

4169 PRUDEN BOULEVARD, SUFFOLK, VA

# FALL/WINTER **2023-2024**

**ADULT CLASS SCHEDULE** 





- Statement
- $GED^{\mathbb{B}}$ 3-6 Classes and Information
  - NorthStar Digital Literacy
  - GED® Testing Schedules
  - Pearson-VUE Authorized Test Center
  - CPR/First Aid Classes
  - Special Interest Classes
  - Career 10 Training

# **MISSION STATEMENT**

The mission of the adult education program at The College and Career Academy at Pruden is to ensure adults are offered high quality educational programs that provide unlimited opportunities in a growing, changing society. To this end, we are committed to high standards of learning that allow adults to enter post-secondary education and training to prepare for the workforce, and excel in a global economy.

> FOR INFORMATION CALL 757.923.5254 1-8 PM, MONDAY-THURSDAY

**12** Nurse Aide

Welding

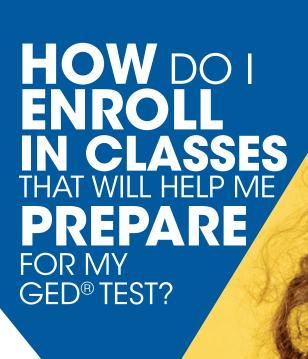
Programs for High School 13 Students/ Registration Form

Dual Credit

School 14 Policies and Information

Student 15 Data Form

Training 16 Opportunities



- Call the **GED** office and schedule a placement test.
- Arrive at 4:00 p.m. for your scheduled test session.
- Prepare to stay at least 3 hours for testing.
- Attend classes at a location convenient for you.

#### SATELLITE LOCATIONS

**Suffolk Workforce Development Center** 157 N. Main Street | Second Floor | Suffolk, VA 23434

**East Suffolk Recreation Center** 138 S.6th Street | Suffolk, VA 23434

The College and Career Academy at Pruden is a partner with the Hampton Roads Workforce Development system. The Adult and Continuing Education Program is provided by Suffolk Public Schools. Visit us at ccap.spsk12.net

# GED® MATH & WRITING TUTORING

Do you need additional help with math and writing? The adult education program at The

College and Career Academy at Pruden offers writing and math tutoring Call the Adult Education office and to pass the GED® test.

# GED & ESOL PROGRAMS



REGISTRATION
DEADLINE
FOR FALL
GED CLASSES
OCTOBER 5

#### **GED**

(General Educational Development) GED® classes incorporate Workplace Readiness Skills and prepare students for the GED test. Students take practice tests and receive instruction in language arts, mathematics, science, and social studies.

#### PRE-GED

Classes incorporate Workplace Readiness Skills and prepare students for GED instruction. Students improve basic skills in reading, language arts and mathematics.

#### **ESOL**

(English for Speakers of Other Languages) Speaking, Writing, and Listening are the focus of instruction in ESOL classes. Students learn life skills that assist them with entry into the workplace and daily living.



