

# Forest Glen Middle School

## Anti-Bullying *Spirit Week*

OCTOBER 20 TO OCTOBER 24

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### **Monday-10/20**

Team Up and Take a Knee Against Bullying: Everyone Counts!  
Wear a jersey

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### **Tuesday-10/21**

HERO (Help Everyone Respect  
Others) Day-Dress Like a  
Superhero

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### **Wednesday-10/22**

UNITY DAY: Wear Orange

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### **Thursday-10/23**

Speak with  
Positivity/Kindness Day  
Wear a Positive  
Vibe/Kindness shirt

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### **Friday-10/24**

Hats Off to Making Good  
Choices- Wear Your Favorite Hat