical distancing and mitigation in classroom and performance spaces.	Follow your schools established protocols for social distancing and mitigation in classroom and performance spaces.
SCHOLASTIC BOWL	No athletics or	Follow your school's established	Follow your schools established

	activities are permitted in Phase 1	protocols for physical distancing and mitigation in classroom and performance spaces.	protocols for social distancing and mitigation in classroom and performance spaces.
E-SPORTS	No athletics or activities are permitted in Phase 1	Follow your school's established protocols for physical distancing and mitigation in classroom and performance spaces.	To Be Determined
GENERAL ACTIVITY DESCRIPTION		Individual Skill Development and Workouts Maintain Physical Distancing; No Contact with Others; No Sharing of Equipment	
Moderate Infection Risk Activities	Activities that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact, OR group sports OR sports that use equipment that can't be cleaned between participants. Note: Volleyball*, Baseball*, Softball*, Gymnastics* Could potentially be considered "Lower Infection Risk" with appropriate cleaning of equipment and use of face coverings by participants.		
CROSS COUNTRY	No athletics or activities are permitted in Phase 1	Runners should maintain at least 10 feet of distancing between individuals, with no grouping (i.e., starts and finishes).	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
TRACK & FIELD	No athletics or activities are permitted in Phase 1	Runners should maintain at least 10 feet of distancing between individuals, with no grouping (i.e., starts and finishes). No sharing of implements/equipment. Padded equipment should be cleaned after each use by an athlete.	Runners should maintain at least 10 feet of distancing between individuals, with no grouping (i.e. starts and finishes). All athlete, team, and padded equipment should be disinfected frequently before, during, and after practices.
BASEBALL	No athletics or activities are permitted in Phase 1	Conditioning and tee work. Players should not share gloves or bats or throw a baseball that will be tossed among the team. A single player may hit in cages, throw batting practice (with netting as backstop, no catcher). Prior to another athlete using the same balls, they should be collected and cleaned individually.	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
SOFTBALL	No athletics or activities are permitted in Phase 1	Conditioning and tee work. Players should not share gloves or bats or throw a softball that will be tossed among the team. A single player may hit in cages, throw batting practice (with netting as backstop, no catcher). Prior to	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.

		another athlete using the same balls, they should be collected and cleaned individually.	
THEATRE	No athletics or activities are permitted in Phase 1	Follow established protocols for physical distancing and mitigation in classroom and performance spaces.	Follow your schools established protocols for social distancing and mitigation in classroom and performance spaces.
ROBOTICS	No athletics or activities are permitted in Phase 1	Follow established protocols for physical distancing and mitigation in classroom and performance spaces.	Follow your schools established protocols for social distancing and mitigation in classroom and performance spaces.
GENERAL ACTIVITY DESCRIPTION		Individual Skill Development and Workouts Maintain Physical Distancing; No Contact with Others; No Sharing of Equipment	
Higher Infection Risk Activities	Activities that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.		
VOLLEYBALL	No athletics or activities are permitted in Phase 1	Conditioning, individual ball handling drills, each player has their own ball. A player should not use a volleyball that others touch or hit in any manner.	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
FIELD HOCKEY	No athletics or activities are permitted in Phase 1	Conditioning, individual drills, each player has her own ball. A player should not use a field hockey ball that others touch in any manner. Goalie equipment should be cleaned after each use and should not be shared.	Conditioning, individual or team based skill development allowed. All team and goalie equipment should be disinfected frequently before, during, and after practices.
SOCCER	No athletics or activities are permitted in Phase 1	Conditioning, individual ball skill drills, each player has their own ball, feet only (no heading/use of hands), no contact.	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
BASKETBALL	No athletics or activities are permitted in Phase 1	Conditioning, individual ball skill drills, no contact or sharing of balls. A player may shoot with a ball(s), but a team should not practice/pass a basketball among the team where multiple players touch the same ball.	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
FOOTBALL	No athletics or activities are permitted in Phase 1	Conditioning and individual drills. A player should not participate in drills with a football that will be	Conditioning, individual or team based skill development allowed. All player and team equipment