#### **FALL GED & ESOL CLASSES**

FALL GED	a ESUL CLASSES			
GED® & Pre-GED®	The College & Career Academy at Pruden	Sept 12 - Dec 14	T/TH	6:00 PM - 8:30 PM
GED® & Pre-GED®	Suffolk Workforce Center	Sept 11 - Dec 14	M = TH	9:00 AM - 12:00 PM
ESOL	The College & Career Academy at Pruden	Sept 11 - Dec 13	M/W	6:00 PM - 8:30 PM
GED® & Pre-GED®	East Suffolk Recreation Center	Sept 12 - Dec 14	T/TH	5:00 PM - 7:30 PM
GED® FastTrack	The College & Career Academy at Pruden	Sept 12 - Dec 14	T/TH	6:00 PM - 8:30 PM
GED PLUS	S / CAREER PATHWAY CLAS	SSES		
Nurse Aide/GED®	The College & Career Academy at Pruden	Sept 19 – Jan 25	T/W/TH	5:30 PM -8:30 PM
Nurse Aide/GED®	The College & Career Academy at Pruden	Feb 6 – June 11	T/W/TH	5:30 PM -8:30 PM
<b>GED TUTO</b>	DRING			
GED® Math	The College & Career Academy at Pruden	Oct 9 - Dec 11	M	5:00 PM - 8:00 PM
GED® Writing	The College & Career Academy at Pruden	Oct 11 - Dec 13	W	5:00 PM - 8:00 PM
WINTER G	SED & ESOL CLASSES			
GED® & Pre-GED®	The College & Career Academy at Pruden	Jan 9 - May 30	T/TH	6:00 PM - 8:30 PM
GED® & Pre-GED®	Suffolk Workforce Center	Jan 9 - May 30	M = TH	9:00 AM - 12:30 PM
ESOL	The College & Career Academy at Pruden	Jan 8 - May 29	M/W	6:00 PM - 8:30 PM
GED® & Pre-GED®	East Suffolk Recreation Center	Jan 9 - May 30	T/TH	5:00 PM - 7:30 PM

<sup>\*</sup>Tutoring sessions are FREE to students enrolled in Pre-GED and GED classes. Textbook fees are approximately \$15 to \$50.

### **Customized Training Options through Northstar Digital Literacy**

Training is customized to meet the needs of small groups and organizations. Complete our online survey and customize a class to help you with projects at work or home. Classes are offered in 2 to 3 sessions for a total of 6 to 9 hours. Take advantage of flexible scheduling. Call us to schedule a class TODAY!

#### Select from the following courses

Computer Basics Internet Basics Windows 10 Email

MS Word Office 2016

Social Media MS Excel Office 2016 MS PowerPoint Office 2016 DOCS (NEW)



All classes begin after 4:00 pm Monday through Thursday.

Group rate: \$425

Maximum number of participants required: 10

Small group rate: \$189 plus \$49 for each additional person.

Minimum number of participants required: 4

# **LEARN**

- Essential Computer Skills
- Internet Basics, Using Email, Windows 10
- Essential Software Skills Microsoft Word, Excel, PowerPoint, Google Docs
- Using Technology in Daily Life Social Media, Information Literacy, Career Search

\*Northstar Digital Literacy certificate available upon successful completion of assessment

#### The GED Ready® Practice Test is offered by appointment only

at The College and Career Academy at Pruden. Please call 757-923-5254 to schedule a test.

IF YOU PASS THE **PRACTICE TEST YOU GET TO TAKE THE ACTUAL TEST FREE!** 

Test-takers are assessed in 4 subjects: Mathematical Reasoning, Science, Social Studies, and Reasoning Through Language Arts. Learners are likely to pass the official GED® test subjects when they receive passing practice test scores. For only \$3.00 per subject, you will be able to identify specific areas that require additional study and preparation time.

**VIRGINIA TEST FEES** 

VA GED Test Fee ......\$36 per subject Retest Fee ......\$10.00

OFFICIAL PRACTICE TEST FEE ......\$3.00 per subject

#### 2023-2024 **PLACEMENT EVALUATIONS**

Evaluations are required for entrance into ESOL, Pre-GED®and GED® classes. Call 757-923-5254 to schedule an appointment for one of the dates below. Placement evaluations are FREE and start promptly at 4:00 p.m. All prospective students must be at least 18 years old and have valid ID for admittance into the session.

**October** 5, 12, 19, 26 November 2, 9, 16, 30 December 7, 13 **January** 4, 11, 18, 25

**September** 7, 14, 21, 28 | **February** 1, 8, 15, 22 March 7, 14, 21, 28 **April** 11, 18, 25 May 2, 9, 16. 23, 29 **June** 6, 13, 20, 27

#### 2023-2024 **GED TEST SCHEDULE**



Register online at GED.com for the official GED® test dates listed below. Candidates need to schedule a minimum of two dates to complete the required battery of tests. The testing center opens at 4:00 p.m. on Friday and 8:30 a.m. on Saturday. The cost for candidates taking the complete battery of tests (4 modules) is \$144. One test module is \$36.