		handed off or passed to other teammates. Contact with other players is not allowed, and there should be no sharing of tackling dummies / donuts / sleds. Protective equipment prohibited.	should be disinfected frequently before, during, and after practices. Protective equipment prohibited.
WRESTLING	No athletics or activities are permitted in Phase 1	Conditioning, mirror drills with spacing, no contact. Wrestlers may skill and drill without touching a teammate (as long as at least 10 feet of physical distancing is adhered to).	Conditioning, individual or team based skill development allowed. All player and team equipment should be disinfected frequently before, during, and after practices.
COMPETITION CHEERLEADING	No athletics or activities are permitted in Phase 1	Conditioning and individual technique/choreography work. Students may not practice/perform partner or group stunts. Chants, jumps, dance, tumbling without contact are permissible as long as at least 10 feet of physical distancing is adhered to.	Conditioning, individual or team based skill development allowed. All team equipment should be disinfected frequently before, during, and after practices.
MUSIC	No athletics or activities are permitted in Phase 1	Follow established protocols for physical distancing and mitigation in classroom and performance spaces.	Follow established protocols for physical distancing and mitigation in classroom and performance spaces.
BAND	No athletics or activities are permitted in Phase 1	<p>During practices and rehearsals, staff must ensure appropriate social distancing, hygiene, and safety measures are implemented.</p> <p>All surfaces in practice and rehearsal areas must be thoroughly disinfected throughout and at the end of each day.</p> <p>No clothing or towels may be laundered on site or shared during practices and rehearsals.</p> <p>Students and staff must maintain at least ten feet of distance from all sides when actively practicing or rehearsing. Schools should consider requiring students who are not actively practicing to wear cloth face masks.</p> <p>Indoor practices and rehearsals can be conducted up to a maximum of 25%.</p>	<p>During practices and rehearsals, staff must ensure appropriate social distancing, hygiene, and safety measures are implemented.</p> <p>All surfaces in practice and rehearsal areas must be thoroughly disinfected throughout and at the end of each day.</p> <p>No clothing or towels may be laundered on site or shared during practices and rehearsals.</p> <p>Indoor practices/activities may occur if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, coaches, etc.) cannot exceed the lesser of 50% of the occupancy load of the room in</p>

		<p>Any equipment must be thoroughly disinfected before and after each use. If a student uses a piece of equipment, that equipment must be thoroughly disinfected before another student uses it.</p> <p><i>Instruments that require students to blow or breathe into them cannot be shared with other students or staff.</i> Schools should limit the use of equipment to further reduce the risk of spreading the virus.</p> <p>Schools should have students remain with a single group or cohort to minimize the number of students and staff that must isolate if a case is confirmed.</p>	<p>which the activity is being held or 250 persons. No spectators allowed during practices.</p> <p>Outdoor practices/activities are allowable if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, coaches, etc.) cannot exceed the lesser of 50% of the occupancy load of the venue or 250 persons. No spectators allowed during practices.</p> <p>Any equipment must be thoroughly disinfected before and after each use. If a student uses a piece of equipment, that equipment must be thoroughly disinfected before another student uses it. <i>Instruments that require students to blow or breathe into them cannot be shared with other students or staff.</i> Schools should limit the use of equipment to further reduce the risk of spreading the virus.</p> <p>Schools should have students remain with a single group or cohort to minimize the number of students and staff that must isolate if a case is confirmed.</p>
<p>EVENT CONSIDERATIONS</p>	<p>No athletics or activities are permitted in Phase 1</p>	<p>Indoor events may occur if at least 10 feet of physical distance can be maintained by all participants at all times and all shared items can be disinfected between uses. The total number of attendees (including participants, , etc.) cannot exceed the lesser of 30% of the occupancy load of the room in which the activity is being held or 50 persons.</p> <p>Outdoor events are allowable if at least 10 feet of physical distance</p>	<p>Indoor events/activities may occur if at least 10 feet of physical distance can be maintained by all persons (including participants, coaches, etc.) at all times. The total number of attendees (including participants, etc.) cannot exceed the lesser of 50% of the occupancy load of the room in which the activity is being held or 250 persons.</p> <p>Outdoor events/activities are allowable if at least 10 feet of physical distance can be</p>

		can be maintained by all attendees (including participants, coaches, etc.) cannot exceed the lesser of 50% of the occupancy load of the venue or 50 persons.	maintained by all persons (including participants, etc.) at all times. The total number of attendees (including participants, etc.) cannot exceed the lesser of 50% of the occupancy load of the venue or 250 persons..