#### **GED TEST DATES**

September 8, 9, 22, 23 **December** 1, 2, 8, 9 March 8, 9, 22, 23 June 7, 8, 21, 22

**October** 13, 14, 27, 28 **January** 5, 6, 19, 20 **April** 12, 13, 26, 27 July

**February** 9, 10, 23, 24 May 3, 4, 17, 18 August 12, 13, 26, 27 9, 10, 23, 24

**November** 

3, 4, 17, 18

Call the Adult Education office at The College and Career Academy at Pruden for additional information at 757-923-5254.



TESTING SCHEDULES



We give you the power and knowledge to succeed with our prep classes. Then, you can build confidence by taking the official GED® Practice Tests. and when you're ready, we offer GED® testing and more.

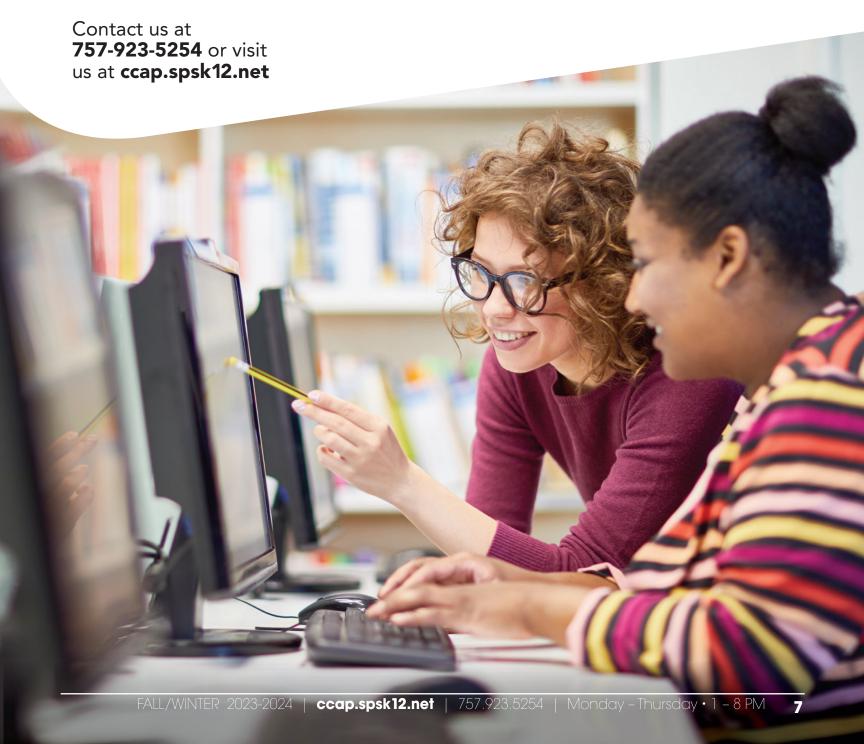
Call 757-923-5254 FOR MORE INFORMATION

## AUTHORIZED TEST CENTER AT PRUDEN

# **PEARSON VUE**

The College and Career Academy at Pruden is a Pearson VUE Authorized Test Center, providing on-site, on-demand testing for certification and professional licensure exams.

## SCHEDULE YOUR NEXT EXAM TODAY!



# CPR/ **FIRST AID**



#### **ADULT & PEDIATRIC CPR/AED**

Adult CPR - Be prepared for the most serious emergencies! Take alone or in combination with Standard First Aid. Course certified by the American Heart Association. Course Code 100

9/9	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
10/14	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
11/4	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
12/9	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
1/20	SAT	8:00 AM - 12:00 PM	4HRS.	\$50
2/10	SAT	8:00 AM - 12:00 PM	4HRS.	\$50

#### **STANDARD FIRST AID**

This course includes the basics none of us can afford to be without! Take alone or in combination with Adult or Infant/ Child CPR. Course certified by the American Heart Association. Course Code 101

9/9	SAT	1:00 PM – 5:00 PM	4HRS.	\$40
10/14	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
11/4	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
12/9	SAT	1:00 PM – 5:00 PM	4HRS.	\$40
1/20	SAT	1:00 PM - 5:00 PM	4HRS.	\$40
2/10	SAT	1:00 PM - 5:00 PM	4HRS.	\$40



#### **EMT BASICS**

Become an Emergency Medical Technician, and you can help others when they need it most. This course prepares students to take the EMT certification exam offered through the Virginia Office of Emergency Medical Services. Students must hold a current CPR healthcare provider certification. Textbooks are not included in the cost of the class. Course Code 200

9/11 - 2/7 2/12 - 7/8 M/W 5:00 PM - 8:00 PM 155 HRS 5:00 PM - 8:00 PM \$525 M/W155HRS.





#### **HOLIDAY HORS D'OEUVRES**

Just in time for the holidays! In this hands-on class, Chef Maia Jones will teach you how to elevate any event to the next level with some of the best and most impressive looking hors d'oeuvres. Materials fee: \$20.00

5:00 PM - 8:30 PM 3.5HRS. 10/18



#### **ITALIAN CUISINE**

Known for its regional diversity, Italian cuisine offers an abundance of flavors and ingredients. Join Chef Maia Jones and learn to make one of the most popular cuisines in the world. Materials fee: \$20.00

9/27 5:00 PM - 8:30 PM 3.5HRS.



#### **ICING ON THE CAKE**

Learn basic cake decorating and create your own beautiful cakes. Decorate simple, all occasion cakes. Course includes use of cake decorating tools. Materials fee: \$10.00

5:00 PM - 8:30 PM 12/6 W 3.5 HRS.





#### **SERVSAFE CERTIFICATION**

Learn basic food safety practices for preparing and serving food. Earn your certification from the National Restaurant Association and get the knowledge that every employee needs to succeed as a food service expert. The exam fee is not included in the cost of the class.

\$95 1/17 - 2/21 W 12 HRS. 5:00 PM - 7:00 PM

# CAREER TRAINING PROGRAMS

#### **HEATING, VENTILATION AND AIR CONDITIONING (HVAC)**

Receive hands-on training and learn to install, maintain and repair essential temperature control equipment found in today's homes and businesses. Instruction includes basic electrical circuits and components, compressors, metering devices, refrigerants, and heat pumps. Required text: Modern Refrigeration & Air Conditioning. Course Code 5001 - 5004

PART 1 9/11/23 - 10/30/23 M/T 5:30 PM - 8:30 PM 45HRS. \$225 PART 2 11/13/23-1/16/24 M/T 5:30 PM - 8:30 PM 45HRS. \$225 PART 3 1/29/24 - 3/19/24 M/T 5:30 PM - 8:30 PM 45HRS. \$225 PART 4 4/8/24 - 5/28/24 M/T 5:30 PM - 8:30 PM 45HRS. \$225



#### **FORKLIFT CERTIFICATION**

Learn safe operations and practices of a forklift and receive an OSHA approved certification upon class completion.

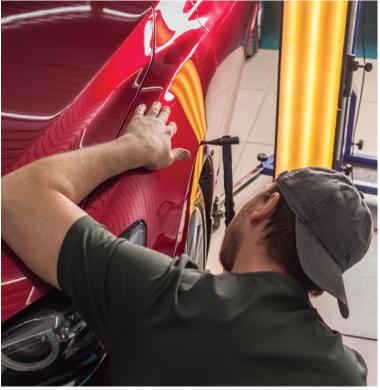
Materials i	tee:\$10 Cc	ourse Code 3120		
9/25/23	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65
10/30/23	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65
11/27/23	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65
12/11/23	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65
1/29/24	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65
2/26/24	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65
3/25/24	MONDAY	4:00 PM - 9:00 PM	5 HOURS	\$65



#### **AUTO BODY REPAIR**

Students learn minor to major body repairs, restorations, and spray-painting techniques while learning to safely use body tools and equipment. Materials fee: \$55

9/12/23 - 10/31/23 T/TH 6:00 PM - 9:00 PM 45HRS. \$195 11/14/23 - 1/18/24 T/TH 6:00 PM - 9:00 PM 45HRS. \$195



#### ALL CLASSES MEET FROM 5:00 PM-9:00 PM AT THE COLLEGE AND CAREER ACADEMY **UNLESS OTHERWISE STATED.**

## COSMETOLOGY





#### COSMETOLOGY

Prepare for the Virginia State Board for Barbers and Cosmetology examination with this course. Completion of four sessions will prepare you for the state exam required for licensure. Textbooks and supplies are not included. \*New Enrollment accepted in each module. Course Code 6001 - 6004

8/28/23 - 1/4/24 MON-THURS 5:00 PM - 9:00 PM \$1500 1/8/24 - 4/30/24 MON-THURS 5:00 PM - 9:00 PM \$1500 5/1/24 - 8/15/24 MON-THURS 5:00 PM - 9:00 PM \$1500 5:00 PM - 9:00 PM \$1500 8/26/24 - 12/19/24 MON-THURS

#### **COSMETOLOGY THEORY** FOR APPRENTICES

Completion of two sessions fulfills theory requirements for the Virginia State Board for Cosmetology. Only registered apprentices

Thay apply. Course a	JUUE UUUTA		
8/28/23 - 1/3/24	MON & WED	5:00 PM - 9:00 PM	\$600
1/8/24 - 4/29/24	MON & WED	5:00 PM - 9:00 PM	\$600
5/1/24 - 8/14/24	MON & WED	5:00 PM - 9:00 PM	\$600
8/26/24 - 12/18/24	MON & WED	5:00 PM - 9:00 PM	\$600

Salon Appointments Available Call 757.923.5254 to schedule today!



## **NURSES AIDE**

ALL CLASSES MEET FROM 6:00 - 9:00 PM AT THE COLLEGE AND CAREER ACADEMY AT PRUDEN UNLESS OTHERWISE STATED.



#### **NURSE AIDE**

Students who successfully complete this program are eligible to apply to become a Certified Nurse Aide in the state of Virginia. Students learn skills required to pass the National Nurse Aide Assessment Program (NNAAP) Examination. Tuition does not include textbooks, CPR materials and other required supplies. Code 4120A

9/19/23 - 1/25/24 T/TH 6:00 PM - 9:00 PM T/TH 6:00 PM - 9:00 PM \$525 2/6/24 - 6/11/24 153hrs.

#### NURSE AIDE SKILLS REVIEW

Review skills to improve your performance on the National Nurse Aide Assessment Program (NNAAP) Examination. This class is designed for completers of a Virginia-approved nurse aide education program. Approved first-time test takers and lapsed certificate holders are permitted to enroll. Eligibility requirements for the NNAAP Examination are regulated by the Virginia Board of Nursing. Course Code 4120A

10/9/23 & 10/11/23 M/W 5:00 PM - 8:30 PM 1/20/24 Saturday 8:30 AM - 3:30 PM \$55

# EARN YOUR WAY **NURSE AIDE**

This program is designed to prepare students for the National Nurse Aide Assessment Program (NNAAP®) Exam.

**TUITION** 

\$525

Call 757-923-5254 for more information.

Tuition Assistance Available to Qualifying Applicants

#### WELDING

Start a path to learn a new job skill or improve your present welding skills. With individual instruction, learn the basics of welding machines, safety set-up and operational techniques. Topics include SMAW, GMAW, GTAW-FCAW, Oxy-fuel cutting, and Welding and Plasma cutting. Class is 90% hands-on and limited to 12 people. Materials fee: \$30

An additional fee will be assessed for advanced students.

9/12/23 - 10/31/23 T/TH 6:00 PM - 9:00 PM 45hrs. \$225 \$225 11/14/23 - 1/18/24 T/TH 6:00 PM - 9:00 PM 45hrs.

Course Code 4100 1/30/24-3/19/24 T/TH 6:00 PM - 9:00 PM

#### **Job Outlook**

Employment of welders, cutters, soldiers, and brazers is projected to grow 3 percent from 2019 to 2029, about as fast as the average for all occupations. The nation's aging infrastructure will require the expertise of welders, cutters, solderers, and brazers to help rebuild bridges, highways, and buildings.



# REGISTRATION FORM Use one registration form per student



#### **For Office Use Only**

Receipt # \_\_\_\_\_ Payment Plan: Yes \_\_\_\_\_ No \_ Payment Type: Cash Check CC

Name	Firet		
Last	First	M	
Street Address		City	State Zip
Phone	Email		
Course		Dates/Time	Tuition Fee
Course		Dates/Time	Tuition Fee
Course		Dates/Time	Tuition Fee

Please use the Online School Payment (OSP) system at ccap.spsk12.net to process credit card payments.

**REFUND POLICY:** REFUNDS ARE GRANTED ONLY WHEN A WRITTEN REQUEST IS RECEIVED AT LEAST FIVE (5) BUSINESS DAYS PRIOR TO THE FIRST CLASS MEETING. A full refund will be given when a class is cancelled



#### THE COLLEGE AND CAREER ACADEMY AT PRUDEN (CCAP)

If you are a Suffolk Public Schools student who is interested in a high wage, high demand career, please contact your school counselor or a representative at The College and Career Academy at Pruden for information on program offerings for high school students.

Visit us at ccap.spsk12.net



#### WE DO NOT ACCEPT REGISTRATIONS WITHOUT FULL PAYMENT

#### **REGISTRATION DEADLINE**

Registration and payment must be received at least one week prior to the start of the class. If a class fills, you will be contacted and offered other available dates or you will be placed on a waiting list. New classes may be created from a waiting list.

#### **TUITION ASSISTANCE**

Tuition assistance forms from an employer or agency must be submitted at the time of registration.

#### **REFUND POLICY REFUNDS ARE GRANTED ONLY WHEN A WRITTEN REQUEST IS RECEIVED AT LEAST FIVE (5) BUSINESS** DAYS PRIOR TO THE FIRST **CLASS MEETING UNLESS** THE CLASS IS CANCELLED.

A full refund will be given when a class is cancelled.

#### RETURNED CHECKS

There will be a \$25.00 charae for all returned checks.

#### **INCLEMENT WEATHER**

Announcements will be posted on the website of Suffolk Public Schools and broadcasted on local news stations. The College and Career Academy at Pruden is closed when the Suffolk Public Schools division is closed.

#### **CLASS CANCELLATIONS**

If a class is cancelled due to lack of enrollment, you will receive notification by phone and email. Please make sure your registration form has current contact information.

#### **AGE REQUIREMENTS**

Classes are for individuals who are 18 years of age and older unless otherwise stated in the class description.

#### **CERTIFICATES**

A certificate will be awarded for successful completion of a class. Successful completion requires good attendance as well as meeting all program requirements. If professional licensure is available, it will be stated in the course description.

SCHOOL CLOSINGS Sept 4

Nov 22 - 24, Nov 10 Dec 21 - Jan 1

Jan 15 Feb 19

April 1-5 May 27

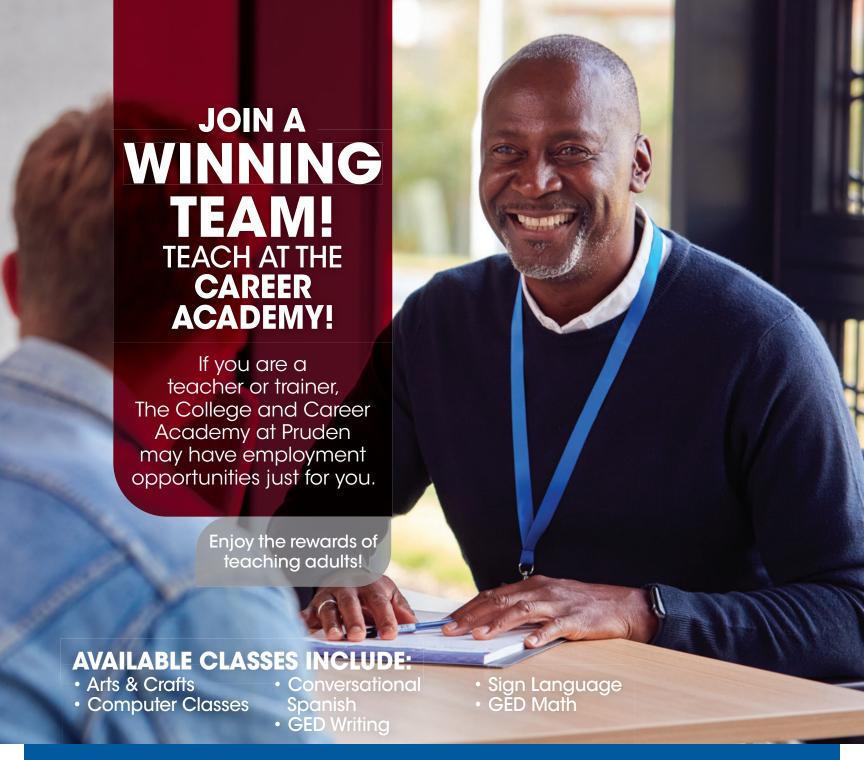
June 19

# STUDENT DATA FORM

4169 PRUDEN BOULEVARD, SUFFOLK, VA | 757.923.5254 | CCAP.SPSK12.NET



YOU MUST BE 18 YEARS OF A	GE OR OLDER to enroll in con	ntinuing education classes	.This form must be c	ompleted by all students
I certify that I am at least 1	8 years of age and not enroll	led in public school.		
Instructions: Type or print in in Career Academy at Prude		Use your legal name and	return completed fo	rm to The College and
NOTE: SHADED BLOCK IS FO			Course ID	
Namo				
Name Last				
Address				
County of Residence				
Country		U.S. Citizen Yes No	Email	
Home Phone ( )	Work Phone	€( )	Cell Phone	*( )
Social Security Number (Last Gender Male Female	4 digits <u>)</u>	Date of Birth		
Ethnicity	Rac	e		
☐ Hispanic/Latino ☐ Not Hispanic/Latino ☐	Asian American Indian or Alaska No	<u> </u>		☐ White slander
How did you hear about thi	is course? Please check on	lly one.		
_	nal Initiative Recruitmen			Other
Check one of the following	as it relates to your educa	tional attainment:		
High School Diploma	GED Certificat	re College	Degree	☐ Not Applicable
Name of high school attend	ded:			
Highest educational level of	completed:			
Program Type:				
☐ EMT ☐ Cosmeto	logy HVAC			
☐ Nurse Aide ☐ Welding	Other			
Employment Status - please	check one:			
Retired Employed	d 1-10 hours per week	Employed 40 or n	nore hours per weel	<
Unemployed - Not Seeking	g Employment	Employed 11-20 h	nours per week	Employer
	ployment $\square$ Employed 21–3			
Is your fuition being paid by c	n agency/organization? If ye (copy of p <u>ay</u> ment a <u>uth</u> oriz	es, please specify ation must be attached.)		
Are you taking this course for	certification? UYes UNc			
BY MY SIGNATURE, I CERTIFY	<b>/ THAT THE ABOVE INFORMA</b> Signature	ATION IS CORRECT		





#### **PLEASE SEND YOUR RESUME TO:**

The College and Career Academy at Pruden Adult Education Department 4169 Pruden Boulevard • Suffolk, VA 23434

### FIND OUT WHAT'S IN STORE FOR YOU!

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